

Scoresheet Beginnerswedstrijd Prime Strength - Herfst editie • Zondagochtend (1/2)

Eindhoven - 23 November 2025

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	7	88.20	BEG	Ruben Jonges	Lifting Limits	140	145	152.5	115	120	125	277.5	167.5	180	190	467.5	62.775	
M	11	90.60	BEG	Bjarne Soek	Sterrek Personal Training	145	160	160	97.5	102.5	105	262.5	180	192.5	197.5	460	60.954	
M	12	85.20	BEG	Richard Lambert	Algemeen Lid	140	145	147.5	90	97.5	102.5	250	190	200	205	455	62.160	
M	5	89.40	BEG	Luc Dings	Team Francke powerlifting	130	145	150	100	107.5	110	240	175	190	200	440	58.688	
M	19	83.70	BEG	Tony de Kleijn	Lifting Limits	110	122.5	130	70	75	80	210	170	180	190	400	55.136	
M	1	90.20	BEG	Khaled Ahmed	De KrachtStudio	130	140	147.5	90	95	100	242.5	137.5	150	157.5	400	53.119	

120.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	115.30	BEG	Tristan Mestanza	Iron Enhanced Syndicate	175	190	195	115	120	125	315	200	220	225	540	63.888	
M	3	115.60	BEG	Arash Khodadadi Ahari	Iron Enhanced Syndicate	180	200	215	100	112.5	115	330	180	200	210	540	63.815	
M	16	114.90	BEG	Redwan el Marzouki	Algemeen Lid	170	182.5	195	95	107.5	117.5	300	205	220	240	520	61.617	
M	2	114.30	BEG	Gabriel Karpinsky	ESKV Odin	160	172.5	182.5	87.5	92.5	97.5	265	170	185	200	465	55.229	
M	17	111.90	BEG	Oliwier Ciszewski	Algemeen Lid	175	175	175	130	137.5	145	137.5	180	190	205	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Eindhoven - 23 November 2025

93.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	92.90	BEG	Beau Tom Johannes	Algemeen Lid	197.5	207.5	215	145	152.5	160	375	207.5	222.5	235	610	79.843	
M	6	90.90	BEG	Roger de Veth	Strength Valley	185	200	215	137.5	145	152.5	352.5	190	210	225	577.5	76.399	
M	8	91.50	BEG	Sam Ceyssens	M.S.K.V. Olympia	185	185	200	120	127.5	132.5	317.5	230	247.5	247.5	565	74.504	
M	4	88.30	BEG	Robert Jan van der Made	Hybridcoaching	155	165	175	105	112.5	120	295	220	230	240	535	71.798	
M	22	87.00	BEG	Igors Matvejevs	ESKV Odin	155	165	165	115	125	135	290	210	230	237.5	527.5	71.316	
M	10	92.50	BEG	Yardan Vaes	Deliberate Strength	175	185	190	102.5	107.5	110	300	210	222.5	227.5	527.5	69.190	
M	18	92.70	BEG	Fabio Scaramelli	Vondelgym Oost	160	167.5	172.5	120	130	135	302.5	190	200	210	512.5	67.152	
M	9	91.60	BEG	Julian Klaassen	ESKV Odin	160	170	175	105	112.5	117.5	287.5	182.5	197.5	212.5	485	63.921	
M	15	91.80	BEG	Wessel van den Bosch	Algemeen Lid	150	160	162.5	110	115	117.5	280	177.5	192.5	200	480	63.194	

Referees (name and signature)

Head referee:

Left referee:

Right referee: