

Scoresheet Beginnerswedstrijd Prime Strength • Zaterdagmiddag (1/2)

Eindhoven - 1 February 2025

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	26	56.20	BEG	Mariam Mirzojan	Beginner	85	87.5	90	52.5	55	60	150	105	110	112.5	262.5	62.237	
W	20	52.90	BEG	Silvia Hartong	Beginner	57.5	65	70	32.5	37.5	40	107.5	75	82.5	90	190	47.284	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	59.80	BEG	Shaydon van der Zeeuw	Beginner	95	97.5	102.5	55	60	62.5	165	105	112.5	120	285	64.571	
W	3	62.60	BEG	Delaja Bredow	Beginner	92.5	92.5	105	52.5	57.5	57.5	145	105	115	125	260	57.119	
W	25	57.90	BEG	Laetitia Jongbloed	Beginner	80	85	90	40	42.5	45	135	95	102.5	110	245	56.805	
W	4	61.10	BEG	Mare Stevens	Beginner	60	65	65	47.5	50	52.5	117.5	92.5	100	102.5	220	49.114	
W	17	59.30	BEG	Maria Barascu	Beginner	62.5	62.5	70	30	32.5	37.5	100	87.5	95	102.5	202.5	46.151	

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	16	75.30	BEG	Sterre Bijlsma	Beginner	110	120	130	67.5	72.5	77.5	202.5	155	172.5	175	375	74.259	
W	5	73.60	BEG	Eline Oomen	Beginner	85	92.5	100	45	50	55	150	112.5	117.5	125	275	55.068	
W	24	73.10	BEG	Celesta van Hemert	Beginner	65	72.5	80	37.5	42.5	42.5	115	82.5	92.5	95	210	42.196	
W	14	74.50	BEG	Celine Höller	Beginner	60	65	70	37.5	40	42.5	110	90	95	100	205	40.805	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Beginnerswedstrijd Prime Strength • Zaterdagmiddag (2/2)

Eindhoven - 1 February 2025

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	7	68.50	BEG	Lieke van Hofwegen	Beginner	120	127.5	132.5	70	75	80	207.5	120	130	135	337.5	70.206	
W	2	66.60	BEG	Tess de Hart	Beginner	90	100	107.5	62.5	70	75	182.5	120	127.5	132.5	310	65.539	
W	12	66.30	BEG	Franka Siemons	Beginner	107.5	115	122.5	47.5	52.5	55	177.5	110	122.5	130	307.5	65.184	
W	6	67.50	BEG	Anouk Onderwater	Beginner	92.5	95	100	57.5	60	62.5	162.5	120	130	137.5	300	62.930	
W	10	66.60	BEG	Femke Wassing-Wijnja	Beginner	87.5	87.5	95	50	50	55	145	110	117.5	122.5	262.5	55.497	
W	23	66.00	BEG	Tessa Boers	Beginner	75	77.5	87.5	55	60	62.5	147.5	90	95	97.5	245	52.076	
W	11	63.30	BEG	Annemarie Avezaat	Beginner	55	55	60	37.5	45	50	105	95	110	120	225	49.076	

59.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	21	58.10	BEG	Joshua Artz	Beginner	90	90	95	55	62.5	70	70	95	105	112.5	0	0.000	

66.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	8	59.40	BEG	Joe van Berkel	Beginner	102.5	110	112.5	67.5	72.5	75	185	137.5	145	147.5	332.5	54.821	
M	19	60.50	BEG	Milan Oudejans	Beginner	92.5	102.5	107.5	80	82.5	85	190	135	142.5	142.5	332.5	54.286	
M	9	63.00	BEG	Jim Lazaroms	Beginner	92.5	100	107.5	80	85	92.5	200	117.5	127.5	135	327.5	52.328	

Referees (name and signature)

Head referee:

Left referee:

Right referee: