

# Scoresheet Staal & Kracht Cup 2025 • Zondagmiddag (1/2)

Rotterdam - 30 March 2025

66.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	4	65.92	OPEN	Bram Walters (S-J)	Feel So Good	177.5	190	190	95	100	105	277.5	200	210	220	487.5	76.042	
M	8	65.28	OPEN	Ruben Trentelman (S-J)	2to1 Coaching	120	127.5	132.5	80	85	90	222.5	175	187.5	200	410	64.285	
M	19	64.18	OPEN	Sem Bakker (S-J)	2to1 Coaching	110	117.5	125	70	75	80	197.5	150	150	160	357.5	56.560	

74.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	69.12	OPEN	Glenn Vandendijk	Loods 37	190	202.5	212.5	125	130	135	342.5	212.5	225	230	572.5	87.097	
M	1	72.18	OPEN	Indy Verhulsdonck	FoxGym	192.5	205	210	117.5	125	125	327.5	205	222.5	237.5	565	84.029	
M	27	72.90	OPEN	Yannick Broos (J)	SKVU Obelix	165	175	185	110	115	120	305	220	230	240	545	80.637	
M	16	72.90	OPEN	Kiril Hessels (J)	Algemeen Lid	175	185	192.5	95	100	102.5	292.5	200	225	235	527.5	78.047	
M	7	72.84	OPEN	Kevin Avdic (J)	Powerbuild Coaching	192.5	202.5	210	87.5	92.5	100	302.5	195	207.5	220	510	75.490	
M	25	72.60	OPEN	Jens Verheij (J)	Deliberate Strength	155	165	175	115	120	120	295	180	195	205	500	74.138	
M	24	72.80	OPEN	Bert Haze (J)	Lucky Lifting	160	175	185	100	110	115	300	175	190	200	500	74.032	
M	15	73.50	OPEN	Marvin Snijder (J)	Algemeen Lid	160	167.5	175	110	115	117.5	285	195	205	210	490	72.191	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Staal & Kracht Cup 2025 • Zondagmiddag (2/2)

Rotterdam - 30 March 2025

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	103.38	OPEN	Erik van den Bulk	Perfect Performance	265	275	280	<del>170</del>	175	180	460	280	<del>300</del>	<del>300</del>	740	92.029	
M	21	102.82	OPEN	Bendja Tetelepta (J)	Demonstrength	225	237.5	250	140	145	150	400	270	290	305	705	87.900	
M	5	103.98	OPEN	Roy Hurkens	Hybridcoaching	230	242.5	252.5	135	140	142.5	395	260	282.5	292.5	687.5	85.269	
M	18	94.98	OPEN	Marijn van Ginneken (J)	Powerbuild Coaching	192.5	202.5	212.5	<del>112.5</del>	120	125	337.5	<del>232.5</del>	252.5	272.5	610	78.988	
M	11	104.00	OPEN	Luke Keeven (J)	Demonstrength	210	230	0	120	140	0	370	220	240	0	610	75.650	
M	26	102.66	OPEN	Zennar den Hartog	WorkBodyFit	175	185	192.5	112.5	<del>120</del>	127.5	320	250	262.5	<del>275</del>	582.5	72.680	
M	17	103.01	OPEN	Roy Birekoven (S-J)	Algemeen Lid	180	<del>192.5</del>	200	105	112.5	<del>117.5</del>	312.5	200	225	<del>240</del>	537.5	66.958	
M	14	103.41	OPEN	Alexander Kuilman	Freriks Barbell club	202.5	215	<del>220</del>	<del>112.5</del>	112.5	<del>120</del>	327.5	187.5	200	210	537.5	66.837	
M	2	98.80	OPEN	Luuc de Brouwer (S-J)	9 for 9 coaching	182.5	192.5	200	90	95	<del>100</del>	295	200	215	<del>225</del>	510	64.799	
M	6	102.46	OPEN	Boris Versteegh	Algemeen Lid	80	0	0	120	130	0	210	120	0	0	330	41.213	
M	3	103.00	OPEN	Stanley van Essen	Optimal performance	260	285	<del>300</del>	<del>160</del>	<del>160</del>	<del>160</del>	285	<del>260</del>	0	0	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: