

Scoresheet Staal & Kracht Cup 2025 • Zaterdagochtend (1/2)

Rotterdam - 29 March 2025

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	51.17	OPEN	Shelika Leidelmeijer	Epic gym	107.5	115	120	72.5	77.5	77.5	187.5	115	125	132.5	320	81.939	
W	21	51.46	OPEN	Jasmine Kosidin (J)	Pjotrs Powertraining	90	95	100	45	47.5	50	150	117.5	130	130	267.5	68.158	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	57.00	OPEN	Tessa Schaper	Jordi Snijders Coaching	137.5	142.5	147.5	67.5	70	72.5	215	142.5	152.5	155	370	86.789	
W	7	56.93	OPEN	Sanne van Loon	Abyss	130	137.5	142.5	75	80	82.5	217.5	142.5	152.5	152.5	360	84.522	
W	8	55.30	OPEN	Maartje Claessen	Krachtlab Powerlifting	117.5	122.5	127.5	72.5	75	77.5	202.5	140	150	155	357.5	85.827	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	83.62	OPEN	Merlijne Opstal	Coco Michelle	140	150	155	72.5	77.5	80	235	175	187.5	192.5	427.5	80.877	
W	11	82.71	OPEN	Dominique van Dusseldorp (J)	ASKV Kratos	140	145	150	75	80	82.5	232.5	140	150	160	392.5	74.579	
W	5	76.77	OPEN	Sophie Zwaal	WorkBodyFit	115	122.5	127.5	45	50	55	182.5	130	140	150	332.5	65.247	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	98.16	OPEN	Annedien Vermulm	Team Francke powerlifting	165	172.5	182.5	75	80	85	267.5	170	182.5	200	450	80.667	
W	20	96.10	OPEN	Annemiek van der Wel (MII)	Epic gym	90	95	95	62.5	65	67.5	162.5	115	122.5	130	292.5	52.755	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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69.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	67.82	OPEN	Debora Soeters	Jordi Sniijders Coaching	142.5	152.5	160	65	70	72.5	232.5	162.5	172.5	182.5	405	84.726	
W	15	68.55	OPEN	Judith van Dijk	Pure Strength	127.5	135	140	67.5	72.5	75	212.5	175	185	190	397.5	82.653	
W	12	68.05	OPEN	Chinsey Daams (J)	Demonstrength	120	125	130	80	85	90	215	135	145	150	360	75.167	
W	16	66.34	OPEN	Hannah de Man (J)	Lucky Lifting	110	117.5	122.5	52.5	57.5	57.5	180	140	150	150	320	67.810	
W	3	67.81	OPEN	Pascalie Romeijn	Coco Michelle	107.5	115	120	52.5	57.5	60	172.5	122.5	132.5	140	312.5	65.380	
W	14	64.30	OPEN	Gioia Drevon	Vondelgym Oost	105	110	115	55	57.5	57.5	170	115	125	132.5	302.5	65.331	
W	22	67.06	OPEN	Kirsten van Harmelen	Algemeen Lid	105	105	110	47.5	50	52.5	160	125	130	137.5	290	61.064	

Referees (name and signature)

Head referee:

Left referee:

Right referee: