

Scoresheet Speijers Sports Powerlift Cup 2024 • Zondagmiddag (1/2)

Beuningen - 29 September 2024

66.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	18	64.78	OPEN	Antoine van der Zanden	MAX Gym	175	187.5	192.5	112.5	117.5	117.5	310	205	220	230	530	83.439	

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	28	72.04	OPEN	Pieter Voorwinden (J)	Epic gym	180	190	195	142.5	142.5	147.5	342.5	215	230	242.5	572.5	85.230	
M	6	69.34	OPEN	Mike Hammen	Barbell Benders Powerlifting	180	192.5	200	117.5	122.5	127.5	320	170	182.5	192.5	512.5	77.839	
M	19	73.29	OPEN	Sebastiaan Soto	ESKV Odin	170	177.5	182.5	87.5	95	95	270	210	222.5	232.5	492.5	72.667	
M	10	73.95	OPEN	Joris ter Brugge (J)	Deliberate Strength	130	137.5	145	85	87.5	90	232.5	175	175	182.5	415	60.947	

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	90.28	OPEN	Enes Sen	Bash the Barbell	235	247.5	257.5	147.5	155	160	417.5	245	265	277.5	695	92.254	
M	17	92.40	OPEN	André Haverlag	Sterrek Personal Training	230	235	245	135	140	142.5	375	270	287.5	287.5	662.5	86.943	
M	14	90.12	OPEN	Tijn Quivoij (J)	Scientific Old School Powerlifting	182.5	192.5	200	92.5	97.5	102.5	302.5	215	227.5	240	542.5	72.074	
M	15	90.69	OPEN	Mark Gerritsen (J)	Strength Valley	250	250	260	137.5	0	0	0	0	0	0	0	0.000	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	25	119.56	OPEN	Jelle van Dorth	Power Workout Gym	270	270	280	155	160	162.5	432.5	270	295	307.5	740	86.160	
M	2	115.59	OPEN	Arjen Francke	Team Francke powerlifting	230	245	250	155	162.5	167.5	412.5	280	305	327.5	717.5	84.793	
M	4	115.00	OPEN	Steyn Slingschroder	Strength Valley	265	280	280	155	165	170	445	250	270	295	715	84.691	
M	3	110.34	OPEN	DJustin Berentsen (S-J)	K&C training	170	177.5	182.5	80	85	90	262.5	185	195	202.5	447.5	54.003	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Speijers Sports Powerlift Cup 2024 • Zondagmiddag (2/2)

Beuningen - 29 September 2024

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
M	12	103.80	OPEN	Fabian Reehuis	9 for 9 coaching	250	265	275	142.5	150	155	430	250	270	290	720	89.372	
M	5	104.03	OPEN	Lars van der Star	Iron House Co	250	257.5	262.5	145	150	152.5	407.5	260	275	285	692.5	85.870	
M	29	97.95	OPEN	Deante Plug (J)	Epic gym	240	252.5	255	155	162.5	167.5	407.5	255	267.5	275	675	86.119	
M	21	103.99	OPEN	Nicky van Koolwijk (J)	Barbell Benders Powerlifting	227.5	237.5	242.5	140	150	155	387.5	255	265	275	662.5	82.165	
M	23	100.56	OPEN	Sjoerd Dijkstra	Freriks Barbell club	225	240	250	135	142.5	145	382.5	235	250	260	642.5	80.952	
M	26	104.96	OPEN	Luigi Dania	Staal & Kracht	207.5	207.5	207.5	150	150	150	357.5	235	242.5	262.5	600	74.092	
M	20	101.21	OPEN	Jean van der Meer	ESKV Odin	165	165	175	125	135	145	300	227.5	250	260	550	69.086	
M	7	102.97	OPEN	Stijn Gierkink	K&C training	190	190	200	95	100	105	300	200	215	225	525	65.413	
M	8	102.00	OPEN	Raoul van der Pluijm (S-J)	Iron House Co	142.5	152.5	160	120	127.5	132.5	285	197.5	210	220	505	63.201	
M	11	101.35	OPEN	Lennart ter Haar-Elshout	Striktly Powerhouse	155	165	175	105	105	107.5	280	185	200	210	480	60.254	
M	24	103.35	OPEN	Sikko Schnoor	Strength Valley	265	282.5	0	0	0	0	265	0	0	0	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: