

Scoresheet SBD Paascup 2025 • Zaterdagmiddag: Platform Reflect (1/3)

Nijmegen - 19 April 2025

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	17	65.33	OPEN	Delaja Bredow (S-J)	Limitless Powerlifting	110	125	140	55	60	65	185	115	125	135	320	68.437	
W	5	68.53	OPEN	Hilin Shekho (S-J)	Limitless Powerlifting	100	107.5	112.5	40	45	57.5	157.5	110	120	135	292.5	60.830	
W	4	68.26	OPEN	Andrea Stolk-Dijke	Deliberate Strength	90	95	97.5	55	57.5	57.5	150	125	132.5	137.5	287.5	59.924	
W	10	67.07	OPEN	Emma Weltens (J)	Algemeen Lid	80	90	100	52.5	57.5	57.5	157.5	107.5	117.5	125	282.5	59.480	
W	21	67.11	OPEN	Amber Vangerven	DSKV IJzersterk	90	97.5	100	35	40	42.5	142.5	97.5	105	107.5	250	52.619	
W	9	67.80	OPEN	Aïcha Enzerink	TeamMammoth	85	92.5	95	35	40	45	125	107.5	115	122.5	247.5	51.786	
W	22	67.24	OPEN	Inge Rijnders (MII)	Sterrek Personal Training	77.5	82.5	87.5	35	40	42.5	125	90	100	107.5	232.5	48.880	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Paascup 2025 • Zaterdagmiddag: Platform Reflect (2/3)

Nijmegen - 19 April 2025

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	66.29	OPEN	Sarah van Oorschot (J)	Algemeen Lid	120	130	130	65	67.5	70	190	150	160	165	350	74.200	
W	28	64.88	OPEN	Renske de Groot (J)	ESKV Odin	120	130	135	67.5	72.5	75	205	122.5	132.5	140	345	74.097	
W	1	67.59	OPEN	Franka Siemons (J)	Algemeen Lid	112.5	120	127.5	55	57.5	62.5	190	130	140	150	340	71.267	
W	2	68.37	OPEN	Hester Schaap	Gym Iron Heart	120	127.5	127.5	60	62.5	65	192.5	137.5	145	147.5	337.5	70.281	
W	26	68.57	OPEN	Maud van de Weijer	Act Evolve Coaching	117.5	117.5	125	57.5	62.5	65	187.5	125	135	145	332.5	69.126	
W	23	66.22	OPEN	Esmée Bijlholt	Strength Valley	110	117.5	125	55	60	62.5	187.5	112.5	122.5	130	317.5	67.353	
W	30	67.38	OPEN	Tess de Hart (S-J)	365strength	100	107.5	115	65	70	75	185	120	132.5	137.5	317.5	66.670	
W	24	64.71	OPEN	Simone de Jonge	Team Francke powerlifting	105	112.5	115	55	57.5	60	172.5	122.5	135	142.5	315	67.763	
W	11	67.77	OPEN	Ruby van Keulen (J)	2to1 Coaching	115	122.5	130	55	57.5	60	182.5	110	117.5	125	307.5	64.356	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	68.76	OPEN	Whitney Nedd	Team Francke powerlifting	145	155	160	80	85	90	250	175	185	190	435	90.296	
W	16	67.83	OPEN	Siham El Yaakoubi	Strength Point	160	167.5	172.5	77.5	82.5	85	250	175	180	185	430	89.948	
W	14	67.80	OPEN	Nina Vonken (J)	M.A.E. Coaching	130	142.5	150	60	67.5	72.5	215	155	175	182.5	390	81.602	
W	6	67.54	OPEN	Emma Rots	DSKV IJzersterk	130	135	140	70	75	80	215	155	162.5	170	385	80.733	
W	25	66.84	OPEN	Michelle Doek	Fortex Powerlifting	130	137.5	142.5	67.5	72.5	77.5	210	155	165	172.5	375	79.114	
W	27	66.45	OPEN	Chloé Vermeer	Pure Strength	127.5	135	137.5	62.5	67.5	70	205	145	152.5	160	365	77.270	
W	18	67.92	OPEN	Sandra Adriaans	Act Evolve Coaching	125	130	132.5	60	65	70	195	145	155	160	355	74.203	
W	12	67.94	OPEN	Isa Ter Horst (J)	365strength	107.5	115	120	62.5	70	75	190	125	140	150	340	71.056	
W	15	63.35	OPEN	Lynn Willemsen (J)	TeamMammoth	122.5	122.5	130	60	65	67.5	187.5	130	140	150	337.5	73.578	

Referees (name and signature)

Head referee:

Left referee:

Right referee: