

Scoresheet Speijers Sports Powerlift Cup 2025 • Zaterdagochtend (1/2)

Beuningen - 27 September 2025

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	28	62.46	OPEN	Esmée Berendsen	The Bearded Coach	147.5	155	157.5	77.5	82.5	82.5	232.5	150	150	160	382.5	84.153	
W	10	61.60	OPEN	Lynn Willemsen (J)	TeamMammoth	107.5	115	120	60	65	67.5	185	130	140	155	325	72.159	
W	7	62.36	OPEN	Bo van Eijk (J)	Untamed Strength	90	95	100	60	62.5	65	162.5	130	135	140	302.5	66.622	
W	15	59.72	OPEN	Kirsten Betsema	Lust for Sport	90	97.5	97.5	55	60	62.5	160	100	110	112.5	270	61.230	
W	21	61.16	OPEN	Danielle Polderman	Lust for Sport	75	85	85	60	65	72.5	150	100	110	110	260	58.005	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	25	68.60	OPEN	Florence Peeters	Deliberate Strength	132.5	140	147.5	85	90	95	242.5	152.5	162.5	172.5	405	84.178	
W	5	67.00	OPEN	Lieke van Hofwegen	Hybridcoaching	122.5	130	135	80	85	90	220	130	140	147.5	367.5	77.423	
W	3	67.12	OPEN	Fleur Reintjens	Krachtlab Powerlifting	90	95	100	62.5	67.5	70	162.5	140	150	155	312.5	65.768	
W	2	67.14	OPEN	Pascalie Romeijn	Coco Michelle	110	117.5	122.5	55	57.5	60	177.5	130	135	137.5	312.5	65.756	
W	24	68.04	OPEN	Geraldien Poolen (J)	Untamed Strength	100	107.5	115	65	65	65	115	132.5	140	147.5	0	0.000	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	12	81.30	OPEN	Fleur Goedhart	Adapt Powerlifting	120	125	130	82.5	85	87.5	212.5	147.5	157.5	160	372.5	71.279	
W	26	83.01	OPEN	Marjan Steenge	Strength Valley	115	125	132.5	60	65	67.5	197.5	145	160	172.5	370	70.202	
W	6	81.73	OPEN	Silvana Berghorst-Kruizinga (MI)	Strength Valley	90	97.5	100	50	52.5	55	155	105	115	125	280	53.462	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Speijers Sports Powerlift Cup 2025 • Zaterdagochtend (2/2)

Beuningen - 27 September 2025

76.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	74.50	OPEN	Manon Willemsen	Adapt Powerlifting	142.5	150	152.5	80	82.5	85	232.5	167.5	177.5	185	417.5	83.103	
W	8	73.74	OPEN	Zina Koning	Strength Valley	122.5	130	135	75	80	85	220	147.5	157.5	160	380	76.022	
W	4	74.08	OPEN	Sharon T Grootkarzijn (MI)	Strength Valley	115	127.5	135	60	65	67.5	200	150	170	175	375	74.851	
W	9	72.17	OPEN	Florence Schel	Deliberate Strength	105	112.5	117.5	72.5	77.5	82.5	195	140	147.5	155	350	70.787	
W	16	73.56	OPEN	Philomeyn Visschedijk	Algemeen Lid	125	132.5	140	60	65	65	192.5	140	147.5	155	347.5	69.604	
W	11	74.90	OPEN	Alishia Cattaux	Iron Forge coaching	105	112.5	117.5	62.5	67.5	70	182.5	120	132.5	140	322.5	64.027	
W	20	73.80	OPEN	Felice Spees (J)	Krachtlab Powerlifting	75	82.5	90	55	60	62.5	152.5	125	135	142.5	295	58.993	
W	1	73.21	OPEN	Tessa Boers (J)	Lifting Limits	82.5	90	95	60	65	67.5	160	107.5	112.5	117.5	272.5	54.712	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	91.77	OPEN	Mirjam Loerakker (MI)	Strength Valley	150	160	165	75	80	85	245	155	170	180	415	75.929	
W	19	99.06	OPEN	Anne-Marie Vos	Pjotrs Powertraining	130	140	145	62.5	67.5	70	212.5	145	155	165	377.5	67.499	

Referees (name and signature)

Head referee:

Left referee:

Right referee: