

Scoresheet Speijers Sports Powerlift Cup 2024 • Zondagochtend (1/2)

Beuningen - 29 September 2024

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	27	56.72	OPEN	Karlijn Wijsman	Perfect Performance	117.5	122.5	125	72.5	75	77.5	200	140	150	152.5	352.5	82.992	
W	2	55.70	OPEN	Simone Scheltens	Push & Pull Fitness	120	125	125	70	72.5	75	200	142.5	150	152.5	350	83.556	
W	16	55.97	OPEN	Mieke Hubers (MI)	K&C training	100	107.5	107.5	45	50	50	157.5	115	125	135	282.5	67.190	
W	8	56.25	OPEN	Kenza Boekelaar (J)	Victory Culture	77.5	82.5	85	40	42.5	45	130	75	82.5	85	215	50.940	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	60.14	OPEN	Margriet Ponse	Epic gym	115	120	125	67.5	72.5	72.5	192.5	150	157.5	162.5	355	80.115	
W	17	61.19	OPEN	Aysun Cakmak (MI)	Jordi Snijders Coaching	122.5	122.5	122.5	0	0	0	0	0	0	0	0	0.000	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	28	67.53	OPEN	Mariëlle van der Ent	MAX Gym	150	157.5	162.5	70	75	77.5	232.5	160	167.5	175	400	83.886	
W	33	67.71	OPEN	Priscilla Molenaar	Supreme Strength Coaching	122.5	130	135	90	95	97.5	225	145	152.5	157.5	382.5	80.093	
W	12	68.95	OPEN	Naomi van Valen	Strength Valley	122.5	122.5	132.5	70	72.5	75	205	150	160	165	370	76.685	
W	36	68.44	OPEN	Eline Hegeman (S-J)	GSKV Northside Barbell	100	100	110	65	70	72.5	180	110	120	125	300	62.436	
W	26	66.92	OPEN	Amber Ligtlee (J)	K&C training	102.5	110	115	42.5	47.5	52.5	157.5	110	120	130	287.5	60.611	
W	4	68.30	OPEN	Hiskia Elzebroek (MI)	Strength Valley	75	80	85	45	47.5	50	130	80	95	100	230	47.923	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	24	88.56	OPEN	Ilona van der Veer	Victory Culture	110	115	120	65	67.5	70	190	140	147.5	152.5	342.5	63.425	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Speijers Sports Powerlift Cup 2024 • Zondagochtend (2/2)

Beuningen - 29 September 2024

76.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	34	75.68	OPEN	Mette Heuvelink (J)	AB coaching	140	150	157.5	65	65	67.5	207.5	170	185	185	377.5	74.575	
W	19	73.54	OPEN	Shanna Verheijen	Strength Valley	130	140	140	67.5	72.5	75	215	140	152.5	160	375	75.123	
W	31	72.16	OPEN	Kim Rouw (J)	AB coaching	112.5	122.5	127.5	75	80	82.5	207.5	140	150	155	357.5	72.309	
W	11	74.77	OPEN	Merel Schenk	Staal & Kracht	105	112.5	117.5	55	60	65	177.5	115	125	130	307.5	61.100	
W	3	73.04	OPEN	Angela Oudshoorn-Ponse	Staal & Kracht	90	95	100	60	65	70	165	110	120	130	295	59.299	
W	29	72.08	OPEN	Merel Neelis-Silverentand	Scientific Old School Powerlifting	75	82.5	85	47.5	52.5	55	137.5	110	117.5	125	262.5	53.124	

84.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	82.80	OPEN	Emma Meinen	Strength Valley	142.5	142.5	147.5	75	80	82.5	222.5	155	167.5	177.5	390	74.072	
W	21	82.46	OPEN	Esmeé Dol	Sterrek Personal Training	130	135	140	70	75	77.5	215	150	160	170	385	73.244	
W	14	82.80	OPEN	Marjan Steenge	Beresterk	117.5	125	132.5	55	60	62.5	195	150	160	165	360	68.374	
W	7	82.64	OPEN	Maria Stigter (J)	Epic gym	120	120	125	65	65	70	185	155	162.5	170	355	67.477	
W	32	81.32	OPEN	Eunice Oehlenschläger	Jordi Sniijders Coaching	102.5	107.5	112.5	55	57.5	60	170	110	125	135	305	58.357	

83.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	81.97	OPEN	Daan Leenen (S-J)	Loods 37	182.5	195	200	112.5	117.5	122.5	322.5	232.5	247.5	255	577.5	80.448	
M	23	82.90	OPEN	Pascal de Bloois (J)	Staal & Kracht	165	177.5	182.5	85	90	90	267.5	235	250	262.5	517.5	71.679	

Referees (name and signature)

Head referee:

Left referee:

Right referee: