

Scoresheet Junioren NK Powerliften 2026 • Zaterdagmiddag: Platform Rechts (1/2)

Eindhoven - 25 April 2025

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	25	72.79	JUN	Nousha Mjon Wegenwijs	Supreme Strength Gym	165	175	182.5	70	72.5	75	247.5	165	180	187.5	435	87.593	
W	9	74.95	JUN	Frederique Ubachs	Deliberate Strength	132.5	142.5	150	110	116	118	266	145	160	167.5	433.5	86.036	
W	16	69.23	S-J	Delaja Bredow	Limitless Powerlifting	137.5	142.5	147.5	67.5	72.5	75	222.5	145	152.5	160	382.5	79.098	
W	18	72.30	JUN	Esther de Roode	Optimal performance	112.5	122.5	130	62.5	70	72.5	200	150	162.5	172.5	372.5	75.267	
W	5	73.07	JUN	Floortje Sakkers	Limitless Powerlifting	115	125	132.5	70	70	72.5	202.5	147.5	157.5	165	367.5	73.858	
W	20	72.91	JUN	Zenzi Leentvaar	PowerUp Coaching	115	125	130	67.5	72.5	75	205	135	147.5	155	360	72.431	
W	2	72.92	JUN	Petra Willems	GSKV Northside Barbell	107.5	117.5	122.5	60	65	70	192.5	152.5	165	175	357.5	71.923	
W	4	75.36	JUN	Katalin Lukacs	Sectie-C Powerliften	75	0	0	100	107.5	110	185	75	0	0	260	51.467	

66.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	65.17	JUN	Desmond Leung	Lifting Limits	175	187.5	192.5	115	120	122.5	315	200	215	220	535	83.959	
M	27	63.57	JUN	Joran Choo	Scientific Old School Powerlifting	180	187.5	195	112.5	117.5	122.5	312.5	197.5	207.5	217.5	530	84.278	
M	17	65.36	JUN	Endi van Heumen	GOAT Culture	165	175	180	110	115	117.5	290	200	212.5	220	510	79.912	
M	29	65.89	JUN	Semih Polat	101 Procent Coaching	155	162.5	170	85	92.5	95	265	195	210	210	475	74.110	
M	22	64.36	JUN	Feije Ferkranus	Gym Iron Heart	140	150	160	105	112.5	120	280	177.5	187.5	190	470	74.249	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Eindhoven - 25 April 2025

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	23	83.14	JUN	Dominique van Dusseldorp	ASKV Kratos	165	172.5	177.5	80	85	90	262.5	172.5	180	190	452.5	85.802	
W	3	79.49	JUN	Sofie Grefen	Strength Valley	152.5	162.5	170	92.5	97.5	100	267.5	145	157.5	165	432.5	83.556	
W	19	81.45	JUN	Alana Veraar	Sterrek Personal Training	145	152.5	157.5	75	80	82.5	235	162.5	175	177.5	412.5	78.873	
W	15	81.85	JUN	Tatum Gräfe	Strength Valley	135	147.5	155	77.5	85	90	240	140	155	165	405	77.283	
W	8	82.57	JUN	Fé Hofstra	THRVE	117.5	125	130	65	67.5	70	197.5	150	157.5	165	362.5	68.926	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	12	102.50	JUN	Nina Avis	Matrix Coaching	177.5	187.5	192.5	107.5	113	116	308.5	187.5	200	206	514.5	91.167	
W	28	87.53	JUN	Simone Balvert	Iron House Co	125	135	142.5	80	85	87.5	227.5	155	155	165	392.5	72.987	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	11	117.85	JUN	Yuri van Essen	Matrix Coaching	222.5	237.5	247.5	192.5	203	210.5	458	260	280	300	758	88.816	
M	7	112.75	JUN	Maas Rothweiler	9 for 9 coaching	240	255	265	160	165	165	425	270	290	302.5	715	85.444	
M	6	112.98	JUN	Nigel van der Vlist	Powerbuild Coaching	210	220	230	165	170	170	395	240	260	280	655	78.202	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	121.17	JUN	Tjerry van Bronkhorst	Limitless Powerlifting	210	220	227.5	170	175	177.5	402.5	265	280	290	692.5	80.161	

Referees (name and signature)

Head referee:

Left referee:

Right referee: