

Scoresheet Open NK Bankdrukken 2025 • Zondag sessie #1 (1/4)

Eindhoven - 14 December 2025

52.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	3	51.59	OPEN	Zoë van Lokven	Untamed Strength	0			77.5	82.5	85	85	0			85	81.950	
W	49	50.76	OPEN	Jesse Lentjes	Fortex Powerlifting	0			75	80	82.5	82.5	0			82.5	80.744	
W	48	51.50	OPEN	Lene de Jong (J)	SKVU Mammoet	0			75	77.5	77.5	77.5	0			77.5	74.838	
W	37	51.78	OPEN	Shelika Leidelmeijer	Epic gym	0			72.5	77.5	80	77.5	0			77.5	74.471	

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	62.44	OPEN	Janneke Brauckman	Deliberate Strength	0			102.5	107.5	112.5	107.5	0			107.5	90.158	
W	24	62.06	OPEN	Natasja Martis (MII)	Perfect Performance	0			87.5	92.5	95	95	0			95	79.956	
W	2	62.00	OPEN	Ody de Greeff (J)	9 for 9 coaching	0			82.5	87.5	92.5	92.5	0			92.5	77.896	
W	44	61.00	OPEN	Nadja van 't Hoff	Coco Michelle	0			85	90	92.5	90	0			90	76.528	
W	16	62.06	OPEN	Sena Coskun (J)	9 for 9 coaching	0			85	85	90	90	0			90	75.748	
W	38	61.03	OPEN	Jolien Schippers	Push & Pull Fitness	0			80	85	90	85	0			85	72.255	
W	22	60.33	OPEN	Danielle Polderman	Lust for Sport	0			67.5	72.5	77.5	77.5	0			77.5	66.349	
W	15	60.36	OPEN	Lisa van Santen (J)	Strength Valley	0			72.5	77.5	80	77.5	0			77.5	66.329	
W	27	62.39	OPEN	Katinka van Baalen	Pjotrs Powertraining	0			70	75	77.5	75	0			75	62.930	
W	41	61.47	OPEN	Nina Smit	Coco Michelle	0			65	67.5	70	70	0			70	59.248	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Open NK Bankdrukken 2025 • Zondag sessie #1 (2/4)

Eindhoven - 14 December 2025

57.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	46	56.52	OPEN	Marije Westra (J)	Hamstra PT	0			100	107.5	111	111	0			111	99.322	
W	21	56.89	OPEN	Tessa Schaper	Jordi Snijders Coaching	0			72.5	75	77.5	77.5	0			77.5	69.018	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	66.65	OPEN	Marie-José van Daal	Deliberate Strength	0			115	121.5	123	121.5	0			121.5	98.450	
W	20	68.50	OPEN	Florence Peeters	Deliberate Strength	0			90	95	97.5	97.5	0			97.5	77.999	
W	28	67.28	OPEN	Chinsey Daams (J)	Strength Valley	0			85	90	95	95	0			95	76.631	
W	47	68.42	OPEN	Damaris Bredow (J)	Limitless Powerlifting	0			82.5	87.5	92.5	92.5	0			92.5	74.038	
W	12	65.67	OPEN	Lieke van Hofwegen	3 for 9	0			80	85	90	90	0			90	73.461	
W	23	66.53	OPEN	Inge Boer (J)	Untamed Strength	0			80	85	90	85	0			85	68.935	
W	10	67.45	OPEN	Lianne den Hertog	Legacy Gym	0			67.5	72.5	77.5	77.5	0			77.5	62.441	
W	40	64.16	OPEN	Renske de Groot (J)	Team Francke powerlifting	0			70	75	77.5	75	0			75	61.962	
W	34	68.26	OPEN	Danjella Siemonsma	GSKV Northside Barbell	0			67.5	70	75	75	0			75	60.094	
W	36	68.40	OPEN	Tess de Hart (S-J)	365strength	0			72.5	77.5	77.5	72.5	0			72.5	58.037	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Open NK Bankdrukken 2025 • Zondag sessie #1 (3/4)

Eindhoven - 14 December 2025

76.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	72.53	OPEN	Phylicia Keizer	Strength Valley	0			95	102.5	107.5	107.5	0			107.5	83.972	
W	18	74.82	OPEN	Symone Kooistra	Push & Pull Fitness	0			100	102.5	107.5	107.5	0			107.5	83.015	
W	33	71.48	OPEN	Katalin Lukacs (J)	Sectie-C Powerliften	0			92.5	100	107.5	100	0			100	78.562	
W	32	74.64	OPEN	Sharona Stuiver	Deliberate Strength	0			85	90	92.5	92.5	0			92.5	71.493	
W	45	73.47	OPEN	Zina Koning	Strength Valley	0			77.5	82.5	87.5	87.5	0			87.5	68.017	
W	31	73.60	OPEN	Eline Blok	Pure Strength	0			82.5	87.5	90	87.5	0			87.5	67.973	
W	5	75.64	OPEN	Michelle de Jong	Coco Michelle	0			80	82.5	85	85	0			85	65.392	
W	17	73.92	OPEN	Evelien Beltman (J)	TSKV Spartacus	0			82.5	87.5	87.5	82.5	0			82.5	63.987	
W	1	71.91	OPEN	Alexa Parastatidis (J)	NKV Atlas	0			67.5	75	80	75	0			75	58.781	
W	25	74.74	OPEN	Adele Carpenter	Supreme Strength Gym	0			67.5	70	75	70	0			70	54.077	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Open NK Bankdrukken 2025 • Zondag sessie #1 (4/4)

Eindhoven - 14 December 2025

84.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	42	82.77	OPEN	Ielja Strik (MII)	Perfect Performance	0			125	130	135	130	0			130	97.352	
W	30	76.40	OPEN	Frederique Ubachs (J)	Deliberate Strength	0			107.5	112.5	117.5	117.5	0			117.5	90.092	
W	4	82.64	OPEN	Marleen de Bondt	Demonstrength	0			87.5	95	100	100	0			100	74.917	
W	7	78.01	OPEN	Amber Rademaker	L.S.K.V. Fortius	0			82.5	90	95	95	0			95	72.353	
W	6	80.07	OPEN	Hester Oldengarm	Strength Valley	0			85	87.5	90	90	0			90	68.012	
W	26	81.69	OPEN	Kirsten Agricola	Untamed Strength	0			75	80	82.5	82.5	0			82.5	61.997	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	29	126.87	OPEN	Ivana Vogel	Sectie-C Powerliften	0			127.5	135	140	140	0			140	99.080	
W	14	93.14	OPEN	Debby van Bogaert (MI)	Perfect Performance	0			97.5	102.5	105	105	0			105	76.659	
W	50	90.13	OPEN	Floortje Leander	Deliberate Strength	0			95	100	102.5	102.5	0			102.5	75.290	
W	43	137.04	OPEN	Sterre van Krimpen	Sterrek Personal Training	0			95	102.5	102.5	102.5	0			102.5	72.325	
W	35	89.90	OPEN	Nikita Koningen	Iron House Co	0			82.5	87.5	90	90	0			90	66.141	
W	11	100.78	OPEN	Marielle Katouti-Linders (MII)	Demonstrength	0			75	82.5	85	85	0			85	61.320	

Referees (name and signature)

Head referee:

Left referee:

Right referee: