

Scoresheet Regiokampioenschappen Noord 2026 • Zaterdagmiddag (1/2)

Groningen - 11 July 2026

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	101.71	OPEN	Michel Groenhoff	Krachtsportclub Friesland	207.5	220	225	120	127.5	132.5	352.5	220	237.5	250	602.5	75.505	
M	6	104.94	OPEN	Marco Top	Optimal performance	182.5	195	202.5	135	145	150	352.5	215	235	250	587.5	72.554	
M	19	96.27	OPEN	Bas Bossinga	Lucky Coaching	195	205	215	112.5	120	122.5	337.5	230	247.5	262.5	585	75.259	
M	2	100.56	OPEN	Tim van der Meer (J)	Lucky Coaching	195	205	212.5	127.5	132.5	135	347.5	217.5	237.5	255	585	73.707	
M	4	102.72	OPEN	Ronald Koorn	Optimal performance	185	197.5	205	115	122.5	130	335	195	215	235	570	71.101	
M	12	99.05	OPEN	Sam Al Jabere	People of Strength	190	200	210	107.5	115	120	315	210	230	245	545	69.163	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	117.37	OPEN	Boudewijn Bark	Pjotrs Powertraining	275	285	290	175	180	182.5	472.5	285	300	310	782.5	91.851	
M	16	114.10	OPEN	Sebastiaan Rodrigues de Miranda	NKV Atlas	252.5	265	277.5	147.5	152.5	157.5	435	305	330	347.5	765	90.932	
M	22	112.74	OPEN	Sikko Schnoor	Strength Valley	275	295	305	160	170	175	470	260	280	295	750	89.630	
M	1	114.64	OPEN	Mike Kolkman	Iron Enhanced Syndicate	245	260	260	155	162.5	167.5	407.5	260	275	275	667.5	79.176	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Regiokampioenschappen Noord 2026 • Zaterdagmiddag (2/2)

Groningen - 11 July 2026

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	11	99.06	OPEN	Joery Wesseling	3 for 9	255	272.5	282.5	150	157.5	162.5	440	260	282.5	290	722.5	91.684	
M	21	103.01	OPEN	Jeroen Dijkman	Power Precision Coaching	230	242.5	252.5	160	170	180	422.5	275	290	302.5	712.5	88.758	
M	24	103.17	OPEN	Jimme Huisman	GSKV Northside Barbell	242.5	255	270	150	160	165	430	242.5	260	277.5	707.5	88.071	
M	3	104.57	OPEN	Maarten Mijland	Push & Pull Fitness	220	235	250	165	172.5	180	407.5	280	300	317.5	707.5	87.518	
M	7	102.11	OPEN	Hessel Veltman	Beresterk	227.5	240	247.5	155	162.5	165	412.5	272.5	290	295	702.5	87.874	
M	9	95.15	OPEN	Stan Kuipers	Hades Elite Strength	245	260	270	135	140	145	405	245	260	272.5	677.5	87.653	
M	8	104.49	OPEN	Jorrit van Leiden	GSKV Northside Barbell	235	250	260	130	137.5	140	397.5	230	250	270	667.5	82.600	
M	17	103.75	OPEN	Milan Wassing	9 for 9 coaching	220	237.5	245	140	147.5	155	392.5	230	250	260	652.5	81.012	
M	5	100.62	OPEN	Christian Bouius	9 for 9 coaching	212.5	227.5	240	140	147.5	155	387.5	215	235	250	637.5	80.299	
M	20	104.49	OPEN	Jurre Vaatstra	9 for 9 coaching	195	207.5	212.5	150	160	170	372.5	210	225	240	597.5	73.938	

Referees (name and signature)

Head referee:

Left referee:

Right referee: