

Scoresheet Subjunioren, Junioren & Masters NK Bankdrukken 2025 • Masters (1/2)

Eindhoven - 16 February 2025

57.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	7	56.81	MI	Margriet Ponse	Epic gym	0			65	70	70	65	0			65	57.945	
W	16	56.78	MI	Geneviève Huizeling	Perfect Performance	0			60	62.5	62.5	60	0			60	53.508	

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	23	62.54	MII	Natasja Martis	Perfect Performance	0			88	90	94	94	0			94	78.764	
W	29	62.39	MII	Louise de Jong	Strength Valley	0			65	70	70	65	0			65	54.539	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	68.93	MI	Arleen Meyer	Perfect Performance	0			67.5	70	72.5	72.5	0			72.5	57.837	
W	4	67.75	MII	Pauline Schwencke	Perfect Performance	0			60	62.5	65	65	0			65	52.261	

76.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	74.81	MI	Renate Venema	Team Francke powerlifting	0			70	72.5	77.5	77.5	0			77.5	59.851	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	98.44	MI	Debby van Bogaert	Perfect Performance	0			87.5	95	100	100	0			100	72.373	
W	6	96.45	MII	Annemiek van der Wel	Epic gym	0			65	67.5	70	70	0			70	50.814	
W	17	87.61	MI	Lotte Spijker-Smallenburg	Sterrek Personal Training	0			57.5	60	65	65	0			65	48.024	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Subjunioren, Junioren & Masters NK Bankdrukken 2025 • Masters (2/2)

Eindhoven - 16 February 2025

74.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	11	72.40	MII	Gijs Van	Powerlifting Apeldoorn	0			95	100	105	105	0			105	56.652	
M	25	73.71	MII	Kris Elzinga	Krachtsportclub Friesland	0			102.5	107.5	107.5	102.5	0			102.5	54.777	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	82.99	MI	William van der Struis	Perfect Performance	0			147.5	152.5	155	155	0			155	77.860	
M	26	81.16	MII	Ben Epe	Powerlifting Apeldoorn	0			135	140	143.5	140	0			140	71.136	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	91.70	MI	Wesley Brandes	Sportcentrum TopFit	0			152.5	160	170	170	0			170	81.215	
M	30	89.91	MI	Andre Planting	Krachtsportclub Friesland	0			145	145	152.5	152.5	0			152.5	73.569	
M	5	91.47	MIV	Pier Wierda	Krachtsportclub Friesland	0			115	117.5	125.5	125.5	0			125.5	60.030	
M	14	86.53	MII	Anne Bierma	Krachtsportclub Friesland	0			110	117.5	120	120	0			120	59.012	
M	9	83.66	MII	Fedde-Geert Kingma	Krachtsportclub Friesland	0			95	95	102.5	95	0			95	47.525	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	19	103.68	MII	Robin van der Mee	Piek-sport	0			185	191	191	185	0			185	83.325	
M	2	103.08	MIII	Frans van der Putten	Team Francke powerlifting	0			180	0	0	180	0			180	81.293	
M	22	101.03	MIV	Paul den Ouden	Sportcentrum TopFit	0			145	150	153	153	0			153	69.753	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	27	118.35	MII	Winfred Rietveld	Powerlifting Apeldoorn	0			165	170	175	170	0			170	72.148	
M	12	119.12	MII	Valentijn Hulshorst	Algemeen Lid	0			160	165	170	170	0			170	71.947	
M	18	107.42	MIII	Roel van Drogen	Krachtsportclub Friesland	0			130	135	140	140	0			140	62.034	

Referees (name and signature)

Head referee:

Left referee:

Right referee: