

Scoresheet Lichtstad Cup 2025 • Zaterdagochtend: Plankier Links (1/1)

Eindhoven - 29 November 2025

52.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	21	50.94	O	Jesse Lentjes	Fortex Powerlifting	100	105	110	75	80	82.5	190	130	140	145	330	84.835	
W	19	51.86	O	Jie Yi Wu Chen	Pure Strength	97.5	105	110	62.5	67.5	72.5	182.5	120	130	135	317.5	80.357	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	138.57	O	Sterre van Krimpen	Sterrek Personal Training	170	177.5	180	92.5	100	105	280	150	170	180	450	75.628	
W	20	91.82	O	Floortje Leander	Deliberate Strength	135	145	155	95	100	105	260	140	155	162.5	422.5	77.288	
W	24	137.98	O	Leontine van Geffen	Iron House Co	130	140	150	90	97.5	102.5	252.5	140	155	165	417.5	70.199	
W	22	100.19	O	Anne-Marie Vos	Pjotrs Powertraining	135	145	150	65	70	72.5	220	150	162.5	175	382.5	68.182	
W	16	106.62	O	Laura Maatje	Beresterk	137.5	145	150	75	80	85	235	135	145	150	380	66.693	
W	23	93.68	O	Yolanda Okyere	ASKV Kratos	95	105	110	55	60	60	165	135	142.5	155	320	58.164	
W	25	91.72	O	Daniëlle Kwakman	AB coaching	75	80	85	35	40	42.5	125	87.5	95	100	220	40.259	
W	14	88.73	O	Els Koorn	Optimal performance	57.5	62.5	67.5	37.5	42.5	45	110	90	97.5	102.5	212.5	39.325	

Referees (name and signature)

Head referee:

Left referee:

Right referee: