Scoresheet Subjunioren, Junioren & Masters NK Bankdrukken 2026 • Jun Dames (1/2)

Apeldoorn - 22 February 2026

57.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	10	56.40	JUN	Anissa Faber	THRVE	~~0~~			72.5	77.5	~~80~~	77.5	~~0~~			77.5	69.454	
W	25	55.27	JUN	Ylia de Bruin	THRVE	~~0~~			65	67.5	70	70	~~0~~			70	63.698	

63.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	15	61.55	JUN	Melanie Scalf	Lunar Rising	~~0~~			~~85~~	85	~~90~~	85	~~0~~			85	71.888	
W	27	62.76	JUN	Sena Coskun	9 for 9 coaching	~~0~~			80	85	~~90~~	85	~~0~~			85	71.081	
W	2	62.95	JUN	Inge Boer	Untamed Strength	~~0~~			80	~~85~~	~~85~~	80	~~0~~			80	66.786	
W	26	62.40	JUN	Lisa van Santen	Strength Valley	~~0~~			72.5	77.5	~~80~~	77.5	~~0~~			77.5	65.022	
W	17	61.75	JUN	Tirza Visser	Victory Culture	~~0~~			67.5	70	72.5	72.5	~~0~~			72.5	61.199	
W	16	61.99	JUN	Amy Eshuis	Adapt Powerlifting	~~0~~			57.5	~~62.5~~	~~62.5~~	57.5	~~0~~			57.5	48.427	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	18	79.85	JUN	Sofie Grefen	Strength Valley	~~0~~			90	95	~~100~~	95	~~0~~			95	71.848	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	20	90.70	JUN	Simone Balvert	Iron House Co	~~0~~			80	~~85~~	85	85	~~0~~			85	62.359	

Referees (name and signature)

Head referee: Left referee: Right referee:

Scoresheet Subjunioren, Junioren & Masters NK Bankdrukken 2026 • Jun Dames (2/2)

Apeldoorn - 22 February 2026

69.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	4	67.16	JUN	Chinsey Daams	Strength Valley	~~0~~			85	90	95	95	~~0~~			95	76.696	
W	23	68.42	JUN	Eleanora Konsten	Deliberate Strength	~~0~~			87.5	92.5	~~97.5~~	92.5	~~0~~			92.5	74.038	
W	11	67.72	JUN	Cassandra Schoonbrood	Krachtlab Powerlifting	~~0~~			82.5	87.5	90	90	~~0~~			90	72.377	
W	9	64.85	JUN	Kim Degenhardt	Metam Coaching	~~0~~			~~77.5~~	77.5	82.5	82.5	~~0~~			82.5	67.774	
W	28	66.50	S-J	Gamila Shahboub	Lunar Rising	~~0~~			75	80	~~87.5~~	80	~~0~~			80	64.894	
W	7	68.61	JUN	Didi Dubbelaar	Untamed Strength	~~0~~			70	75	~~80~~	75	~~0~~			75	59.956	
W	12	64.98	JUN	Marlieke van de Venne	ESKV Odin	~~0~~			62.5	67.5	72.5	72.5	~~0~~			72.5	59.497	
W	19	65.73	JUN	Shirley van der Mee	Piek-sport	~~0~~			65	70	~~72.5~~	70	~~0~~			70	57.110	

76.0 kg						Squat			Bench Press				Deadlift					
M/W	**NR**	**BDW**	**CAT**	**NAME**	**ASSOCIATION**	**1**	**2**	**3**	**1**	**2**	**3**	**SUB**	**1**	**2**	**3**	**TOTAL**	**POINTS**	**PL**
W	5	75.38	JUN	Frederique Ubachs	Deliberate Strength	~~0~~			107.5	112.5	115	115	~~0~~			115	88.577	
W	21	73.42	JUN	Katalin Lukacs	Sectie-C Powerliften	~~0~~			92.5	100	102.5	102.5	~~0~~			102.5	79.698	
W	3	75.32	JUN	Michelle Dijkman	Limitless Powerlifting	~~0~~			85	90	95	95	~~0~~			95	73.192	
W	8	73.90	JUN	Evelien Beltman	TSKV Spartacus	~~0~~			80	85	~~87.5~~	85	~~0~~			85	65.932	
W	1	73.61	JUN	Agnes Elzinga	Krachtsportclub Friesland	~~0~~			~~67.5~~	~~70~~	70	70	~~0~~			70	54.375	
W	24	74.12	JUN	Alexa Parastatidis	NKV Atlas	~~0~~			70	~~75~~	~~75~~	70	~~0~~			70	54.238	

Referees (name and signature)

Head referee: Left referee: Right referee: