

Scoresheet NSK Powerlifen 2025 • Zaterdagochtend (1/2)

Leiden - 25 October 2025

59.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	25	58.72	OPEN	Ivar van der Spoel	L.S.K.V. Fortius	130	140.5	145	92.5	95	95	240	160	185	194.5	425	70.505	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	3	84.71	OPEN	Boaz Hofland (J)	Matrix coaching	197.5	205	205	130	137.5	142.5	347.5	230	245	255	602.5	82.550	
M	24	85.91	OPEN	Thijmen Klop (J)	SKVU Mammoet	190	200	210	140	145	150	355	200	200	225	580	78.908	
M	26	91.40	OPEN	Juri Holswilder	Adapt Powerlifting	177.5	187.5	192.5	130	135	137.5	327.5	227.5	240	247.5	575	75.864	
M	14	92.13	OPEN	Michael Geers (J)	Supreme Strength Coaching	185	200	205	127.5	135	140	340	190	210	220	560	73.597	
M	27	91.20	OPEN	Bartosz Ilejko (J)	GSKV Northside Barbell	185	197.5	210	100	107.5	112.5	322.5	200	217.5	232.5	555	73.304	
M	8	91.05	OPEN	Gabriël Leenderts (J)	TSKV Spartacus	167.5	182.5	185	142.5	145	147.5	332.5	180	192.5	202.5	535	70.719	
M	10	91.63	OPEN	Wouter Mastenbroek (J)	L.S.K.V. Fortius	180	185	190	120	125	127.5	315	200	215	220	535	70.499	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	109.08	OPEN	Finn Verschoor (J)	Deliberate Strength	225	240	250	130	137.5	142.5	392.5	262.5	282.5	302.5	675	81.885	
M	20	115.78	OPEN	Jules in 't Groen	TSKV Spartacus	220	232.5	240	152.5	157.5	160	392.5	260	280	290	672.5	79.418	
M	7	110.17	OPEN	Julian Hornstra (J)	Strength Valley	207.5	220	230	127.5	130	137.5	360	245	265	275	625	75.476	
M	2	117.09	OPEN	Yarik Pászli (J)	Iron House Co	205	217.5	227.5	130	137.5	145	355	235	252.5	262.5	607.5	71.385	
M	11	118.39	OPEN	Felix Brugman	Ironside Coaching	197.5	205	217.5	122.5	127.5	127.5	332.5	232.5	245	250	582.5	68.115	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	5	125.50	OPEN	Ouissam el Khamsi (J)	Iron Enhanced Syndicate	225	240	240	140	152.5	152.5	380	280	300	0	660	75.255	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NSK Powerlifen 2025 • Zaterdagochtend (2/2)

Leiden - 25 October 2025

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	17	92.35	OPEN	Jesse van Mourik (J)	Supreme Strength Coaching	255	262.5	267.5	190	195.5	195.5	457.5	310	330.5	0	788	103.441	
M	28	92.37	OPEN	Jesse Sporrel (J)	Deliberate Strength	250	262.5	270	152.5	160	165	430	255	270	280	700	91.879	
M	1	92.78	OPEN	Jesse ten Voorde (J)	2to1 Coaching	225	242.5	250	127.5	130	132.5	372.5	240	262.5	277.5	650	85.132	
M	19	89.72	OPEN	Jia Xing Lin	L.S.K.V. Fortius	210	225	237.5	150	162.5	162.5	387.5	260	260	280	647.5	86.213	
M	22	89.76	OPEN	Stan Kuipers (J)	Hades Elite Strength	230	242.5	252.5	125	132.5	137.5	385	235	247.5	260	645	85.860	
M	12	90.18	OPEN	Matthijs Weltens	Wu Dynasty	215	230	237.5	125	132.5	135	372.5	247.5	272.5	277.5	645	85.663	
M	4	89.80	OPEN	Etienne Bordes	ASKV Kratos	190	210	220	115	130	137.5	340	245	270	280	620	82.515	
M	21	89.73	OPEN	Sem Resmann (J)	Powerbuild Coaching	200	210	220	130	135	140	360	225	240	252.5	612.5	81.548	
M	18	90.27	OPEN	Pascal de Bloois (J)	Staal & Kracht	190	202.5	210	100	100	105	315	260	280	295	610	80.975	
M	16	89.53	OPEN	Jan Kruisinga (J)	Partner For Power	185	200	212.5	102.5	107.5	115	307.5	240	260	260	567.5	75.640	
M	6	92.95	OPEN	Rick Duyvestijn	3 for 9	230	230	230	152.5	160	160	152.5	0	0	0	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: