

Scoresheet Subjunioren, Junioren & Masters NK Bankdrukken 2026 • Jun Dames (1/2)

Apeldoorn - 22 February 2026

57.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	56.40	JUN	Anissa Faber	THRVE	0			72.5	77.5	80	77.5	0			77.5	69.454	
W	25	55.27	JUN	Ylia de Bruin	THRVE	0			65	67.5	70	70	0			70	63.698	

63.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	61.55	JUN	Melanie Scaif	Lunar Rising	0			85	85	90	85	0			85	71.888	
W	27	62.76	JUN	Sena Coskun	9 for 9 coaching	0			80	85	90	85	0			85	71.081	
W	2	62.95	JUN	Inge Boer	Untamed Strength	0			80	85	85	80	0			80	66.786	
W	26	62.40	JUN	Lisa van Santen	Strength Valley	0			72.5	77.5	80	77.5	0			77.5	65.022	
W	17	61.75	JUN	Tirza Visser	Victory Culture	0			67.5	70	72.5	72.5	0			72.5	61.199	
W	16	61.99	JUN	Amy Eshuis	Adapt Powerlifting	0			57.5	62.5	62.5	57.5	0			57.5	48.427	

84.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	79.85	JUN	Sofie Grefen	Strength Valley	0			90	95	100	95	0			95	71.848	

84.0+ kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	90.70	JUN	Simone Balvert	Iron House Co	0			80	85	85	85	0			85	62.359	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Subjunioren, Junioren & Masters NK Bankdrukken 2026 • Jun Dames (2/2)

Apeldoorn - 22 February 2026

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	67.16	JUN	Chinsey Daams	Strength Valley	0			85	90	95	95	0			95	76.696	
W	23	68.42	JUN	Eleanora Konsten	Deliberate Strength	0			87.5	92.5	97.5	92.5	0			92.5	74.038	
W	11	67.72	JUN	Cassandra Schoonbrood	Krachtlab Powerlifting	0			82.5	87.5	90	90	0			90	72.377	
W	9	64.85	JUN	Kim Degenhardt	Metam Coaching	0			77.5	77.5	82.5	82.5	0			82.5	67.774	
W	28	66.50	S-J	Gamila Shahboub	Lunar Rising	0			75	80	87.5	80	0			80	64.894	
W	7	68.61	JUN	Didi Dubbelaar	Untamed Strength	0			70	75	80	75	0			75	59.956	
W	12	64.98	JUN	Marlieke van de Venne	ESKV Odin	0			62.5	67.5	72.5	72.5	0			72.5	59.497	
W	19	65.73	JUN	Shirley van der Mee	Piek-sport	0			65	70	72.5	70	0			70	57.110	

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	5	75.38	JUN	Frederique Ubachs	Deliberate Strength	0			107.5	112.5	115	115	0			115	88.577	
W	21	73.42	JUN	Katalin Lukacs	Sectie-C Powerlifter	0			92.5	100	102.5	102.5	0			102.5	79.698	
W	3	75.32	JUN	Michelle Dijkman	Limitless Powerlifting	0			85	90	95	95	0			95	73.192	
W	8	73.90	JUN	Evelien Beltman	TSKV Spartacus	0			80	85	87.5	85	0			85	65.932	
W	1	73.61	JUN	Agnes Elzinga	Krachtsportclub Friesland	0			67.5	70	70	70	0			70	54.375	
W	24	74.12	JUN	Alexa Parastatidis	NKV Atlas	0			70	75	75	70	0			70	54.238	

Referees (name and signature)

Head referee:

Left referee:

Right referee: