Scoresheet NSK Powerliften 2026 • Zondagmiddag (1/2)

Leiden - 11 October 2026

83.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	2	82.62	OPEN	Kayra Minkil (J)	Limitless Coaching	210	220	~~227.5~~	132.5	137.5	~~140~~	357.5	200	212.5	222.5	580	80.474	
M	20	81.64	OPEN	Milosz Molenda (J)	TSKV Spartacus	190	202.5	210	140	147.5	150	360	207.5	~~225~~	~~225~~	567.5	79.217	
M	14	80.82	OPEN	Jan Galar (J)	UPLIFTING	185	197.5	202.5	115	122.5	127.5	330	200	215	227.5	557.5	78.221	
M	10	80.02	OPEN	Marco van der Beek (J)	101 Procent Coaching	180	192.5	~~200~~	100	107.5	110	302.5	200	212.5	220	522.5	73.682	
M	3	82.35	OPEN	Bodhi Hoogenboom (J)	Limitless Coaching	160	~~172.5~~	172.5	110	115	120	292.5	195	207.5	220	512.5	71.226	
M	29	78.49	OPEN	Roan Jesse Adema (J)	GSKV Northside Barbell	175	185	192.5	100	107.5	~~115~~	300	180	192.5	202.5	502.5	71.565	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	22	119.97	OPEN	Tjerry van Bronkhorst (J)	Hades Elite Strength	215	230	237.5	170	180	~~185~~	417.5	~~270~~	280	305	722.5	83.997	
M	9	119.00	OPEN	Finn Groenendaal (J)	9 for 9 coaching	220	235	250	165	172.5	177.5	427.5	255	~~275~~	292.5	720	84.004	
M	15	118.80	OPEN	Luuk Romberg	Team Francke powerlifting	230	247.5	~~255~~	160	170	~~175~~	417.5	265	280	290	707.5	82.606	
M	12	107.89	OPEN	Kay Cakular (S-J)	Limitless Coaching	215	232.5	~~245~~	180	~~190~~	190	422.5	220	242.5	~~262.5~~	665	81.079	
M	21	111.08	OPEN	Julian Hornstra (J)	Strength Valley	220	235	242.5	~~135~~	~~140~~	140	382.5	250	270	~~287.5~~	652.5	78.503	
M	23	118.94	OPEN	Felix Brugman	Ironside Coaching	205	215	220	122.5	127.5	130	350	230	242.5	250	600	70.019	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	7	136.02	OPEN	Lorinc Szilagyi (J)	De KrachtStudio	220	237.5	250	135	142.5	150	400	220	240	250	650	71.679	

Referees (name and signature)

Head referee: Left referee: Right referee:

Scoresheet NSK Powerliften 2026 • Zondagmiddag (2/2)

Leiden - 11 October 2026

83.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	25	82.49	OPEN	Roy Brouwer (J)	9 for 9 coaching	205	220	230	~~155~~	165	~~172.5~~	395	240	260	272.5	667.5	92.688	
M	26	82.31	OPEN	Lukas Hoogendam (J)	L.S.K.V. Fortius	230	247.5	256	130	137.5	145	401	240	255	~~265~~	656	91.192	
M	17	79.99	OPEN	Mika van Herk	Epic gym	205	217.5	230	112.5	117.5	~~120~~	347.5	262.5	280	295	642.5	90.622	
M	11	81.43	OPEN	Xander Oldenhof (J)	Strength Valley	220	235	245	137.5	147.5	~~150~~	392.5	230	250	~~255~~	642.5	89.804	
M	28	81.87	OPEN	Tommie Kalb (J)	Pjotrs Powertraining	227.5	~~240~~	~~240~~	132.5	140	~~145~~	367.5	257.5	275	~~285~~	642.5	89.558	
M	24	82.70	OPEN	Bas Kuijf	Wu Dynasty	205	217.5	227.5	125	130	135	362.5	275	~~287.5~~	~~287.5~~	637.5	88.409	
M	30	82.40	OPEN	Laurens Blankespoor (J)	101 Procent Coaching	202.5	~~215~~	215	155	~~162.5~~	~~162.5~~	370	242.5	257.5	265	635	88.224	
M	27	80.83	OPEN	Yannick Broos (J)	Sportja	202.5	212.5	220	130	135	140	360	230	250	265	625	87.686	
M	4	80.92	OPEN	Jamie Luijkx (S-J)	Supreme Strength Gym	~~225~~	230	~~240~~	~~155~~	155	160	390	210	230	~~260~~	620	86.936	
M	19	82.07	OPEN	Job Blokhuis	De KrachtStudio	195	207.5	212.5	132.5	~~140~~	140	352.5	~~240~~	250	260	612.5	85.271	
M	6	82.72	OPEN	Sion Berendsen (J)	GOAT Culture	205	212.5	220	125	130	135	355	235	250	~~265~~	605	83.891	
M	16	82.46	OPEN	Daniël van den Berg (J)	NKV Atlas	200	212.5	220	122.5	127.5	~~130~~	347.5	230	240	~~252.5~~	587.5	81.594	
M	8	83.00	OPEN	Sheng Lin (J)	Wu Dynasty	205	215	~~222.5~~	~~122.5~~	122.5	127.5	342.5	225	~~235~~	~~235~~	567.5	78.557	

Referees (name and signature)

Head referee: Left referee: Right referee: