Scoresheet Open NK Powerliften 2026 • Zondagmiddag (1/2)

Tilburg - 8 November 2026

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	10	103.99	OPEN	Annedien Vermulm	Team Francke powerlifting	187.5	200	~~205~~	90	95	97.5	297.5	185	202.5	207.5	505	89.161	
W	24	107.68	OPEN	Larissa Harshagen	Strength Valley	180	190	197.5	105	112.5	~~115~~	310	175	190	~~197.5~~	500	87.556	
W	20	95.78	OPEN	Nikita Koningen	AB coaching	155	162.5	170	80	90	~~0~~	260	182.5	190	205	465	83.950	
W	17	92.87	OPEN	Veerle de Vries	9 for 9 coaching	170	~~182.5~~	187.5	82.5	87.5	90	277.5	170	180	185	462.5	84.295	
W	22	143.86	OPEN	Sterre van Krimpen	Sterrek Personal Training	180	~~185~~	185	100	105	~~110~~	290	~~155~~	170	~~180~~	460	77.014	
W	15	97.91	OPEN	Loraine van Aalten	Pure Strength	145	155	162.5	77.5	82.5	85	247.5	180	190	200	447.5	80.277	
W	1	136.50	OPEN	Kendra Jonas	Sportschool Bushido	~~180~~	~~190~~	~~200~~	87.5	95	97.5	97.5	147.5	157.5	~~0~~	0	0.000	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	21	132.33	OPEN	Daniel Halaby	Sportcentrum TopFit	275	290	305	~~205~~	210	~~220~~	515	275	300	~~302.5~~	815	90.890	
M	14	136.93	OPEN	Vincent Baarslag	Lifting Limits	~~255~~	255	265	165	172.5	175	440	315	340	~~375.5~~	780	85.784	
M	23	144.25	OPEN	Jochem Schoenmaker (J)	Ironside Coaching	270	277.5	282.5	172.5	177.5	180	462.5	257.5	270	~~282.5~~	732.5	78.917	
M	4	135.00	OPEN	Itja de Goede	Lifting Limits	212.5	230	240	140	147.5	155	395	235	250	267.5	662.5	73.281	
M	25	130.15	OPEN	Naïm Benssallam	9 for 9 coaching	220	~~232.5~~	~~232.5~~	~~175~~	~~180~~	~~180~~	220	250	265	277.5	0	0.000	

Referees (name and signature)

Head referee: Left referee: Right referee:

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120.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	19	119.58	OPEN	Bob van den Boogaard	FoxGym	305	334	340.5	162.5	175	182.5	523	300	325	340	863	100.474	
M	16	117.74	OPEN	Glenn Kofman	Strength Valley	300	315	320	200	~~205~~	~~205~~	520	300	325	~~340~~	845	99.050	
M	6	117.76	OPEN	Thomas Dielesen	Strength Point	267.5	285	297.5	200	~~210~~	~~210~~	497.5	305	327.5	~~350~~	825	96.698	
M	7	117.85	OPEN	Jan Mooij	Bassies Halterclub	265	285	~~0~~	165	172.5	175	460	320	340	353.5	813.5	95.319	
M	2	117.80	OPEN	Noah Sipsma	Fortex Powerlifting	275	290	~~300~~	160	~~167.5~~	~~0~~	450	300	320	340	790	92.582	
M	5	113.26	OPEN	Sebastiaan Rodrigues de Miranda	NKV Atlas	260	~~272.5~~	280	157.5	165	167.5	447.5	300	325	340	787.5	93.917	
M	11	115.39	OPEN	Boudewijn Bark	Pjotrs Powertraining	280	290	295	175	~~180~~	~~180~~	470	295	310	317.5	787.5	93.138	
M	18	114.65	OPEN	Arjen Francke	Team Francke powerlifting	235	250	257.5	160	167.5	170	427.5	285	310	317.5	745	88.364	
M	12	118.13	OPEN	Timo Bodynek	Team Francke powerlifting	280	300	~~315~~	155	~~165~~	~~165~~	455	270	290	~~295~~	745	87.201	
M	3	118.62	OPEN	Jules in 't Groen	TSKV Spartacus	230	240	245	145	150	155	400	270	285	~~300~~	685	80.033	

Referees (name and signature)

Head referee: Left referee: Right referee: