

Scoresheet Masters NK Powerlifen 2025 • Zaterdagochtend (1/2)

Weert - 21 June 2025

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	25	62.89	MII	Colette Haddon	Lifting Limits	135	142.5	147	67.5	70	72.5	219.5	162.5	170	176.5	389.5	85.312	
W	18	62.64	MII	Louise de Jong	Strength Valley	112.5	120	125	65	67.5	70	195	140	150	155	350	76.859	
W	22	62.12	MIII	Cleta Voet	Algemeen Lid	80	82.5	87.5	45	50	52.5	132.5	110	112.5	117.5	250	55.199	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	7	68.10	MIII	Anne Jansen	Pure Strength	72.5	77.5	82.5	47.5	50	52.5	132.5	102.5	110	115	247.5	51.655	
W	5	67.47	MII	Inge Rijnders	Sterrek Personal Training	77.5	85	85	37.5	42.5	42.5	127.5	85	92.5	0	220	46.161	

76.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	74.28	MII	Hadewij Slootweg	Blackout Barbell Coaching	100	105	105	60	62.5	65	162.5	145	152.5	160	322.5	64.287	
W	3	72.96	MIII	Wytzia Soetenhorst	Striktly Powerhouse	90	95	100	45	47.5	50	147.5	120	130	135	277.5	55.812	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	81.66	MII	Lapanda Mampikin	Sportcentrum TopFit	150	160	160	80	87.5	92.5	247.5	190	200	210	457.5	87.384	
W	4	83.05	MII	Marie-Claude Dekker	Sportja	110	115	120	55	62.5	62.5	175	130	137.5	145	320	60.704	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	106.93	MII	Marielle Katouti-Linders	Demonstrength	102.5	107.5	115	75	80	85	200	115	125	135	335	58.756	
W	10	97.48	MII	Annemiek van der Wel	Epic gym	100	107.5	112.5	67.5	72.5	72.5	180	125	130	135	315	56.578	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Masters NK Powerlifen 2025 • Zaterdagochtend (2/2)

Weert - 21 June 2025

57.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	12	56.77	MI	Margriet Ponse	Epic gym	100	107.5	0	65	67.5	70	175	135	145	160	320	75.290	
W	16	56.68	MI	Geneviève Huizeling	Perfect Performance	102.5	105	110	55	60	62.5	170	120	130	140	310	73.024	
W	8	56.22	MI	Esther Hulst	Striktly Powerhouse	87.5	92.5	95	47.5	47.5	50	135	140	140	150	285	67.553	

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	23	62.02	MI	Jessica Kroezen	Vondelgym Oost	120	125	125	60	62.5	65	187.5	130	137.5	140	327.5	72.387	
W	19	62.09	MI	Petra Hermans	Striktly Powerhouse	95	100	105	52.5	55	57.5	160	115	122.5	127.5	287.5	63.499	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	21	67.26	MI	Aysun Cakmak	Jordi Snijders Coaching	125	125	132.5	75	77.5	80	212.5	155	162.5	170	382.5	80.402	

76.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	17	75.83	MI	Renate Venema	Team Francke powerlifting	142.5	147.5	150.5	72.5	77.5	80	228	152.5	162.5	173	390.5	77.071	
W	24	70.63	MI	Julia Lanser	Sterrek Personal Training	95	105	110	55	60	65	170	95	105	112.5	282.5	57.786	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	79.64	MI	Marjolein Egtberts	Loods 37	80	90	92.5	35	42.5	45	135	105	117.5	122.5	257.5	49.707	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	92.84	MI	Mirjam Loerakker	Strength Valley	155	165	175	80	85	85	260	165	175	185	435	79.291	
W	11	88.35	MI	Tessa van der Leeuw	Striktly Powerhouse	110	115	120	45	50	52.5	165	120	127.5	135	300	55.601	
W	1	90.09	MI	Annemarie Druiven	Coco Michelle	57.5	65	70	37.5	42.5	42.5	107.5	87.5	100	107.5	207.5	38.199	

Referees (name and signature)

Head referee:

Left referee:

Right referee: