

Scoresheet Ascending Cup One • Zondagochtend (1/2)

Rotterdam - 14 September 2025

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	90.29	OPEN	Manuel Apalmo	Deliberate Strength	175	185	195	135	142.5	150	337.5	215	227.5	237.5	575	76.321	
M	6	92.29	OPEN	Bjorn Neijenhuis	GOAT Culture	195	210	220	137.5	142.5	147.5	352.5	220	235	247.5	572.5	75.176	
M	25	92.33	OPEN	Loek Haers	NSKV Art of Power	160	175	185	130	135	135	320	200	210	222.5	542.5	71.222	
M	23	86.07	OPEN	Franklyn Heijmans (J)	Algemeen Lid	170	175	185	115	122.5	130	307.5	210	225	230	532.5	72.379	
M	8	89.11	OPEN	Dirk Heijmans (J)	Algemeen Lid	175	187.5	187.5	135	140	140	310	200	215	227.5	525	70.138	
M	4	90.31	OPEN	Bartosz Ilejko (J)	GSKV Northside Barbell	172.5	185	195	97.5	105	110	305	200	215	0	520	69.013	
M	12	92.07	JUN	Wouter Mastenbroek	LSKV Fortius	170	170	180	120	125	127.5	305	200	207.5	215	520	68.362	
M	18	91.93	OPEN	Bryan Embrechts	Pure Strength	167.5	177.5	185	97.5	102.5	107.5	292.5	190	200	210	502.5	66.110	
M	19	91.90	OPEN	Boy Nesselaar (J)	GOAT Culture	172.5	172.5	172.5	97.5	105	107.5	280	185	195	207.5	487.5	64.147	
M	15	92.47	OPEN	Milan Tomic (S-J)	2to1 Coaching	145	155	162.5	95	102.5	110	265	160	172.5	180	437.5	57.394	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Ascending Cup One • Zondagochtend (2/2)

Rotterdam - 14 September 2025

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	16	91.68	OPEN	Olivier Tijhuis	Adapt Powerlifting	235	247.5	255	162.5	170	175	430	275	295	305	725	95.511	
M	28	92.81	OPEN	Roelf Bouwmeester	Algemeen Lid	230	245	250	150	160	160	395	290	310	330	705	92.321	
M	11	90.11	OPEN	Jaouad Ouazil (J)	FoxGym	240	255	265	135	140	145	410	242.5	255	282.5	692.5	92.007	
M	1	92.86	OPEN	Casper Vaes	Loods 37	247.5	260	265	147.5	152.5	157.5	422.5	257.5	270	277.5	692.5	90.660	
M	17	92.61	OPEN	Luka Pshybysh (J)	Sportcentrum TopFit	220	230	240	120	130	140	370	240	260	270	640	83.898	
M	10	91.42	OPEN	Stijn Beurskens (J)	Deliberate Strength	210	220	230	125	130	135	365	240	255	265	630	83.111	
M	9	89.24	OPEN	Jia Xing Lin	L.S.K.V. Fortius	180	210	225	140	147.5	152.5	377.5	240	240	275	617.5	82.436	
M	3	86.04	OPEN	Stan Kuipers (J)	Hades Elite Strength	205	220	232.5	115	125	135	357.5	212.5	227.5	237.5	595	80.888	
M	5	88.90	OPEN	Stijn Schoonhoff	Deliberate Strength	177.5	190	200	125	132.5	140	340	210	225	240	580	77.576	
M	7	86.99	OPEN	Jeremy van Gorp	Algemeen Lid	180	187.5	192.5	167.5	167.5	167.5	192.5	230	235	240	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: