

Scoresheet Ascending Cup 2 • Zondagochtend: Platform Rechts (1/2)

Haarlem - 6 September 2026

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	18	91.53	OPEN	Merijn Hasperhoven (S-J)	Optimal performance	155	167.5	180	105	110	120	300	185	205	220	520	68.559	
M	16	90.81	OPEN	Sander de Bree	Lifting Limits	162.5	172.5	180	100	102.5	107.5	287.5	187.5	202.5	212.5	500	66.179	
M	21	87.58	OPEN	Joep van Dormolen	Algemeen Lid	147.5	160	170	110	117.5	120	287.5	170	182.5	195	482.5	65.016	
M	24	84.44	OPEN	Niek Dekker	TeamMammoth	135	145	152.5	120	127.5	135	280	177.5	185	192.5	465	63.813	
M	6	87.42	OPEN	Senna Avila Gijon (J)	Powerbuild Coaching	115	122.5	130	95	95	97.5	227.5	175	190	200	417.5	56.309	
M	10	91.00	OPEN	Layla Silbernberg	Striktly Powerhouse	115	115	115	70	75	82.5	190	140	150	160	340	44.955	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	93.33	OPEN	Jur van der Wel (J)	Limitless Coaching	195	210	222.5	140	152.5	160	382.5	260	280	300	682.5	89.131	
M	19	98.10	OPEN	Bas Palmer	Algemeen Lid	170	177.5	180	110	115	117.5	292.5	240	250	257.5	550	70.120	
M	8	102.74	OPEN	Arthur Oudshoorn (MIII)	Perfect Performance	85	92.5	97.5	72.5	77.5	80	177.5	122.5	130	140	317.5	39.601	
M	5	99.82	OPEN	Jonas Waringa (J)	Algemeen Lid	170	170	170	95	100	100	100	190	190	210	0	0.000	
M	23	104.31	OPEN	David Haak	L.S.K.V. Fortius	185	195	202.5	125	130	130	202.5	0	0	0	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Ascending Cup 2 • Zondagochtend: Platform Rechts (2/2)

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105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	12	104.31	OPEN	Bram Smits	Strength Point	265	280	290	160	170	177.5	457.5	285	310	330	767.5	95.050	
M	17	102.15	OPEN	Pieter Goense	SCC Powerhouse	240	255	265	145	152.5	157.5	412.5	260	275	290	702.5	87.858	
M	20	101.42	OPEN	Jelani Kalu (J)	Strength Point	227.5	237.5	245	157.5	165	165	410	257.5	275	285	695	87.215	
M	4	103.62	OPEN	Stan Hoekstra (J)	Lunar Rising	235	250	260	135	142.5	147.5	407.5	260	275	295	682.5	84.786	
M	3	100.64	OPEN	Sebastiaan Hagoort	Lunar Rising	235	250	255	152.5	160	160	407.5	245	260	265	672.5	84.700	
M	2	103.05	OPEN	Jens Verhagen	Strength Point	215	225	230	160	167.5	170	390	230	245	260	650	80.958	
M	9	103.21	OPEN	Dik Verboon (MI)	Staal & Kracht	195	205	212.5	175	182.5	192.5	395	230	242.5	252.5	647.5	80.588	
M	7	104.02	OPEN	Ryan Kopaitich	Supreme Strength Coaching	215	225	230	145	152.5	152.5	375	225	235	235	600	74.403	
M	14	104.85	OPEN	Bartosz Grzegorzcyk (J)	Limitless Coaching	180	190	190	140	147.5	150	327.5	230	240	250	557.5	68.877	
M	1	99.40	OPEN	Jan Sadowski (J)	Lifting Limits	180	190	200	120	125	127.5	327.5	200	212.5	0	540	68.413	
M	25	103.06	OPEN	Arsen Lutsak (S-J)	NKV Atlas	235	245	245	125	125	125	235	225	235	242.5	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: