Scoresheet NSK Powerliften 2026 • Zaterdagmiddag (1/1)

Leiden - 10 October 2026

84.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	1	83.92	OPEN	Dominique van Dusseldorp (J)	ASKV Kratos	172.5	181	186	85	90	~~92.5~~	276	175	185	197.5	473.5	89.453	
W	5	76.59	OPEN	Sofie Grefen (J)	Strength Valley	155	167.5	~~175~~	92.5	97.5	~~100~~	265	150	165	172.5	437.5	85.945	
W	10	82.78	OPEN	Roos van de Klundert (J)	TSKV Spartacus	127.5	137.5	~~145~~	80	85	~~90~~	222.5	132.5	142.5	150	372.5	70.755	
W	8	83.24	OPEN	Chloé van den Bosch (J)	Team Francke powerlifting	130	140	145	77.5	85	~~87.5~~	230	127.5	132.5	137.5	367.5	69.651	
W	6	83.80	OPEN	Tessa van der Plas	L.S.K.V. Fortius	110	117.5	125	65	70	~~75~~	195	140	150	160	355	67.104	
W	15	82.48	OPEN	Tessa Krol	ESKV Odin	120	127.5	135	62.5	65	~~67.5~~	200	120	130	135	335	63.725	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	9	108.95	OPEN	Larissa Harshagen	Strength Valley	174	~~180.5~~	~~185.5~~	100	106.5	111.5	285.5	155	172.5	180	465.5	81.302	
W	7	98.65	OPEN	Hanna de Jonge	Deliberate Strength	150	~~157.5~~	157.5	65	67.5	70	227.5	170	180	185	412.5	73.842	
W	11	96.15	OPEN	Yolanda Okyere	ASKV Kratos	125	130	135	75	80	~~82.5~~	215	165	~~170~~	177.5	392.5	70.780	

66.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	16	64.25	OPEN	Tommy Tran	Partner For Power	~~202.5~~	202.5	~~213.5~~	125	130	132.5	335	232.5	245.5	~~250~~	580.5	91.789	
M	3	62.17	OPEN	Joran Choo (J)	Sportcentrum TopFit	~~182.5~~	187.5	192.5	122.5	130	~~132.5~~	322.5	205	217.5	225	547.5	88.099	
M	14	65.78	OPEN	Endi van Heumen (J)	GOAT Culture	175	182.5	190	120	~~125~~	~~125~~	310	~~205~~	215	225	535	83.546	
M	12	64.97	OPEN	Feije Ferkranus (J)	Gym Iron Heart	150	160	170	117.5	125	~~130~~	295	180	190	200	495	77.808	
M	2	65.49	OPEN	Yu Ming Kuo	ESKV Odin	160	~~172.5~~	177.5	100	107.5	110	287.5	~~182.5~~	197.5	~~210~~	485	75.915	

Referees (name and signature)

Head referee: Left referee: Right referee: