

Scoresheet Beginnerswedstrijd Speijers Sports • Zondagochtend (1/2)

Beuningen - 21 September 2025

63.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	16	59.76	BEG	Iris Dagci	Beginner	110	120	120	60	60	62.5	172.5	125	135	142.5	315	71.402	
W	14	61.93	BEG	Amy Eshuis	Beginner	70	77.5	82.5	45	50	55	132.5	95	105	115	247.5	54.757	

69.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	63.06	BEG	Michelle van Leeuwen	Beginner	72.5	77.5	85	37.5	42.5	42.5	122.5	85	90	95	217.5	47.556	

76.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	75.21	BEG	Emma van de Poll	Beginner	100	110	122.5	70	75	75	197.5	120	132.5	142.5	340	67.367	
W	19	69.85	BEG	Dagmar Pluijm	Beginner	90	97.5	105	55	57.5	60	165	110	125	135	300	61.735	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	17	77.70	BEG	Iteke Schilstra	Beginner	92.5	100	105	47.5	52.5	57.5	157.5	102.5	112.5	120	277.5	54.155	

84.0+ kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	85.26	BEG	Romana Vrolijk	Beginner	120	127.5	132.5	65	70	70	185	135	140	145	330	61.964	
W	4	88.85	BEG	Thess de Lange	Beginner	92.5	100	107.5	52.5	55	57.5	157.5	110	117.5	120	277.5	51.329	
W	5	91.42	BEG	Sifra Opstal	Beginner	77.5	85	90	60	65	65	150	105	112.5	120	270	49.461	
W	15	86.97	BEG	Bianca Kuijpers	Beginner	90	90	90	52.5	55	57.5	147.5	80	90	100	247.5	46.131	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Beginnerswedstrijd Speijers Sports • Zondagochtend (2/2)

Beuningen - 21 September 2025

83.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	81.50	BEG	Gabriele Mura	Beginner	170	185	195	115	120	120	300	220	240	240	520	72.650	
M	11	81.21	BEG	Rein Saris	Beginner	175	190	200	105	112.5	120	302.5	185	205	217.5	507.5	71.032	
M	3	82.87	BEG	Rowdy Aartsen	Beginner	150	160	165	120	125	127.5	290	180	190	205	495	68.575	
M	7	81.26	BEG	Michiel Boiten	Beginner	175	185	185	115	120	127.5	295	180	190	200	485	67.861	
M	21	82.76	BEG	Rik Krans	Beginner	162.5	172.5	177.5	102.5	107.5	112.5	285	180	190	200	475	65.849	
M	6	82.95	BEG	Piotr Sadowski	Beginner	130	130	130	115	115	120	250	140	150	160	410	56.772	
M	2	80.70	BEG	Kylian van de Ven	Beginner	125	132.5	137.5	70	75	75	212.5	160	170	180	392.5	55.112	
M	10	78.35	BEG	Wouter Scholte	Beginner	125	132.5	137.5	75	82.5	82.5	212.5	155	162.5	165	375	53.456	
M	12	81.88	BEG	Joey Broekhof	Beginner	107.5	112.5	120	60	65	70	190	142.5	150	155	345	48.086	

Referees (name and signature)

Head referee:

Left referee:

Right referee: