Scoresheet NSK Powerliften 2026 • Zaterdagochtend (1/2)

Leiden - 10 October 2026

57.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	15	54.86	OPEN	Zoë Birouk (J)	Partner For Power	120	127.5	130	67.5	72.5	75	205	155	165	~~172.5~~	370	89.390	
W	20	56.83	OPEN	Lynn Nguyen (J)	Lifting Limits	122.5	130	135	75	80	~~83~~	215	140	145	150	365	85.809	
W	28	56.72	OPEN	Anne Valckx (J)	TSKV Spartacus	115	125	130	~~77.5~~	~~80~~	80	210	135	142.5	~~150~~	352.5	82.992	
W	3	56.55	OPEN	Anissa Faber (J)	THRVE	122.5	127.5	132.5	75	77.5	~~80~~	210	130	135	140	350	82.590	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	17	68.90	OPEN	Charlotte Jongenotter	Lifting Limits	152.5	160	~~165~~	82.5	87.5	90	250	165	175	~~185~~	425	88.120	
W	10	67.93	OPEN	Jamie Maria (J)	Bassies Halterclub	~~155~~	155	~~165~~	75	~~80~~	~~82.5~~	230	160	172.5	182.5	412.5	86.215	
W	14	68.18	OPEN	Renske de Groot (J)	Team Francke powerlifting	132.5	142.5	~~150~~	80	85	~~87.5~~	227.5	130	140	145	372.5	77.692	
W	26	68.16	OPEN	Anne Kerkemeijer	NSKV Profectus	125	132.5	~~137.5~~	80	85	~~87.5~~	217.5	127.5	132.5	137.5	355	74.054	
W	19	68.22	OPEN	Hannah de Man (J)	Strength Valley	115	122.5	130	55	57.5	~~60~~	187.5	145	155	165	352.5	73.496	
W	27	67.84	OPEN	Emma Weltens (J)	Team Francke powerlifting	120	125	127.5	62.5	67.5	~~70~~	195	137.5	145	150	345	72.162	
W	21	66.56	OPEN	Fleur Bergman	PowerUp Coaching	110	117.5	~~122.5~~	62.5	67.5	~~70~~	185	135	142.5	147.5	332.5	70.321	
W	2	67.63	OPEN	Marlieke van de Venne (J)	Bloom Performance	97.5	105	110	70	77.5	~~80~~	187.5	125	135	142.5	330	69.147	
W	7	67.98	OPEN	Delara Ansari (J)	Lifting Limits	107.5	112.5	115	55	57.5	~~60~~	172.5	120	127.5	132.5	305	63.720	
W	11	68.80	OPEN	Skye Bien (J)	101 Procent Coaching	~~100~~	~~100~~	100	60	62.5	~~65~~	162.5	117.5	127.5	137.5	300	62.253	

Referees (name and signature)

Head referee: Left referee: Right referee:

Scoresheet NSK Powerliften 2026 • Zaterdagochtend (2/2)

Leiden - 10 October 2026

63.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	18	61.78	OPEN	Maria Huver	XclusiveCoaching	125	132.5	140	70	75	77.5	217.5	140	150	157.5	375	83.099	
W	4	61.97	OPEN	Tirza Visser (J)	Victory Culture	115	122.5	125	72.5	~~75~~	~~75~~	197.5	152.5	165	~~175~~	362.5	80.166	
W	23	61.89	OPEN	Yeh Shan Tan (J)	Blackout Barbell Coaching	120	127.5	132.5	65	~~70~~	~~70~~	197.5	135	145	155	352.5	78.021	
W	1	60.19	OPEN	Britt Janssen	2to1 Coaching	97.5	105	110	62.5	67.5	~~70~~	177.5	122.5	132.5	140	317.5	71.611	
W	22	61.86	OPEN	Nova Kuipers (J)	Hades Elite Strength	97.5	105	~~112.5~~	57.5	62.5	~~67.5~~	167.5	127.5	140	~~145~~	307.5	68.083	
W	16	62.03	OPEN	Amy Eshuis (J)	Adapt Powerlifting	95	102.5	~~110~~	62.5	~~67.5~~	67.5	170	120	130	~~140~~	300	66.302	

76.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	24	71.92	OPEN	Nousha Mjon Wegenwijs (J)	Supreme Strength Gym	~~162.5~~	~~172.5~~	172.5	70	~~75~~	75	247.5	165	182.5	~~195~~	430	87.123	
W	5	74.52	OPEN	Philomeyn Visschedijk	NKV Atlas	~~140~~	145	150	65	67.5	70	220	162.5	172.5	175	395	78.614	
W	25	73.19	OPEN	Eleanora Konsten (J)	Deliberate Strength	135	142.5	~~150~~	92.5	~~97.5~~	97.5	240	142.5	~~152.5~~	152.5	392.5	78.817	
W	9	75.50	OPEN	Quirine Bolech (J)	Deliberate Strength	~~100~~	100	110	70	75	77.5	187.5	160	170	~~180~~	357.5	70.704	
W	6	74.25	OPEN	Emma van de Ven (J)	PowerUp Coaching	110	117.5	~~122.5~~	60	~~65~~	65	182.5	137.5	147.5	~~155~~	330	65.794	
W	12	74.59	OPEN	Josine Henneken (J)	Van Nistelrooij powerlifting	132.5	140	~~150~~	~~72.5~~	~~72.5~~	~~72.5~~	140	~~0~~	~~0~~	~~0~~	0	0.000	

Referees (name and signature)

Head referee: Left referee: Right referee: