

Scoresheet Northside Barbell Winter Cup 2025 • Zaterdagmiddag (1/2)

Groningen - 22 February 2025

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	96.42	OPEN	Tristan Dikkers	GSKV Northside Barbell	157.5	170	180	105	110	115	295	200	212.5	225	520	66.847	
M	26	97.80	OPEN	Rolf Bettinger (MII)	Strength Valley	130	140	145	100	107.5	112.5	252.5	175	190	200	452.5	57.774	
M	1	97.32	OPEN	Nick Lindemulder	Deliberate Strength	145	152.5	160	87.5	92.5	95	255	172.5	182.5	190	445	56.950	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	32	114.36	OPEN	Siebren Marinus	GSKV Northside Barbell	255	270	277.5	160	170	175	452.5	270	287.5	300	752.5	89.355	
M	29	116.89	OPEN	Jan Mooij (J)	Bassies Halterclub	242.5	262.5	270	152.5	165	165	422.5	287.5	310	320	742.5	87.314	
M	16	113.35	OPEN	Niek de Gries	Lift Better	245	245	265	165	175	180	420	275	290	302.5	722.5	86.135	
M	8	113.17	OPEN	Steyn Slingschroder	Strength Valley	265	280	285	155	165	170	450	250	270	290	720	85.898	
M	28	119.20	OPEN	Luuk de Wit	Freriks Barbell club	220	235	235	140	147.5	152.5	387.5	275	292.5	302.5	680	79.278	
M	11	113.16	OPEN	Mohamed Inoubli	Fortex Powerlifting	205	215	225	140	145	152.5	370	250	265	275	635	75.760	
M	10	115.72	OPEN	Dennis Tigelaar	Strength Valley	200	200	215	140	150	167.5	365	240	255	275	620	73.234	
M	2	116.87	OPEN	Jamil Karchoud	GSKV Northside Barbell	200	210	220	135	142.5	145	362.5	215	227.5	227.5	577.5	67.916	
M	27	111.84	OPEN	Wessel Hansen	Lift Better	175	187.5	197.5	105	112.5	117.5	305	200	212.5	225	530	63.568	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Groningen - 22 February 2025

105.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	24	103.77	OPEN	Li Hu	Partner For Power	240	255	262.5	147.5	152.5	155	417.5	270	285	300	702.5	87.212	
M	19	104.56	OPEN	Marcus Luijk	Team Better Stronger	215	227.5	240	150	155	162.5	395	280	290	300	695	85.976	
M	25	103.28	OPEN	Gijs Danoe	9 for 9 coaching	210	210	225	145	152.5	160	377.5	270	285	300	677.5	84.295	
M	15	98.88	OPEN	Hessel Veltman	Beresterk	207.5	217.5	225	145	152.5	155	380	270	287.5	295	675	85.730	
M	18	104.09	OPEN	Karel Kodde	GSKV Northside Barbell	237.5	245	252.5	135	140	142.5	395	255	270	280	675	83.677	
M	9	103.51	OPEN	Kevin van den Ouden (J)	Supreme Strength Coaching	207.5	220	225	142.5	150	150	375	220	235	240	610	75.818	
M	7	103.34	OPEN	Jimme Huisman	GSKV Northside Barbell	250	260	265	150	160	160	420	180	0	0	600	74.632	
M	14	103.73	OPEN	Gerrit Groen (MII)	Power Workout Gym	175	190	205	125	135	142.5	347.5	205	225	240	587.5	72.948	
M	31	103.84	OPEN	Stijn Gierkink	K&C training	192.5	205	210	100	105	105	310	200	215	230	540	67.017	
M	17	97.36	OPEN	Joeri van Dijk	GSKV Northside Barbell	147.5	157.5	165	132.5	142.5	150	315	190	202.5	215	530	67.815	
M	30	95.64	OPEN	Guido Annema (J)	Strength Valley	155	170	180	92.5	100	105	280	200	215	220	495	63.883	
M	21	96.30	OPEN	Jelke Bootsma	Push & Pull Fitness	170	175	180	100	105	107.5	285	185	200	215	485	62.385	

Referees (name and signature)

Head referee:

Left referee:

Right referee: