

Scoresheet NK Teams 2026 • Zondag (1/3)

Eindhoven - 25 January 2026

57.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	31	54.73	OPEN	Zoë Birouk (J)	Partner For Power	112.5	120	122.5	62.5	67.5	67.5	190	152.5	160	160	342.5	75.877	

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	30	62.37	OPEN	Hannah de Man (J)	Strength Point	110	117.5	120	50	55	55	167.5	140	147.5	152.5	315	63.257	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	27	67.22	OPEN	Lisa van Kempen	FoxGym	142.5	152.5	157.5	62.5	67.5	70	227.5	160	175	182.5	402.5	77.008	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	3	81.79	OPEN	Masin Achghouyab (J)	Limitless Powerlifting	177.5	190	195	127.5	137.5	140	330	220	240	250	570	76.544	
M	4	82.74	OPEN	David van Tuijl (J)	Strength Point	175	182.5	190	127.5	132.5	132.5	315	235	245	255	560	74.721	
M	19	74.24	OPEN	Casper den Broeder (J)	Limitless Powerlifting	175	185	185	110	115	117.5	300	220	220	230	520	73.893	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	28	92.39	OPEN	Thomas Eichelsheim (J)	Team Francke powerlifting	235	235	255	122.5	132.5	137.5	392.5	200	220	235	627.5	79.047	
M	25	91.66	OPEN	Anwar Asraf	Pure Strength	185	185	195	120	127.5	132.5	322.5	240	255	262.5	577.5	73.034	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	98.72	OPEN	Thije Veenstra (J)	Team Francke powerlifting	205	212.5	220	135	142.5	145	365	240	260	275	640	78.127	
M	2	105.84	OPEN	Rens Gorissen (J)	Limitless Powerlifting	180	197.5	205	155	162.5	165	370	230	245	252.5	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NK Teams 2026 • Zondag (2/3)

Eindhoven - 25 January 2026

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	66.16	OPEN	Whitney Nedd	Team Francke powerlifting	145	152.5	157.5	77.5	82.5	82.5	235	175	185	190	425	82.116	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	18	82.96	OPEN	Daan Meijer (J)	Limitless Powerlifting	212.5	227.5	235	162.5	165	167.5	400	250	272.5	290	672.5	89.601	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	6	92.67	OPEN	Alex Man	Partner For Power	230	242.5	250	165	172.5	175	422.5	245	255	262.5	685	86.162	
M	8	85.60	OPEN	Robbert Rietrae	Strength Point	210	220	230	130	137.5	145	367.5	240	250	255	622.5	81.545	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	29	93.71	OPEN	Ymano Burgmans	Pure Strength	232.5	250	262.5	162.5	170	175	437.5	260	280	295	717.5	89.761	
M	32	99.74	OPEN	Hessel Veltman	Pure Strength	217.5	232.5	242.5	152.5	160	162.5	405	265	287.5	300	692.5	84.143	
M	24	98.83	OPEN	Pierpaolo van Leeuwen	Strength Point	220	230	235	172.5	175	182.5	412.5	245	260	272.5	685	83.578	
M	12	101.62	OPEN	Li Hu	Partner For Power	232.5	240	250	132.5	140	142.5	382.5	260	275	285	667.5	80.432	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	115.17	OPEN	Arjen Francke	Team Francke powerlifting	220	240	245	150	155	157.5	402.5	270	290	310	712.5	81.577	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	16	124.43	OPEN	Jason Li	Partner For Power	240	255	265	170	177.5	182.5	447.5	265	282.5	292.5	740	82.423	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NK Teams 2026 • Zondag (3/3)

Eindhoven - 25 January 2026

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	62.78	OPEN	Romy van Vianen	FoxGym	177.5	187.5	190	102.5	107.5	112.5	300	185	192.5	200	500	99.962	
W	22	58.37	OPEN	Sophie Nijenhuis	Pure Strength	155	162.5	165	72.5	77.5	80	245	190	200	207.5	452.5	95.293	

66.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	26	64.33	OPEN	Tommy Tran	Partner For Power	197.5	207.5	215	122.5	127.5	130	335	227.5	237.5	242.5	572.5	89.286	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	5	82.75	OPEN	Marco Lee	Strength Point	217.5	230	240	180	190.5	190.5	420	255	270	285	705	94.063	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	88.66	OPEN	Fikri Zallali (J)	Limitless Powerlifting	250	275	300	150	160	170	460	290	305	0	750	96.457	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	9	103.43	OPEN	Aloy Iwunze	Team Francke powerlifting	295	315	0	175	185	190	500	335	355	367.5	867.5	103.730	
M	21	100.90	OPEN	Jacob Slump	FoxGym	275	290	297.5	180	187.5	190	480	320	345	345	800	96.702	
M	23	95.88	OPEN	Richard van Bezooijen	FoxGym	260	275	290	180	190	195	485	290	305	307.5	790	97.755	
M	7	93.62	OPEN	Martijn Heidemans	Pure Strength	225	240	255	160	165	172.5	412.5	260	280	300	692.5	86.673	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	118.40	OPEN	Bob van den Boogaard	FoxGym	307.5	333.5	333.5	162.5	170	175	508.5	300	325	330	838.5	95.029	

Referees (name and signature)

Head referee:

Left referee:

Right referee: