

Scoresheet Beginnerswedstrijd Prime Strength - Herfst editie • Zaterdagmiddag (1/2)

Eindhoven - 22 November 2025

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	64.60	BEG	Fleur Bergman	Algemeen Lid	95	100	100	52.5	57.5	62.5	162.5	125	135	140	302.5	65.142	
W	17	67.50	BEG	Skye Bien	ASKV Kratos	87.5	95	100	55	60	62.5	160	115	125	135	295	61.882	
W	23	67.50	BEG	Nicole Plender	UPLIFTING	60	67.5	70	77.5	82.5	85	152.5	105	110	112.5	265	55.589	
W	19	65.80	BEG	Tess Geerts	ESKV Odin	75	80	85	45	50	52.5	135	95	105	110	245	52.171	
W	11	67.60	BEG	Melaney van de Berkt	GOAT Culture	70	75	80	40	42.5	45	125	87.5	92.5	95	220	46.110	

66.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	28	63.20	BEG	Ivan Boomkens	Algemeen Lid	95	95	107.5	75	85	85	182.5	160	170	177.5	360	57.424	
M	5	62.80	BEG	Jan Bednarczyk	Algemeen Lid	85	95	105	65	75	77.5	180	90	105	120	300	48.015	
M	25	64.40	BEG	Nicolay Sebastiaan Malestein	Algemeen Lid	85	92.5	100	55	60	62.5	155	110	117.5	130	285	45.008	
M	3	60.60	BEG	Marshall Kervezee	SKVU Mammoet	45	50	60	35	40	42.5	100	65	75	85	175	28.546	
M	24	65.20	BEG	Semih Polat	Algemeen Lid	130	140	160	90	100	100	160	160	180	200	0	0.000	

74.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	70.20	BEG	Kevin Schalkwijk	Algemeen Lid	150	150	165	95	102.5	105	270	160	172.5	185	455	68.660	
M	2	70.90	BEG	Mees Spithost	Algemeen Lid	140	145	150	90	100	105	250	170	180	180	420	63.050	
M	18	73.70	BEG	Mike Wick	Fortex Powerlifting	115	127.5	135	85	95	102.5	222.5	165	180	190	412.5	60.687	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	27	82.00	BEG	Job Blokhuis	De KrachtStudio	185	195	202.5	127.5	135	137.5	337.5	230	247.5	262.5	585	81.478	
M	21	78.20	BEG	Aron Quartel	Algemeen Lid	160	170	180	120	130	137.5	317.5	210	230	255	547.5	78.122	
M	8	81.80	BEG	Noah Lensink	Algemeen Lid	190	200	200	140	145	150	340	170	175	190	515	71.817	
M	20	79.60	BEG	Wessel Janssen	Fortex Powerlifting	160	180	190	80	95	105	295	185	205	215	510	72.113	
M	22	80.90	BEG	Joris Kool	Limitless Powerlifting	170	180	187.5	112.5	115	117.5	297.5	175	187.5	202.5	500	70.118	
M	1	81.30	BEG	Thijs Groot	Algemeen Lid	160	170	170	107.5	115	117.5	287.5	167.5	170	190	477.5	66.795	
M	9	77.60	BEG	Tom Hogenkamp	Algemeen Lid	145	152.5	157.5	102.5	107.5	110	262.5	180	192.5	200	462.5	66.255	
M	7	80.50	BEG	Coen Hoyng	Team Francke powerlifting	135	150	160	100	107.5	110	267.5	150	165	172.5	440	61.860	
M	6	82.30	BEG	Twan van der Spek	Striktly Powerhouse	155	160	165	85	95	100	265	157.5	170	175	440	61.169	
M	29	79.70	BEG	Daan Sikam	Algemeen Lid	130	140	150	92.5	105	110	255	150	170	180	435	61.469	
M	10	76.80	BEG	Veselin Donchev Dimov	Algemeen Lid	140	140	160	95	100	105	245	160	175	185	430	61.928	
M	12	75.10	BEG	Merlijn Schmeits	Algemeen Lid	110	120	125	95	100	102.5	225	150	160	160	375	54.635	
M	16	78.60	BEG	Koen Verhagen	ESKV Odin	60	65	70	50	55	57.5	127.5	150	160	165	287.5	40.916	
M	26	76.80	BEG	Thom van den Boogaart	Algemeen Lid	115	115	135	75	85	90	220	165	175	180	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: