

Scoresheet Lichtstad Cup 2025 • Zondagochtend: Plankier Midden (1/2)

Eindhoven - 29 November 2025

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	35	91.45	OPEN	Anwar Asraf	Pure Strength	182.5	192.5	200	122.5	127.5	130	330	235	247.5	260	590	77.822	
M	15	88.47	OPEN	Tom Brauers	Fortex Powerlifting	185	200	200	107.5	115	120	320	215	230	240	550	73.741	
M	20	90.02	OPEN	Rick Hendrikx	Loods 37	180	190	195	105	112.5	120	315	212.5	222.5	232.5	547.5	72.778	
M	30	88.85	OPEN	Lars Westerhof (J)	Hades Elite Strength	170	180	187.5	110	117.5	125	312.5	210	225	230	542.5	72.581	
M	18	92.80	OPEN	Bart Geluk (J)	Lucky Lifting	170	180	190	120	125	130	310	200	215	225	535	70.063	
M	14	92.13	OPEN	Bryan Embrechts	Pure Strength	182.5	192.5	200	100	107.5	112.5	312.5	207.5	220	225	532.5	69.983	
M	32	88.13	OPEN	Rik Aarts	Sportcentrum TopFit	175	185	192.5	105	110	112.5	305	200	212.5	225	530	71.195	
M	36	90.30	OPEN	Milan Daalhuisen	Adapt Powerlifting	182.5	192.5	200	130	135	140	322.5	190	205	220	527.5	70.012	
M	37	91.10	OPEN	Willem Reijnen (J)	Limitless Powerlifting	180	187.5	192.5	110	120	120	302.5	200	215	225	527.5	69.709	
M	26	90.30	OPEN	Reinout Spaans	L.S.K.V. Fortius	140	150	165	125	135	140	300	180	200	220	520	69.016	
M	39	91.60	OPEN	Marijn Stolk	Perfect Performance	180	187.5	200	117.5	125	130	312.5	190	202.5	205	515	67.874	
M	40	83.66	OPEN	Jesse Wilbers	Wu Dynasty	152.5	152.5	162.5	102.5	110	115	272.5	205	215	220	487.5	67.214	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	85.55	OPEN	Marciano Schildmeijer	Sportcentrum TopFit	185	200	210	135	142.5	150	350	225	240	250	600	81.802	
M	41	90.88	OPEN	Enrique Boven (J)	Untamed Strength	190	200	210	120	125	130	330	235	250	260	590	78.061	
M	29	92.40	OPEN	Rafal Spiewak (J)	Strength Point	195	205	210	147.5	155	160	360	220	230	245	590	77.429	
M	25	90.93	OPEN	Bram Davina (J)	Lift Better	207.5	207.5	220	115	122.5	127.5	342.5	220	237.5	237.5	580	76.717	
M	16	92.32	OPEN	Janco Voorluijs	Algemeen Lid	195	195	210	115	120	122.5	330	220	240	250	580	76.149	
M	28	85.19	OPEN	Rens van Lieshout (J)	Train & Gain	185	195	200	135	140	142.5	340	235	255	255	575	78.559	
M	21	92.01	OPEN	Rens Kerremans (J)	Iron Forge coaching	187.5	200	210	127.5	135	140	345	210	230	245	575	75.617	
M	24	90.22	OPEN	Mart Hodzelmans (J)	Krachtlab Powerlifting	185	197.5	207.5	110	115	120	312.5	235	250	260	572.5	76.018	
M	27	88.75	OPEN	Daan Gruijters	Eindhoven Gym B.V.	180	190	195	115	122.5	130	325	220	230	240	565	75.633	
M	19	91.67	OPEN	Vitalii Yevdachev (J)	Strength Valley	180	195	200	117.5	125	127.5	325	210	225	230	555	73.119	
M	34	91.67	OPEN	Brent Versteegen (J)	ASKV Kratos	175	175	185	125	125	135	300	210	225	235	510	67.190	
M	23	92.94	OPEN	Djamiel Saou (J)	Pure Strength	140	155	170	125	132.5	140	302.5	140	160	180	482.5	63.141	

Referees (name and signature)

Head referee:

Left referee:

Right referee: