

# Scoresheet Regiokampioenschappen Noord-Oost 2025 • Zondagmiddag (1/2)

Groningen - 15 June 2025

| 93.0 kg |    |       |      |                         |                        | Squat |       |       | Bench Press |       |       |       | Deadlift |       |       |       |        |    |
|---------|----|-------|------|-------------------------|------------------------|-------|-------|-------|-------------|-------|-------|-------|----------|-------|-------|-------|--------|----|
| M/W     | NR | BDW   | CAT  | NAME                    | ASSOCIATION            | 1     | 2     | 3     | 1           | 2     | 3     | SUB   | 1        | 2     | 3     | TOTAL | POINTS | PL |
| M       | 5  | 91.76 | OPEN | Martijn Heidemans       | Push & Pull Fitness    | 237.5 | 247.5 | 255   | 162.5       | 170   | 172.5 | 417.5 | 282.5    | 295   | 307.5 | 725   | 95.470 |    |
| M       | 25 | 92.85 | OPEN | Joery Wesseling         | 3 for 9                | 250   | 267.5 | 275   | 155         | 162.5 | 165   | 432.5 | 260      | 280   | 300   | 712.5 | 93.283 |    |
| M       | 10 | 92.68 | OPEN | Thomas Nigon            | Pjotrs Powertraining   | 230   | 240   | 245   | 145         | 152.5 | 152.5 | 390   | 300      | 310   | 320   | 710   | 93.039 |    |
| M       | 15 | 90.34 | OPEN | Noah Woeltjes           | Huijser Coaching       | 237.5 | 250   | 255   | 155         | 165   | 167.5 | 422.5 | 250      | 272.5 | 277.5 | 672.5 | 89.237 |    |
| M       | 23 | 90.23 | OPEN | Tim de Pater            | GSKV Northside Barbell | 220   | 230   | 240   | 132.5       | 140   | 145   | 385   | 235      | 250   | 260   | 645   | 85.640 |    |
| M       | 17 | 87.15 | OPEN | Twan Damhuis            | Push & Pull Fitness    | 220   | 230   | 240   | 127.5       | 135   | 140   | 365   | 245      | 255   | 260   | 625   | 84.425 |    |
| M       | 11 | 90.32 | OPEN | Daniël van den Berg (J) | NSKV Profectus         | 202.5 | 212.5 | 212.5 | 122.5       | 127.5 | 130   | 330   | 235      | 245   | 245   | 575   | 76.308 |    |
| M       | 6  | 92.13 | OPEN | Klaas Boersma           | GSKV Northside Barbell | 215   | 225   | 230   | 132.5       | 137.5 | 142.5 | 362.5 | 210      | 220   | 220   | 572.5 | 75.240 |    |
| M       | 19 | 89.67 | OPEN | Simon Klaassen          | Strength For All       | 182.5 | 192.5 | 200   | 115         | 120   | 122.5 | 322.5 | 235      | 242.5 | 245   | 565   | 75.248 |    |

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Regiokampioenschappen Noord-Oost 2025 • Zondagmiddag (2/2)

Groningen - 15 June 2025

| 105.0 kg |    |        |      |                               |                        | Squat |       |       | Bench Press |       |       |       | Deadlift |       |       |       |        |    |
|----------|----|--------|------|-------------------------------|------------------------|-------|-------|-------|-------------|-------|-------|-------|----------|-------|-------|-------|--------|----|
| M/W      | NR | BDW    | CAT  | NAME                          | ASSOCIATION            | 1     | 2     | 3     | 1           | 2     | 3     | SUB   | 1        | 2     | 3     | TOTAL | POINTS | PL |
| M        | 22 | 103.43 | OPEN | Maarten Mijland               | Push & Pull Fitness    | 210   | 227.5 | 240   | 160         | 170   | 175   | 410   | 280      | 295   | 307.5 | 717.5 | 89.211 |    |
| M        | 3  | 104.05 | OPEN | Siebreu Marinus               | GSKV Northside Barbell | 250   | 260   | 267.5 | 155         | 162.5 | 165   | 432.5 | 260      | 272.5 | 285   | 717.5 | 88.962 |    |
| M        | 12 | 104.01 | OPEN | Jimme Huisman                 | GSKV Northside Barbell | 247.5 | 260   | 267.5 | 155         | 162.5 | 170   | 430   | 250      | 265   | 280   | 710   | 88.048 |    |
| M        | 16 | 103.77 | OPEN | Sikko Schnoor                 | Strength Valley        | 260   | 277.5 | 285   | 150         | 157.5 | 162.5 | 435   | 245      | 265   | 272.5 | 707.5 | 87.833 |    |
| M        | 9  | 100.55 | OPEN | Hessel Veltman                | Beresterk              | 210   | 222.5 | 230   | 147.5       | 155   | 160   | 390   | 270      | 287.5 | 300   | 677.5 | 85.366 |    |
| M        | 2  | 99.66  | OPEN | Jonathan Rodrigues de Miranda | NSKV Profectus         | 212.5 | 222.5 | 227.5 | 135         | 140   | 0     | 367.5 | 265      | 277.5 | 285   | 645   | 81.614 |    |
| M        | 24 | 102.06 | OPEN | Mats ter Horst (J)            | NSKV Profectus         | 210   | 222.5 | 230   | 120         | 125   | 127.5 | 355   | 230      | 245   | 260   | 615   | 76.947 |    |
| M        | 21 | 93.90  | OPEN | Emre Ekmekci                  | Algemeen Lid           | 215   | 220   | 225   | 147.5       | 155   | 157.5 | 372.5 | 235      | 245   | 245   | 607.5 | 79.102 |    |

| 120.0 kg |    |        |      |                                 |                              | Squat |       |       | Bench Press |       |       |       | Deadlift |     |     |       |        |    |
|----------|----|--------|------|---------------------------------|------------------------------|-------|-------|-------|-------------|-------|-------|-------|----------|-----|-----|-------|--------|----|
| M/W      | NR | BDW    | CAT  | NAME                            | ASSOCIATION                  | 1     | 2     | 3     | 1           | 2     | 3     | SUB   | 1        | 2   | 3   | TOTAL | POINTS | PL |
| M        | 20 | 113.93 | OPEN | Lorenz Muylkens                 | Adapt Powerlifting           | 270   | 285   | 292.5 | 157.5       | 165   | 167.5 | 450   | 282.5    | 295 | 300 | 750   | 89.209 |    |
| M        | 14 | 114.00 | OPEN | Rens Croonen                    | Barbell Benders Powerlifting | 255   | 262.5 | 267.5 | 180         | 187.5 | 190   | 450   | 280      | 295 | 300 | 750   | 89.184 |    |
| M        | 1  | 110.13 | OPEN | Sebastiaan Rodrigues de Miranda | NSKV Profectus               | 240   | 250   | 260   | 140         | 145   | 147.5 | 407.5 | 290      | 310 | 325 | 732.5 | 88.473 |    |
| M        | 7  | 109.16 | OPEN | Jorrit van Leiden               | GSKV Northside Barbell       | 235   | 250   | 257.5 | 130         | 137.5 | 137.5 | 395   | 240      | 255 | 265 | 660   | 80.039 |    |

## Referees (name and signature)

Head referee:

Left referee:

Right referee: