Scoresheet Subjunioren, Junioren & Masters NK Bankdrukken 2026 • Masters (1/3)

Apeldoorn - 22 February 2026

63.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	27	60.93	MII	Natasja Martis	Perfect Performance	~~0~~			85	90	~~92.5~~	90	~~0~~			90	76.582	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	14	66.66	MII	Pauline Schwencke	Perfect Performance	~~0~~			60	62.5	65	65	~~0~~			65	52.665	
W	18	67.49	MII	Sonja Prins-van den Berg	Perfect Performance	~~0~~			55	57.5	~~60~~	57.5	~~0~~			57.5	46.314	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	25	82.96	MII	Ielja Strik	Perfect Performance	~~0~~			120	~~125~~	~~125~~	120	~~0~~			120	89.810	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	24	125.01	MII	Claudia de Bont	Freriks Barbell club	~~0~~			80	85	90	90	~~0~~			90	63.740	

66.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	22	64.35	MIII	Charles Smith	Team Francke powerlifting	~~0~~			115	120	~~125~~	120	~~0~~			120	69.014	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	4	90.98	MIV	Pier Wierda	Krachtsportclub Friesland	~~0~~			115	120	~~126~~	120	~~0~~			120	57.552	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	20	98.60	MIII	Frans van der Putten	Team Francke powerlifting	~~0~~			165	~~175~~	~~175~~	165	~~0~~			165	76.099	

120.0 kg						Squat			Bench Press				Deadlift					

M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	7	108.14	MIV	Roel van Drogen	Krachtsportclub Friesland	~~0~~			100	105	112.5	112.5	~~0~~			112.5	49.697	

Referees (name and signature)

Head referee: Left referee: Right referee:

Scoresheet Subjunioren, Junioren & Masters NK Bankdrukken 2026 • Masters (2/3)

Apeldoorn - 22 February 2026

74.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	5	72.28	MII	Gijs Van	Powerlifting Apeldoorn	~~0~~			102.5	107.5	112.5	112.5	~~0~~			112.5	60.752	
M	1	68.71	MI	Sebastiaan Heeres	Thor Athletics Gym				97.5	~~105~~	~~105~~	97.5				97.5	54.106	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	23	82.26	MII	Ben Epe	Powerlifting Apeldoorn	~~0~~			135	~~146~~	~~146~~	135	~~0~~			135	68.122	
M	9	80.66	MII	Wiggert Amsterdam	Strength Valley	~~0~~			~~117.5~~	125	~~132.5~~	125	~~0~~			125	63.718	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	26	88.20	MII	Fedde-Geert Kingma	Krachtsportclub Friesland	~~0~~			100	105	~~110~~	105	~~0~~			105	51.142	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	15	103.77	MII	Robin van der Mee	Sectie-C Powerliften	~~0~~			182.5	~~187.5~~	~~187.5~~	182.5	~~0~~			182.5	82.166	
M	8	104.22	MII	Winfred Rietveld	Powerlifting Apeldoorn	~~0~~			~~140~~	~~140~~	~~140~~	0	~~0~~			0	0.000	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	10	117.72	MII	Valentijn Hulshorst	Sportcentrum TopFit	~~0~~			167.5	172.5	~~177.5~~	172.5	~~0~~			172.5	73.379	

Referees (name and signature)

Head referee: Left referee: Right referee:

Scoresheet Subjunioren, Junioren & Masters NK Bankdrukken 2026 • Masters (3/3)

Apeldoorn - 22 February 2026

57.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	12	56.67	MI	Geneviève Huizeling	Perfect Performance	~~0~~			57.5	60	62.5	62.5	~~0~~			62.5	55.816	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	19	67.77	MI	Arleen Meyer	Perfect Performance	~~0~~			65	70	~~72.5~~	70	~~0~~			70	56.274	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	2	76.69	MI	Renate Venema	Team Francke powerlifting	~~0~~			77.5	80	82.5	82.5	~~0~~			82.5	63.177	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	11	92.09	MI	Debby van Bogaert	Perfect Performance	~~0~~			95	100	105	105	~~0~~			105	76.814	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	3	82.19	MI	Jeroen Winnen	Strength Valley	~~0~~			150	157.5	162.5	162.5	~~0~~			162.5	82.034	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	28	91.75	MI	Wesley Brandes	Sportcentrum TopFit	~~0~~			167.5	175	~~180~~	175	~~0~~			175	83.581	
M	17	92.67	MI	William van der Struis	Perfect Performance	~~0~~			140	145	152.5	152.5	~~0~~			152.5	72.478	
M	6	89.68	MI	Andre Planting	Krachtsportclub Friesland	~~0~~			120	130	135	135	~~0~~			135	65.210	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
M	16	98.59	MI	Robin Wijs	Sectie-C Powerliften	~~0~~			175	182.5	185	185	~~0~~			185	85.327	

120.0 kg						Squat			Bench Press				Deadlift					

M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	21	119.81	MI	Younes van Ruth	Sportcentrum TopFit	~~0~~			190	~~200~~	200	200	~~0~~			200	84.434	

Referees (name and signature)

Head referee: Left referee: Right referee: