

Scoresheet Junioren NK Powerlifen 2025 • Zaterdagmiddag: Plankier Rechts (1/2)

Stramproy - 10 May 2025

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	91.61	JUN	Alain van Oudheusden	DSKV IJzersterk	225	240	250	130	140	150	400	255	270	282.5	682.5	89.945	
M	6	91.21	JUN	Wassim Bachtour	SKVU Obelix	210	220	227.5	140	147.5	152.5	367.5	220	232.5	245	612.5	80.893	
M	16	88.47	JUN	Lukas Ruijer	Strength Valley	200	215	225	125	135	140	360	225	240	250	610	81.785	
M	18	87.20	JUN	San van Deijzen	TeamMammoth	187.5	200	212.5	132.5	140	145	357.5	205	225	247.5	605	81.700	
M	12	92.13	JUN	Thije Veenstra	Team Francke powerlifting	197.5	207.5	210	127.5	132.5	137.5	347.5	225	240	252.5	600	78.854	
M	2	90.49	JUN	Alexander de Bekker	Blackout Barbell Coaching	210	215	227.5	100	107.5	112.5	340	210	232.5	250	590	78.226	
M	11	92.07	JUN	Vincent Klijn	Demonstrength	200	210	215	130	137.5	142.5	352.5	220	235	250	587.5	77.236	
M	21	89.54	JUN	Mathijs van Lier	Loods 37	170	187.5	200	140	150	155	350	210	230	250	580	77.302	
M	23	91.71	JUN	Sem Dooremalen	Untamed Strength	210	220	230	102.5	107.5	110	327.5	235	250	260	577.5	76.067	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Junioren NK Powerlifen 2025 • Zaterdagmiddag: Plankier Rechts (2/2)

Stramproy - 10 May 2025

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	117.04	JUN	Thomas Dielesen	Strength Point	257.5	270	280	180	187.5	190	470	285	305	320	790	92.847	
M	4	117.41	JUN	Jan Mooij	Bassies Halterclub	247.5	267.5	275	155	165	170	445	300	320	327.5	765	89.783	
M	9	118.86	JUN	Timo Bodynek	Team Francke powerlifting	275	293	308	150	155	160	463	275	292.5	302.5	755.5	88.191	
M	17	111.14	JUN	Maas Rothweiler	9 for 9 coaching	235	250	260	155	162.5	170	430	275	290	300	705	84.799	
M	22	113.30	JUN	Brython Pisarahu	9 for 9 coaching	250	265	270	155	160	0	405	265	285	300	690	82.276	
M	8	109.21	JUN	Guido Carucci	Bassies Halterclub	235	245	252.5	152.5	160	165	412.5	242.5	260	275	672.5	81.537	
M	20	117.85	JUN	Nigel van der Vlist	Powerbuild Coaching	215	225	232.5	170	172.5	180	395	230	250	270	665	77.919	
M	5	119.31	JUN	Thomas Verkooijen	Deliberate Strength	225	235	245	160	165	170	410	225	225	225	635	74.002	
M	15	115.07	JUN	Wesley Langendijk	2to1 Coaching	215	227.5	235	137.5	145	150	377.5	235	252.5	270	630	74.603	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	7	140.47	JUN	Abidin Yuksek	Algemeen Lid	270	285	294	200	207.5	214	508	280	303	310.5	818.5	89.105	
M	3	139.22	JUN	Luuk Miltenburg	Hybridcoaching	235	250	260	135	142.5	147.5	407.5	235	255	260	667.5	72.925	
M	19	131.75	JUN	Ouissam el Khamsi	Iron Enhancement Syndicate	210	232.5	245	137.5	145	160	390	275	295	295	665	74.296	

Referees (name and signature)

Head referee:

Left referee:

Right referee: