

# Scoresheet Staal & Kracht Cup 2025 • Zondagochtend (1/2)

Rotterdam - 30 March 2025

93.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	24	90.42	OPEN	Pascal de Bloois (J)	Staal & Kracht	182.5	190	197.5	97.5	102.5	107.5	300	255	270	277.5	570	75.604	
M	26	90.15	OPEN	Morris Ooms (J)	Loods 37	195	207.5	217.5	120	125	127.5	342.5	220	220	242.5	562.5	74.719	
M	5	86.84	OPEN	Ermano Giskes (S-J)	Optimal performance	170	180	190	102.5	110	117.5	307.5	200	217.5	225	532.5	72.058	
M	3	92.65	OPEN	Michael Geers (J)	2to1 Coaching	175	190	202.5	127.5	132.5	132.5	317.5	202.5	212.5	220	530	69.463	
M	10	87.33	OPEN	Lennard Masclee (S-J)	Powerbuild Coaching	160	170	180	107.5	115	120	300	190	205	215	515	69.495	
M	2	89.20	OPEN	Stijn Buitenweg	Team Francke powerlifting	157.5	167.5	172.5	107.5	112.5	117.5	285	205	217.5	227.5	512.5	68.434	
M	11	87.25	OPEN	Jelmer de Vries	Algemeen Lid	155	160	170	97.5	105	112.5	275	195	205	215	490	66.151	
M	7	90.94	OPEN	Ciaran Gallagher	Striktly Powerhouse	150	160	165	115	120	120	285	180	187.5	192.5	477.5	63.156	
M	12	90.94	OPEN	Rowan van Winden	Act Evolve Coaching	160	170	172.5	95	97.5	97.5	257.5	185	200	210	467.5	61.833	
M	19	86.46	OPEN	Jayden van Duijn (J)	Team Francke powerlifting	125	132.5	140	95	102.5	107.5	235	145	155	165	400	54.246	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Staal & Kracht Cup 2025 • Zondagochtend (2/2)

Rotterdam - 30 March 2025

93.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	16	91.70	OPEN	Koen Thijssen (J)	SKVU Obelix	232.5	240	245	127.5	132.5	137.5	382.5	260	272.5	275	657.5	86.609	
M	21	89.65	OPEN	Jaouad Ouazil (J)	FoxGym	235	242.5	255	127.5	135	140	382.5	230	247.5	255	637.5	84.914	
M	9	86.48	OPEN	Thijs Oudshoorn	Staal & Kracht	215	225	232.5	145	152.5	160	377.5	235	247.5	255	625	84.750	
M	14	91.20	OPEN	Jasper Boerdijk (J)	Sport- en Wellnesscenter De Dars	200	215	225	130	137.5	142.5	352.5	232.5	245	252.5	605	79.908	
M	17	91.82	OPEN	Tim Kuik (J)	Hades Elite Strength	205	215	225	120	127.5	135	352.5	225	232.5	240	592.5	77.997	
M	1	86.16	OPEN	San van Deijzen (J)	TeamMammoth	180	190	205	130	135	142.5	347.5	210	225	237.5	585	79.473	
M	27	90.87	OPEN	Max van Loon (J)	Deliberate Strength	195	195	205	120	125	125	330	225	240	255	585	77.404	
M	18	92.31	OPEN	Jan Kruisinga (J)	Partner For Power	197.5	207.5	210	110	115	120	325	245	260	260	570	74.840	
M	23	92.78	OPEN	Maurice Goossen (J)	Demonstrength	177.5	192.5	197.5	135	147.5	0	332.5	220	237.5	252.5	570	74.654	
M	4	91.14	OPEN	Jan Brama (J)	Demonstrength	212.5	212.5	212.5	125	130	135	135	225	225	240	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: