

Scoresheet Regiokampioenschappen Noord 2026 • Zondagmiddag (1/1)

Groningen - 12 July 2026

66.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	2	65.82	OPEN	Najef Zondringa	365strength	155	162.5	170	85	100	102.5	270	210	220	222.5	492.5	76.884	
M	11	65.41	OPEN	Faustino de Groot	THRVE	120	170	170	105	110	112.5	280	200	210	215	490	76.747	

74.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	72.03	OPEN	Fei Fan Hu	Hades Elite Strength	190	202.5	212.5	122.5	130	135	347.5	235	245	252.5	600	89.331	
M	5	72.82	OPEN	Wang Nie Yeh	NKV Atlas	160	175	180	135	145	147.5	325	230	250	255	575	85.124	
M	8	68.02	OPEN	Mick Cheng	GSKV Northside Barbell	152.5	160	170	107.5	112.5	117.5	282.5	172.5	187.5	200	482.5	74.027	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	12	80.80	OPEN	Kaan Bolat (J)	365strength	230	242.5	255	130	140	150	405	240	260	280	665	93.315	
M	14	81.49	OPEN	Joey van Slooten	Lifting Limits	197.5	210	215	137.5	142.5	145	360	245	265	275	635	88.722	
M	9	80.99	OPEN	Benno Witte (J)	101 Procent Coaching	197.5	210	217.5	130	135	140	352.5	225	237.5	247.5	600	84.094	
M	4	82.08	OPEN	Saman Ahmad	Nakama-gym	190	200	200	130	135	140	325	225	235	245	570	79.349	
M	6	80.95	OPEN	Nick Imminga	INVINCIBLE coaching & rehab	190	202.5	207.5	110	115	120	317.5	200	210	215	527.5	73.951	

Referees (name and signature)

Head referee:

Left referee:

Right referee: