

Scoresheet Regiokampioenschappen West 2025 • Zondagmiddag (1/2)

IJmuiden - 6 July 2025

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	8	82.41	OPEN	Luca van Aggelen (J)	Intens	200	210	220	115	125	135	355	230	247.5	260	615	85.440	
M	12	80.65	OPEN	Joey van Slooten	Lifting Limits	192.5	205	215	130	135	137.5	342.5	240	260	272.5	602.5	84.625	
M	18	81.81	OPEN	Mels Harutunian	Striktly Powerhouse	190	205	215	125	130	137.5	342.5	230	245	255	597.5	83.317	
M	3	80.93	OPEN	Wesley de Laat	Striktly Powerhouse	230	240	240	127.5	135	137.5	365	217.5	225	230	590	82.724	
M	19	82.52	OPEN	Niels Verhage	Staal & Kracht	180	192.5	202.5	122.5	132.5	137.5	340	212.5	227.5	235	567.5	78.788	
M	16	81.56	OPEN	Rens van Lieshout (J)	Train & Gain	180	182.5	195	125	130	135	315	230	240	250	555	77.511	
M	21	80.49	OPEN	Ertugrul Yesil	Striktly Powerhouse	177.5	185	187.5	115	120	125	307.5	225	232.5	232.5	532.5	74.869	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	116.90	OPEN	Mike Kolkman	Iron Enhancement Syndicate	230	245	255	152.5	160	162.5	415	270	290	290	685	80.549	
M	22	118.71	OPEN	Itja de Goede	Lifting Limits	207.5	220	225	157.5	165	167.5	390	250	270	285	660	77.086	
M	7	112.72	OPEN	Lars Jongerden	Algemeen Lid	210	220	230	150	157.5	162.5	392.5	235	255	265	657.5	78.582	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Regiokampioenschappen West 2025 • Zondagmiddag (2/2)

IJmuiden - 6 July 2025

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	11	87.77	OPEN	Justin Wu (J)	Algemeen Lid	240	255	265	170	170	180	445	250	265	265	710	95.569	
M	14	91.04	OPEN	Jasper Boerdijk (J)	Sport- en Wellnesscenter De Dars	220	235	240	140	145	150	380	250	262.5	272.5	642.5	84.933	
M	5	92.25	OPEN	Jayson Rosalie	FoxGym	210	222.5	230	137.5	142.5	145	375	250	262.5	272.5	637.5	83.729	
M	6	85.66	OPEN	Thijs Oudshoorn	Staal & Kracht	215	225	232.5	145	152.5	160	385	230	245	252.5	630	85.836	
M	10	92.28	OPEN	Martin van den Berg	Striktly Powerhouse	210	220	225	140	145	145	365	230	250	260	625	82.074	
M	9	91.57	OPEN	Sander Koelewijn	Algemeen Lid	197.5	207.5	217.5	115	122.5	127.5	345	272.5	287.5	287.5	617.5	81.396	
M	17	88.98	OPEN	Kay Mulder	Supreme Strength Coaching	237.5	250	257.5	142.5	147.5	150	385	280	280	0	0	0.000	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	142.28	OPEN	Jordy van Muijen	Striktly Powerhouse	280	300	305	175	182.5	187.5	487.5	270	300	312.5	787.5	85.299	
M	2	136.81	OPEN	Jochem Schoenmaker (J)	Ironside Coaching	235	235	245	155	162.5	165	400	252.5	262.5	270	670	73.713	

Referees (name and signature)

Head referee:

Left referee:

Right referee: