

Scoresheet NSK Powerlifen 2025 • Zaterdagavond (1/2)

Leiden - 25 October 2025

66.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	4	65.74	OPEN	Desmond Leung (J)	Lifting Limits	177.5	187.5	195	107.5	112.5	115	302.5	195	210	237.5	512.5	80.058	
M	25	62.11	OPEN	Joran Choo (J)	Sportcentrum TopFit	160	170	182.5	102.5	110	115	297.5	182.5	192.5	202.5	500	80.497	
M	24	64.86	OPEN	Mick Cheng	GSKV Northside Barbell	132.5	142.5	152.5	97.5	102.5	107.5	260	157.5	172.5	187.5	432.5	68.045	
M	30	64.42	OPEN	Feije Ferkranus (J)	Gym Iron Heart	130	140	152.5	97.5	107.5	107.5	250	160	170	180	430	67.896	
M	6	65.11	OPEN	Niek Kunkels (S-J)	DSKV IJzersterk	115	122.5	130	100	107.5	107.5	130	150	162.5	170	0	0.000	

74.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	21	73.46	OPEN	Lars Suppers (J)	Deliberate Strength	212.5	225	236	142.5	150	155	391	220	240	258.5	649.5	95.716	
M	18	73.20	OPEN	Yannick Broos (J)	SKVU Mammoet	187.5	197.5	200	117.5	122.5	127.5	327.5	240	258	260.5	585.5	86.444	
M	14	72.83	OPEN	Terence Jacobs (J)	Fortex Powerlifting	190	202.5	202.5	115	122.5	127.5	317.5	205	220	230	547.5	81.047	
M	9	72.05	OPEN	Bismar Alfarisi (J)	ESKV FENRIR	182.5	192.5	200	122.5	127.5	130	320	197.5	210	217.5	530	78.898	
M	17	71.90	OPEN	Nout Mulder (J)	Sportja	182.5	192.5	197.5	105	110	115	307.5	205	215	220	527.5	78.611	
M	15	73.06	OPEN	Joshua de Wit (J)	TSKV Spartacus	155	162.5	170	92.5	100	100	262.5	200	215	220	477.5	70.569	
M	27	72.74	OPEN	Anka Kara	SKVU Mammoet	150	160	165	125	125	125	285	172.5	182.5	195	467.5	69.249	
M	23	73.61	OPEN	Tom Laverman (J)	NSKV Profectus	140	155	165	117.5	125	127.5	292.5	150	167.5	0	460	67.718	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NSK Powerlifen 2025 • Zaterdagavond (2/2)

Leiden - 25 October 2025

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	19	81.86	OPEN	Collin Henry Arts (J)	Lifting Limits	217.5	227.5	235	137.5	142.5	147.5	382.5	270	295.5	297.5	680	94.791	
M	2	82.11	OPEN	Luuk Tiel	2to1 Coaching	215	232.5	242.5	157.5	165	165	407.5	240	257.5	272.5	680	94.645	
M	16	80.50	OPEN	Mika van Herk (J)	Perfect Performance	200	210	217.5	110	115	120	332.5	250	275	287.5	620	87.166	
M	26	82.43	OPEN	Liam Fong (J)	Strength Point	205	215	225	150	152.5	155	380	232.5	240	250	620	86.124	
M	7	81.48	OPEN	Lukas Hoogendam (J)	Powerbuild Coaching	215	230	237.5	140	140	140	377.5	225	240	250	617.5	86.282	
M	5	82.87	OPEN	Milan van der Voort	Supreme Strength Coaching	207.5	220	227.5	132.5	137.5	140	365	222.5	237.5	247.5	602.5	83.468	
M	28	80.32	OPEN	Xander Oldenhof (J)	Strength Valley	190	205	215	132.5	142.5	145	360	200	220	240	600	84.451	
M	10	77.91	OPEN	Stefan Hooglander (J)	Sportja	190	200	207.5	110	115	120	327.5	215	227.5	235	562.5	80.415	
M	29	81.55	OPEN	Leroy Mourits	SKVU Mammoet	175	187.5	195	117.5	122.5	125	317.5	220	235	245	562.5	78.563	
M	22	81.11	OPEN	Milosz Molenda (J)	JvM coaching	185	197.5	205	135	140	140	345	197.5	210	220	555	77.728	
M	3	82.40	OPEN	Younes Azzaoui (J)	2to1 Coaching	165	175	185	127.5	135	137.5	310	207.5	222.5	232.5	542.5	75.372	
M	11	76.14	OPEN	Melvin Bruins (J)	2to1 Coaching	175	190	205	110	117.5	125	330	190	205	220	535	77.393	
M	12	79.48	OPEN	Jari van der Heijden (J)	Team Francke powerlifting	190	190	190	105	105	110	295	215	230	240	525	74.291	
M	8	77.36	OPEN	Ahmet Topaloglu (J)	Wu Dynasty	187.5	200	205	105	110	112.5	315	75	0	0	390	55.958	

Referees (name and signature)

Head referee:

Left referee:

Right referee: