

Scoresheet Subjunioren NK Powerliften 2025 • Zondagochtend (1/2)

Weert - 22 June 2025

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	62.66	S-J	Gamila Shahboub	Lunar Rising	132.5	132.5	137.5	67.5	72.5	75	210	120	125	130	340	74.647	
W	24	61.48	S-J	Yara Horstink	Pjotrs Powertraining	92.5	97.5	100	55	55	57.5	157.5	95	100	107.5	265	58.914	

76.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	75.21	S-J	Quirine Bolech	Powerbuild Coaching	85	95	100	60	65	65	165	150	158	160.5	323	63.999	
W	12	71.69	S-J	Floortje Sakkers	Limitless Powerlifting	90	105	115	65	72.5	72.5	180	120	135	135	315	63.929	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	4	81.90	S-J	Niek Snijkers	Iron Forge coaching	190	202.5	215	120	127.5	132.5	347.5	210	230	245	592.5	82.573	
M	2	81.06	S-J	Tycho Reemnet	Algemeen Lid	185	200	205	115	125	132.5	325	215	230	235	560	78.453	
M	19	82.29	S-J	Pim de Raat	Perfect Performance	180	190	200	127.5	135	142.5	335	210	225	260	560	77.856	
M	17	82.94	S-J	Luka Gerrits	Limitless Powerlifting	165	175	182.5	110	120	120	302.5	190	205	215	517.5	71.662	
M	15	82.90	S-J	Mark de Heer	Algemeen Lid	165	172.5	182.5	122.5	132.5	140	315	170	192.5	200	507.5	70.294	
M	26	80.22	S-J	Peer van Beek	Striktly Powerhouse	155	165	170	110	117.5	122.5	287.5	190	200	205	487.5	68.660	
M	28	79.03	S-J	Yael Hoogma	Elite Performance	155	165	175	87.5	92.5	97.5	262.5	175	190	202.5	465	65.992	
M	25	79.00	S-J	Kenzo Nieuwveld	9 for 9 coaching	145	155	162.5	97.5	102.5	107.5	270	180	187.5	192.5	457.5	64.940	
M	21	82.25	S-J	Ties Tetterode Ravestein	Optimal performance	125	132.5	140	90	95	100	235	165	180	185	415	57.711	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Subjunioren NK Powerlften 2025 • Zondagochtend (2/2)

Weert - 22 June 2025

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	67.89	S-J	Star Sala	Pjotrs Powertraining	150	155.5	160	67.5	72.5	75.5	232.5	170	180.5	180.5	413	86.348	
W	5	67.70	S-J	Tess de Hart	365strength	105	112.5	120	62.5	70	70	190	125	135	142.5	332.5	69.629	
W	16	64.41	S-J	Delaja Bredow	Algemeen Lid	120	120	135	50	60	65	180	115	125	140	305	65.801	
W	22	68.99	S-J	Hilin Shekho	Limitless Powerlifting	90	90	110	52.5	60	65	170	105	125	132.5	302.5	62.675	
W	27	68.94	S-J	Milou Koole	2to1 Coaching	90	97.5	100	50	50	55	140	135	145	152.5	292.5	60.628	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	6	92.33	S-J	Antal Nevels Flores	Krachtlab Powerlifting	215	230	237.5	155	162.5	165	392.5	235	250	260	642.5	84.350	
M	10	92.98	S-J	Ermano Giskes	Optimal performance	195	205	212.5	115	122.5	127.5	332.5	210	225	247.5	580	75.884	
M	11	91.84	S-J	Kay Cakular	Matrix coaching	197.5	207.5	212.5	140	147.5	155	362.5	195	207.5	215	577.5	76.014	
M	14	91.17	S-J	Lennard Masclee	Powerbuild Coaching	185	200	210	117.5	125	130	335	210	222.5	242.5	557.5	73.646	
M	3	91.80	S-J	Fabian Geerlings	Algemeen Lid	185	200	210	115	117.5	117.5	327.5	210	225	252.5	552.5	72.739	
M	20	91.60	S-J	David van Tuijl	Strength Point	155	162.5	170	117.5	122.5	127.5	292.5	202.5	212.5	220	512.5	67.545	
M	18	84.84	S-J	Viktor Qorri	Optimal performance	115	127.5	140	82.5	90	92.5	230	142.5	155	180	410	56.132	

Referees (name and signature)

Head referee:

Left referee:

Right referee: