

Scoresheet Open NK Powerlifter 2025 • Zondagmiddag (1/2)

Tilburg - 9 November 2025

84.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	6	80.99	OPEN	Ramona Schuit	Supreme Strength Coaching	172.5	185	190	100	105	107.5	295	170	177.5	190	472.5	90.559	
W	18	82.72	OPEN	Marleen de Bondt	Demonstrength	155	162.5	167.5	87.5	95	97.5	262.5	182.5	190	200	462.5	87.876	
W	2	78.09	OPEN	Yvette van Benten	Supreme Strength Coaching	175	185	185	80	85	87.5	262.5	177.5	187.5	195	457.5	89.081	
W	19	83.65	OPEN	Merlijne Opstal	Strength Valley	152.5	157.5	162.5	75	80	82.5	242.5	180	192.5	200	435	82.284	
W	21	78.45	OPEN	Mette Heuvelink	AB coaching	135	145	150	67.5	72.5	72.5	217.5	155	165	0	382.5	74.325	
W	16	79.50	OPEN	Lapanda Mampikin (MII)	Sportcentrum TopFit	170	170	170	80	85	90	90	190	200	210	0	0.000	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	22	99.88	OPEN	Annedien Vermulm	Team Francke powerlifting	180	190	200	80	85	90	290	180	192.5	197.5	487.5	86.971	
W	10	101.67	OPEN	Larissa Harshagen	Fortex Powerlifting	175	185	185	107.5	112.5	112.5	292.5	175	187.5	195	487.5	86.563	
W	4	97.93	OPEN	Keren Constanza Mendez Garcia	Perfect Performance	177.5	185	190	82.5	87.5	87.5	267.5	170	180	190	447.5	80.272	
W	9	88.45	OPEN	Stefanie Brands	Push & Pull Fitness	157.5	157.5	165	90	95	97.5	260	185	195	195	445	82.442	
W	3	92.05	OPEN	Nikita Koningen	PowerUp Coaching	150	157.5	165	85	87.5	87.5	252.5	170	180	187.5	440	80.423	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Open NK Powerlifen 2025 • Zondagmiddag (2/2)

Tilburg - 9 November 2025

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	8	117.92	OPEN	Glenn Kofman	Strength Valley	300	315	320	200	210	212.5	525	305	322.5	330	855	100.155	
M	24	114.80	OPEN	Collin Yakwo	Strength For All	280	300	305	185	200	207.5	512.5	305	330	345	842.5	99.871	
M	26	118.36	OPEN	Bob van den Boogaard	FoxGym	305	331	333	155	165	172.5	505.5	300	325	337.5	830.5	97.125	
M	23	107.90	OPEN	Lex van Haaren	NKV Atlas	300	310	320	170	177.5	180	490	280	290	300	790	96.315	
M	12	117.66	OPEN	Jan Mooij (J)	Bassies Halterclub	255	275	282.5	157.5	170	170	440	300	325	335	775	90.872	
M	11	115.56	OPEN	Boudewijn Bark	Pjotrs Powertraining	277.5	287.5	292.5	165	170	172.5	457.5	285	305	310	762.5	90.122	
M	25	114.49	OPEN	Arjen Francke	Team Francke powerlifting	225	245	252.5	152.5	157.5	162.5	415	270	295	320	710	84.266	
M	17	117.08	OPEN	Mike Kolkman	Iron Enhancement Syndicate	245	260	260	155	165	170	430	275	290	290	705	82.845	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	169.54	OPEN	Sebastiaan Tempelaars	Sectie-C Powerlifen	325	350	360	215	225	230	585	280	300	315	885	89.882	
M	1	136.34	OPEN	Daniel Halaby	Sportcentrum TopFit	280	292.5	305	210	220	230	535	270	285	305	820	90.340	
M	20	143.50	OPEN	Vincent Baarslag	Team Francke powerlifting	250	265	265	165	172.5	175	440	325	359	0	799	86.256	
M	7	144.78	OPEN	Jordy van Muijen	Striktly Powerhouse	290	310	310	180	185	190	475	290	305	305	765	82.301	

Referees (name and signature)

Head referee:

Left referee:

Right referee: