

Scoresheet Regiokampioenschappen Zuid 2026 • Zondagmiddag (1/1)

Tilburg - 28 June 2026

76.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	74.52	OPEN	Katalin Lukacs (J)	Sectie-C Powerliften	172.5	182.5	190	100	105	110	300	157.5	167.5	175	475	94.536	
W	4	75.43	OPEN	Michelle de Jong	Coco Michelle	140	140	145	80	82.5	85	222.5	165	175	180	402.5	79.639	
W	7	75.45	OPEN	Olivia Meng	DSKV IJzersterk	147.5	157.5	157.5	65	70	72.5	227.5	147.5	155	157.5	385	76.167	
W	12	72.20	OPEN	Philomeyn Visschedijk	Huijser Coaching	132.5	140	145	65	67.5	70	212.5	160	170	172.5	372.5	75.321	
W	5	74.08	OPEN	Rogina Hassan	Lunar Rising	107.5	112.5	117.5	77.5	77.5	80	195	152.5	160	167.5	362.5	72.356	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	83.52	OPEN	Merlijne Opstal	Deliberate Strength	150	160	165	80	85	87.5	250	185	192.5	197.5	447.5	84.700	
W	3	80.70	OPEN	Sterre Bijlsma	Team Francke powerlifting	142.5	152.5	157.5	75	77.5	80	230	172.5	182.5	185	415	79.658	
W	2	83.15	OPEN	Kirsten Agricola	Deliberate Strength	145	152.5	157.5	70	75	77.5	235	165	172.5	180	415	78.687	
W	1	79.60	OPEN	Heleen van der Poel	AB coaching	125	135	137.5	60	65	67.5	202.5	145	155	162.5	357.5	69.025	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	93.82	OPEN	Nikita Koningen	AB coaching	160	167.5	170	80	87.5	92.5	252.5	180	190	195	447.5	81.300	
W	6	89.74	OPEN	Loraine van Aalten	Pure Strength	140	147.5	152.5	72.5	77.5	80	232.5	170	180	190	422.5	77.881	
W	11	98.72	OPEN	Hanna de Jonge	Deliberate Strength	147.5	155	160	62.5	65	67.5	227.5	165	175	182.5	410	73.380	

Referees (name and signature)

Head referee:

Left referee:

Right referee: