

Scoresheet Junioren NK Powerlifen 2025 • Zaterdagochtend: Plankier Rechts (1/2)

Stramproy - 10 May 2025

74.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	72.39	JUN	Charlie van der Zanden	Act Evolve Coaching	195	202.5	210	110	115	120	330	190	205	210	540	80.189	
M	2	71.79	JUN	Kevin Avdic	Powerbuild Coaching	192.5	200	207.5	87.5	95	100	302.5	200	220	230	532.5	79.420	
M	23	73.21	JUN	Fynn Fawzi	Epic gym	175	187.5	200	97.5	102.5	105	302.5	200	215	227.5	530	78.244	
M	7	71.35	JUN	Kadir Mansoor	Algemeen Lid	177.5	190	195	100	105	107.5	300	200	212.5	220	520	77.804	
M	3	72.61	JUN	Nout Mulder	Sportja	182.5	192.5	197.5	100	105	110	302.5	205	215	220	517.5	76.727	
M	28	73.92	JUN	Ingmar Visser	Algemeen Lid	145	155	162.5	100	105	105	267.5	235	250	255	517.5	76.017	
M	11	73.27	JUN	Jens Verheij	Deliberate Strength	165	175	182.5	115	120	127.5	310	190	205	217.5	515	75.998	
M	1	72.97	JUN	Bert Haze	Lucky Lifting	170	185	200	100	115	125	300	185	200	210	510	75.420	
M	9	73.67	JUN	Jonathan Cardona Ceballos	Krachtlab Powerlifting	165	177.5	182.5	102.5	107.5	112.5	295	190	202.5	212.5	507.5	74.679	
M	19	73.86	JUN	Marvin Snijder	Algemeen Lid	165	172.5	180	115	122.5	122.5	295	195	205	212.5	500	73.477	
M	27	73.95	JUN	Jeffrey Cuttress	Thor Athletics Gym	175	187.5	192.5	105	112.5	112.5	292.5	192.5	202.5	205	495	72.696	
M	22	71.34	JUN	Rohan Kadavath	SKVU Obelix	160	167.5	172.5	92.5	100	102.5	272.5	195	202.5	207.5	480	71.825	
M	25	70.33	JUN	Roel Riddersma	Scientific Old School Powerlifting	152.5	162.5	170	122.5	127.5	130	290	175	182.5	185	475	71.609	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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74.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	8	73.39	JUN	Lars Suppers	Deliberate Strength	215	225	232.5	142.5	147.5	152.5	385	225	237.5	247.5	632.5	93.257	
M	14	73.93	JUN	Kaan Bolat	Supreme Strength Coaching	215	220	230	120	127.5	135	357.5	247.5	262.5	277.5	620	91.067	
M	12	73.24	JUN	Roel de Jong	Powerbuild Coaching	215	222.5	230	137.5	145	147.5	367.5	225	240	252.5	607.5	89.666	
M	16	72.89	JUN	Ibrahim Yaqoob	Iron Enhancement Syndicate	175	205	215	135	142.5	142.5	347.5	225	237.5	240	587.5	86.931	
M	21	71.13	JUN	Terence Jacobs	Fortex Powerlifting	190	202.5	207.5	115	122.5	125	332.5	240	255	265	572.5	85.798	
M	4	73.22	JUN	Tom Laverman	NSKV Profectus	177.5	190	200	122.5	127.5	132.5	322.5	225	235	242.5	565	83.405	
M	6	73.51	JUN	Pieter Voorwinden	Epic gym	175	175	192.5	145	152.5	155	345	220	230	257.5	565	83.234	
M	15	73.08	JUN	Yannick Broos	SKVU Obelix	180	190	192.5	115	120	125	317.5	230	242.5	250	560	82.750	
M	26	72.09	JUN	Melvin Bruins	2to1 Coaching	185	197.5	205	117.5	117.5	122.5	322.5	200	215	220	537.5	79.991	
M	18	73.25	JUN	Floris van Soest	Algemeen Lid	180	185	195	115	122.5	127.5	307.5	210	222.5	230	537.5	79.329	
M	5	73.96	JUN	Stefan Hooglander	Sportja	185	195	200	110	115	115	305	215	225	230	530	77.831	
M	17	72.27	JUN	Kiril Hessels	Algemeen Lid	185	190	195	95	100	100	295	215	230	240	525	78.029	
M	20	73.52	JUN	Donovan Goodliff	Loods 37	170	182.5	185	107.5	112.5	112.5	290	225	235	240	525	77.336	

Referees (name and signature)

Head referee:

Left referee:

Right referee: