

Scoresheet Ascending Cup One • Zaterdagmiddag (1/2)

Rotterdam - 13 September 2025

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	67.39	OPEN	Lisa van Kempen	FoxGym	130	135	145	55	60	65	210	150	162.5	170	380	79.787	
W	15	66.65	OPEN	Aysun Cakmak (MI)	Jordi Snijders Coaching	127.5	135	140	75	77.5	77.5	215	150	160	167.5	375	79.246	
W	18	68.01	OPEN	Eloena Heijerman	Algemeen Lid	120	130	132.5	75	80	82.5	212.5	140	155	162.5	375	78.325	
W	4	64.91	OPEN	Kim Degenhardt (J)	Powerbuild Coaching	122.5	130	135	72.5	75	77.5	212.5	130	140	145	357.5	76.760	
W	21	67.93	OPEN	Sam van Brunschot	Van Nistelrooij powerlifting	120	125	130	55	60	65	190	145	155	170	345	72.107	
W	5	67.53	OPEN	Vivian Boon	XclusiveCoaching	117.5	117.5	125	57.5	60	60	185	140	150	155	340	71.303	
W	6	66.43	OPEN	Mare Nieuwlands	Wu Dynasty	110	117.5	122.5	60	62.5	65	180	130	142.5	152.5	332.5	70.402	
W	9	68.85	OPEN	Maud Hartig	Wu Dynasty	120	127.5	135	50	55	60	187.5	112.5	130	135	317.5	65.857	
W	17	66.09	OPEN	Sylvia Deemter (MII)	No Excuses Hilversum	80	80	82.5	40	42.5	45	125	105	110	115	235	49.910	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Ascending Cup One • Zaterdagmiddag (2/2)

Rotterdam - 13 September 2025

66.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	16	62.69	OPEN	Joran Choo (J)	Sportcentrum TopFit	140	152.5	162.5	97.5	105	110	272.5	165	180	190	462.5	74.092	
M	22	63.29	OPEN	Mick Cheng	GSKV Northside Barbell	130	137.5	145	92.5	97.5	105	250	150	160	170	420	66.944	
M	7	64.86	OPEN	Feije Ferkranus (J)	Algemeen Lid	130	140	145	95	105	107.5	250	160	170	170	420	66.078	
M	1	61.15	OPEN	Geert Jan Nijborg (S-J)	Powerbuild Coaching	107.5	117.5	125	65	70	72.5	197.5	132.5	145	160	357.5	58.035	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	108.93	OPEN	Lex van Haaren	NKV Atlas	300	310	0	170	177.5	0	487.5	280	290	0	767.5	93.165	
M	2	117.66	OPEN	Timo Bodynek (J)	Team Francke powerlifting	270	290	310	145	152.5	160	442.5	260	0	0	702.5	82.371	
M	12	108.71	OPEN	Davy Kagenaar	Ironsides Coaching	190	202.5	207.5	140	145	150	357.5	242.5	255	265	622.5	75.634	
M	20	116.80	OPEN	Yanis Bana	Deliberate Strength	175	190	200	135	145	150	350	190	205	225	575	67.640	
M	10	113.52	OPEN	Eddy Wibier (S-J)	Powerbuild Coaching	145	155	165	107.5	112.5	117.5	277.5	200	212.5	225	502.5	59.866	
M	8	117.18	OPEN	Tim Kraakman	XclusiveCoaching	150	160	170	95	100	105	270	175	190	200	470	55.209	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	3	138.28	OPEN	Daniel Halaby	Sportcentrum TopFit	265	280	295	212.5	225	230	520	260	270	300	790	86.542	

Referees (name and signature)

Head referee:

Left referee:

Right referee: