

# Scoresheet Masters NK Powerliften 2026 • Zaterdagmiddag: Platform Links (1/2)

Eindhoven - 6 June 2026

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	62.82	MII	Colette Haddon	Lifting Limits	135	142.5	147.5	70	72.5	76	218.5	160	170	176.5	395	86.579	
W	3	61.35	MII	Louise de Jong	Strength Valley	115	115	120	65	70	72.5	190	140	147.5	152.5	342.5	76.252	
W	16	60.95	MIV	Cleta Voet	Five21	85	90	90	47.5	50	52.5	142.5	112.5	117.5	120	262.5	58.700	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	67.82	MII	Inge Rijnders	Sterrek Personal Training	77.5	85	90	35	37.5	40	122.5	92.5	100	110	222.5	46.547	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	82.24	MII	Lapanda Mampikin	Sportcentrum TopFit	150	160	170	90	95	100	270	190	200	210	480	91.416	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	104.12	MII	Marielle Katouti-Linders	Demonstrength	105	112.5	120	72.5	80	80	192.5	120	130	140	322.5	56.922	
W	9	87.99	MII	Els Koorn	Optimal performance	65	72.5	80	37.5	42.5	45	115	95	102.5	110	225	41.761	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Masters NK Powerliften 2026 • Zaterdagmiddag: Platform Links (2/2)

Eindhoven - 6 June 2026

57.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	55.78	MIII	Linda Olsson	Perfect Performance	87.5	97.5	100.5	52.5	56	57	156.5	115	121	126	282.5	67.366	
W	17	55.09	MIII	Ellen Frissen	Kr8-Fysio	97.5	100	104	47.5	50	50	151.5	112.5	116.5	120	271.5	65.376	

69.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	5	67.50	MIII	Anne Jansen	Pure Strength	75	82.5	85	42.5	47.5	47.5	125	102.5	110	115.5	240.5	50.449	
W	8	64.57	MIII	Francis Koet	Keikracht	65	70	75	37.5	40	42.5	112.5	97.5	107.5	111	223.5	48.144	

76.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	6	73.23	MIII	Wytzia Soetenhorst	Striktly Powerhouse	95	102.5	105	45	47.5	50	152.5	120	130	134	286.5	57.515	

83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	18	82.25	MIII	Siemen de Haan	Hamstra PT	135	140	145	90	90	95	235	165	175	180	410	57.016	

93.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	86.23	MIII	Han ter Heegde	Striktly Powerhouse	115	120	125	50	55	60	175	145	155	160	335	45.492	

120.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	12	117.64	MIII	Jos Koeman	Primal Gym	145	145	157.5	100	110	115	272.5	180	195	210	467.5	54.820	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: