

Scoresheet Ascending Cup One • Zaterdagavond (1/2)

Rotterdam - 13 September 2025

47.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	46.66	OPEN	Chiara Cotogni (MI)	Perfect Performance	65	70	72.5	40	42.5	45	115	90	97.5	100	215	60.031	

57.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	27	56.49	OPEN	Cara Wenn	Team Francke powerlifting	130	137.5	145	80	85	85	225	147.5	157.5	162.5	382.5	90.332	
W	5	55.65	OPEN	Sophie Meijer	WorkBodyFit	95	100	102.5	55	57.5	60	157.5	140	150	155	312.5	74.655	

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	24	59.85	OPEN	Bente Bakker	No Excuses Hilversum	125	132.5	137.5	62.5	67.5	70	207.5	140	150	155	362.5	82.082	
W	7	62.41	OPEN	Romy Sanders	Strength Point	125	132.5	140	67.5	72.5	75	215	122.5	130	135	350	77.043	
W	22	62.28	OPEN	Nelleke van Staveren	AB coaching	107.5	115	120	65	70	70	190	137.5	147.5	155	345	76.046	
W	3	61.27	OPEN	Erzsébet Jennifer Kovacs	No Excuses Hilversum	115	120	125	62.5	65	67.5	190	140	147.5	152.5	342.5	76.319	
W	2	62.62	OPEN	Ody de Greeff (J)	9 for 9 coaching	105	112.5	120	75	77.5	80	200	115	127.5	137.5	337.5	74.129	
W	26	60.96	OPEN	Maryse Visser (J)	Untamed Strength	97.5	105	110	65	67.5	70	172.5	112.5	120	125	297.5	66.519	
W	20	61.86	OPEN	Nova Kuipers (J)	Hades Elite Strength	90	97.5	102.5	45	50	55	157.5	115	125	130	287.5	63.655	
W	18	57.46	OPEN	Marie Pullerits	Algemeen Lid	75	75	82.5	45	50	52.5	125	110	120	127.5	245	57.125	
W	17	57.58	OPEN	Amber Chikhoer (S-J)	Sectie-C Powerliften	75	80	85	30	32.5	35	120	82.5	87.5	90	207.5	48.307	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Ascending Cup One • Zaterdagavond (2/2)

Rotterdam - 13 September 2025

76.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	25	72.55	OPEN	Esther De Roode (J)	Optimal performance	105	115	117.5	60	65	70	187.5	145	160	167.5	347.5	70.092	
W	23	70.64	OPEN	Denise Rijs (J)	Sterk van Start	107.5	115	120	70	72.5	72.5	185	127.5	137.5	137.5	312.5	63.918	
W	8	73.45	OPEN	Celine Brochard	Perfect Performance	100	105	110	57.5	62.5	67.5	172.5	115	122.5	127.5	300	60.135	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	82.82	OPEN	Marleen de Bondt	Demonstrength	152.5	160	162.5	87.5	92.5	95	255	177.5	190	195	450	85.460	
W	15	82.04	OPEN	Linda Suna	Supreme Strength Coaching	140	150	157.5	77.5	82.5	85	232.5	162.5	177.5	187.5	420	80.069	
W	14	82.90	OPEN	Tessa Krol	ESKV Odin	112.5	120	125	57.5	62.5	65	187.5	117.5	127.5	135	322.5	61.222	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	136.33	OPEN	Vera Kleinsmit	Thor Athletics Gym	160	170	170	67.5	72.5	72.5	232.5	190	202.5	202.5	422.5	71.136	
W	10	90.23	OPEN	Selin Sarikaya	JvM coaching	120	125	130	65	67.5	67.5	190	137.5	145	145	335	61.638	
W	19	91.94	OPEN	Sylvana van Immerzeel	Algemeen Lid	100	107.5	115	50	52.5	55	170	140	150	160	320	58.512	
W	16	109.97	OPEN	Kim Harsta-Wierenga	Algemeen Lid	70	82.5	90	45	52.5	52.5	127.5	90	100	110	237.5	41.397	

Referees (name and signature)

Head referee:

Left referee:

Right referee: