

Scoresheet Beginnerswedstrijd Prime Strength - Herfst editie • Zaterdagochtend (1/2)

Eindhoven - 22 November 2025

52.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	16	50.80	BEG	Carolina Scheuch	Simplystrength	90	95	100	45	52.5	55	147.5	100	107.5	112.5	260	67.003	
W	19	49.10	BEG	Sophie Kieboom	Algemeen Lid	90	92.5	97.5	40	45	47.5	145	100	105	107.5	252.5	67.115	

57.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	21	54.90	BEG	Beau Demmers	Fortex Powerlifting	95	102.5	110	55	60	60	170	107.5	115	120	290	70.022	
W	7	56.30	BEG	Ellen Frissen	Algemeen Lid	92.5	97.5	100	45	47.5	50	150	110	115	117.5	267.5	63.336	
W	24	55.90	BEG	Yade Beeftink	Algemeen Lid	80	85	90	40	42.5	47.5	127.5	87.5	95	102.5	230	54.756	
W	10	55.20	BEG	Yvonne Feddema	Algemeen Lid	72.5	77.5	82.5	37.5	42.5	45	127.5	85	90	100	227.5	54.695	
W	25	52.50	BEG	Emma Camille Vignoli	ESKV Odin	60	67.5	72.5	40	42.5	45	115	87.5	97.5	102.5	217.5	54.475	

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	61.30	BEG	Teunie Praamstra	Algemeen Lid	95	100	105	55	60	65	160	110	115	117.5	277.5	61.815	
W	1	62.10	BEG	Wissal Abbou	Algemeen Lid	95	105	110	55	55	60	150	110	115	120	270	59.628	
W	12	60.30	BEG	Angelica Falkeling	Algemeen Lid	82.5	90	97.5	55	60	62.5	145	100	110	117.5	262.5	59.131	
W	8	61.90	BEG	Yu Jiang	ESKV Odin	80	90	95	40	42.5	45	137.5	112.5	120	125	262.5	58.095	
W	26	61.90	BEG	Annick de Vries	Algemeen Lid	77.5	85	90	45	47.5	50	125	95	100	107.5	232.5	51.455	
W	14	59.80	BEG	Lieke Weerdenburg	L.S.K.V. Fortius	75	80	87.5	37.5	40	42.5	122.5	82.5	90	97.5	220	49.845	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Eindhoven - 22 November 2025

105.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	6	103.50	BEG	Jules Kuijpers	Team Francke powerlifting	210	225	240	140	145	147.5	385	255	265	275	650	80.792	
M	3	99.00	BEG	Jan Sadowski	ASKV Kratos	187.5	197.5	205	125	130	135	340	215	232.5	250	590	74.892	
M	17	102.90	BEG	Jayden Langezaal	Algemeen Lid	190	200	210	127.5	132.5	137.5	342.5	225	235	247.5	590	73.535	
M	11	96.30	BEG	Jamie Fiere	Algemeen Lid	160	170	180	120	130	140	320	220	230	240	560	72.032	
M	9	98.20	BEG	Pascal Stallenberg	Maison Sportif	190	190	190	140	150	160	340	205	215	225	555	70.723	
M	5	97.00	BEG	Stan van Graven	Algemeen Lid	130	130	150	110	110	110	260	200	220	232.5	480	61.527	
M	22	103.00	BEG	Sem van de Pol	Algemeen Lid	110	115	130	110	117.5	117.5	247.5	165	177.5	185	432.5	53.880	
M	20	99.40	BEG	Dick-Jan Reuten	Algemeen Lid	130	132.5	145	112.5	117.5	122.5	267.5	25	100	100	367.5	46.559	
M	2	103.90	BEG	Mark van Straten	Algemeen Lid	135	137.5	137.5	125	127.5	127.5	137.5	180	190	200	0	0.000	

120.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	123.80	BEG	Yagiz Temur	Limitless Powerlifting	160	160	175	135	142.5	145	305	195	210	220	515	59.065	
M	4	123.00	BEG	Lorinc Szilagyi	Algemeen Lid	162.5	172.5	182.5	115	122.5	125	307.5	162.5	177.5	192.5	500	57.505	

Referees (name and signature)

Head referee:

Left referee:

Right referee: