

Scoresheet Staal & Kracht Cup 2025 • Zaterdagmiddag (1/2)

Rotterdam - 29 March 2025

76.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	73.56	OPEN	Lisanne Mol	Lunar Rising	132.5	140	145	70	75	77.5	220	162.5	170	180	400	80.120	
W	7	71.77	OPEN	Yoica van Loenen (J)	Lucky Lifting	117.5	125	130	72.5	75	77.5	207.5	137.5	145	152.5	352.5	71.498	
W	5	74.72	OPEN	Marit van Putten (J)	Perfect Performance	132.5	140	147.5	60	65	67.5	207.5	130	137.5	142.5	350	69.567	
W	16	73.11	OPEN	Marcella Lucardie (J)	Blackout Barbell Coaching	102.5	107.5	110	60	65	65	175	145	152.5	160	335	67.308	
W	18	75.32	OPEN	Nova van Herk	Algemeen Lid	105	112.5	117.5	60	65	70	182.5	130	140	145	327.5	64.845	
W	17	74.66	OPEN	Carolina Haselager (MII)	Algemeen Lid	85	95	95	55	60	62.5	155	125	130	135	290	57.664	
W	8	74.04	OPEN	Anna Stepanyuk (J)	WorkBodyFit	107.5	115	115	50	55	60	167.5	100	110	117.5	277.5	55.404	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Staal & Kracht Cup 2025 • Zaterdagmiddag (2/2)

Rotterdam - 29 March 2025

63.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	61.44	OPEN	Aysun Cakmak (MI)	Jordi Snijders Coaching	127.5	135	135	75	77.5	77.5	202.5	150	162.5	170	365	81.181	
W	19	60.97	OPEN	Rosaline Schless (S-J)	Algemeen Lid	115	122.5	130	60	67.5	72.5	197.5	130	140	147.5	345	77.131	
W	6	61.59	OPEN	Nina Smit	Coco Michelle	110	120	125	60	65	67.5	192.5	122.5	132.5	137.5	330	73.277	
W	1	62.14	OPEN	Sarah Liza Yazdani (J)	Demonstrength	117.5	125	127.5	47.5	55	60	180	115	135	142.5	322.5	71.192	
W	11	60.84	OPEN	Jessica Kroezen (MI)	Vondelgym Oost	115	120	122.5	55	55	60	182.5	125	130	135	317.5	71.086	
W	3	59.80	OPEN	Marloes de Wit	XclusiveCoaching	95	100	105	55	57.5	60	165	117.5	125	130	295	66.837	
W	20	57.55	OPEN	Marie Pullerits	Algemeen Lid	77.5	77.5	82.5	45	50	52.5	132.5	110	122.5	125	257.5	59.970	
W	15	61.01	OPEN	Cleta Voet (MIII)	Algemeen Lid	75	80	85	45	50	52.5	135	105	110	115	250	55.867	
W	21	61.64	OPEN	Sanne Booij (J)	Algemeen Lid	85	90	95	50	55	57.5	145	95	100	105	250	55.483	

Referees (name and signature)

Head referee:

Left referee:

Right referee: