

Scoresheet Masters NK Powerlifen 2025 • Zaterdagmiddag (1/2)

Weert - 21 June 2025

74.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	3	73.58	MII	Kris Elzinga	Krachtsportclub Friesland	150	162.5	167.5	100	105	108	272.5	165	175	190	447.5	65.892	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	17	80.97	MII	Soekardy Sadjji	Algemeen Lid	160	172.5	176	112.5	117.5	121.5	294	202.5	212.5	216	496.5	69.597	
M	2	82.25	MII	Anne Bierma	Krachtsportclub Friesland	155	171	175	100	110	115	285	150	175	0	435	60.492	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	90.36	MIII	Wim Bevers	Sportcentrum TopFit	140	150	160	100	105	112.5	255	180	190	200	455	60.370	
M	8	87.11	MII	Fedde-Geert Kingma	Krachtsportclub Friesland	150	162.5	170	90	95	100	270	165	172.5	180	450	60.800	
M	11	87.41	MIII	Siemen de Haan	Hamstra PT	130	140	140	87.5	92.5	95	232.5	170	180	190	422.5	56.986	
M	6	91.93	MIII	Klaas Jansen	Krachtlab Powerlifting	127.5	137.5	145	82.5	87.5	90	235	145	155	160	395	51.967	
M	7	86.01	MIII	Han ter Heegde	Striktly Powerhouse	117.5	122.5	127.5	57.5	62.5	62.5	180	150	155	160	340	46.230	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	98.08	MII	Gerrit Groen	Power Workout Gym	185	195	200	135	142.5	142.5	342.5	205	230	240	582.5	74.270	
M	1	101.34	MII	Mario Alberto Duarte	Algemeen Lid	200	207.5	215	117.5	125	130	340	200	210	220	560	70.300	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	12	117.84	MII	Valentijn Hulshorst	Algemeen Lid	205	212.5	215	165	170	175	390	220	235	240	630	73.820	
M	21	118.32	MII	Wim Wamsteeker	Fortex Powerlifting	200	210	215	117.5	122.5	125	332.5	210	222.5	243	555	64.916	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	26	142.27	MII	Gerard Durinck	Legacy Gym	250	260	272.5	175	183	187.5	460	250	265	275.5	735.5	79.669	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Masters NK Powerlifen 2025 • Zaterdagmiddag (2/2)

Weert - 21 June 2025

74.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	71.71	MI	Mark Schreurs	Act Evolve Coaching	150	150	160	105	105	110	270	175	185	192.5	462.5	69.020	
M	27	72.34	MI	Sebastiaan Heeres	Thor Athletics Gym	137.5	145	150	100	105	107.5	257.5	175	185	192.5	450	66.848	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	24	82.14	MI	Raymond Bruynaers	Loods 37	220	232.5	245.5	137.5	142.5	147.5	388	250	262.5	282	650.5	90.522	
M	25	82.32	MI	Koen van der Sterren	Krachtlab Powerlifting	120	130	140	90	95	100	235	140	150	160	395	54.907	
M	10	80.81	MI	Bjørn Cramer	Beresterk	115	122.5	127.5	80	85	87.5	212.5	145	152.5	160	372.5	52.268	

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	28	85.24	MI	Michel Laugs	Loods 37	202.5	212.5	220	155	163.5	165.5	376	247.5	260	267.5	643.5	87.892	
M	15	91.42	MI	Job Zeijen	Fortex Powerlifting	225	237.5	242.5	127.5	135	137.5	372.5	250	270	287.5	642.5	84.760	
M	4	89.04	MI	Fred Niemeijer	Deliberate Strength	135	142.5	150	85	90	92.5	240	170	180	190	430	57.469	
M	19	87.35	MIV	Jan Smits	Sportcentrum TopFit	110	120	127.5	72.5	75	77.5	202.5	142.5	150	157.5	360	48.573	

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	104.30	MI	Robin de Bruijn	Eindhoven Gym B.V.	155	162.5	170	105	112.5	115	282.5	190	205	215	487.5	60.377	
M	18	95.73	MI	Arthur Roodenburg	Jordi Sniijders Coaching	190	200	205	95	95	0	200	0	0	0	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: