

Scoresheet Ascending Cup One • Zondagmiddag (1/2)

Rotterdam - 14 September 2025

59.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	58.66	OPEN	Ivar van der Spoel	L.S.K.V. Fortius	130	137.5	142.5	90	95	100	232.5	155	175	192.5	407.5	67.639	

74.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	73.92	OPEN	Di Ke Wu	Pure Strength	200	215	225	145	150	155	380	225	240	0	620	91.073	
M	28	73.38	OPEN	Luuk Dercksen (J)	Hybridcoaching	180	195	195	122.5	127.5	130	322.5	215	230	242.5	565	83.311	
M	14	72.63	OPEN	Indy Verhulsdonck	FoxGym	195	210	220	115	120	122.5	330	207.5	227.5	232.5	537.5	79.681	
M	5	73.88	OPEN	Rinus Borgers	Sectie-C Powerlifter	155	165	165	100	105	105	270	200	215	225	495	72.732	
M	7	69.98	OPEN	Ruben Schormans (J)	Powerbuild Coaching	130	140	150	105	110	112.5	262.5	182.5	197.5	212.5	475	71.796	
M	6	69.08	OPEN	Roel Riddersma (J)	Scientific Old School Powerlifting	147.5	157.5	162.5	117.5	122.5	125	285	170	177.5	185	470	71.525	
M	3	71.20	OPEN	Mika van Keijzerswaard (J)	Untamed Strength	150	155	160	102.5	107.5	112.5	267.5	160	167.5	175	435	65.158	
M	26	73.91	OPEN	Sam Bijkerk (J)	Powerbuild Coaching	117.5	125	132.5	77.5	85	90	222.5	145	160	175	397.5	58.394	
M	12	69.60	OPEN	Burak Aktan	Perfect Performance	120	125	132.5	77.5	82.5	85	210	145	152.5	157.5	367.5	55.706	

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	9	79.30	OPEN	Elias Siepman (J)	2to1 Coaching	135	145	152.5	95	100	100	252.5	145	160	175	427.5	60.564	
M	17	79.57	OPEN	Milan Elmers (S-J)	Striktly Powerhouse	130	130	132.5	95	102.5	107.5	235	170	190	210	425	60.106	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Rotterdam - 14 September 2025

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	21	81.85	OPEN	Leroy Sinay	Supreme Strength Coaching	210	225	230	147.5	157.5	162.5	387.5	245	260	260	632.5	88.175	
M	2	81.85	OPEN	Minh Vinh Anh Le (J)	Wu Dynasty	220	230	237.5	130	137.5	137.5	360	230	240	250	610	85.038	
M	24	80.45	OPEN	Kennedy Rocha	Algemeen Lid	190	200	210	130	140	150	350	210	217.5	230	580	81.568	
M	16	80.52	OPEN	Luuk Janssen	Loods 37	195	207.5	220	115	120	125	345	207.5	220	232.5	577.5	81.181	
M	8	82.24	OPEN	Matthew Heemskerk (J)	Deliberate Strength	195	200	207.5	117.5	125	127.5	332.5	217.5	230	250	562.5	78.228	
M	11	81.64	OPEN	Tsisnah Bemelmans (J)	Optimal performance	182.5	192.5	200	117.5	125	130	330	215	230	240	560	78.170	
M	27	81.85	OPEN	Sheng Lin (J)	Wu Dynasty	190	200	200	117.5	122.5	127.5	327.5	217.5	232.5	255	560	78.068	
M	15	82.49	OPEN	Sion Berendsen (J)	GOAT Culture	182.5	192.5	202.5	120	125	127.5	322.5	215	227.5	227.5	550	76.372	
M	18	82.11	OPEN	Bobby Wong	Perfect Performance	200	210	212.5	97.5	102.5	102.5	310	210	222.5	230	540	75.159	
M	25	80.99	OPEN	Casper Bielawski	GSKV Northside Barbell	185	195	205	110	115	117.5	310	195	210	215	520	72.882	
M	1	82.02	OPEN	Roan Jesse Adema (J)	GSKV Northside Barbell	175	185	187.5	100	105	105	285	175	190	205	475	66.149	
M	20	79.66	OPEN	Belmin Djuheric	GOAT Culture	145	152.5	152.5	112.5	117.5	120	270	175	190	200	460	65.018	
M	19	81.55	OPEN	Luc Remeus (S-J)	Algemeen Lid	120	130	145	105	112.5	120	250	160	190	200	450	62.850	

Referees (name and signature)

Head referee:

Left referee:

Right referee: