

# Scoresheet SBD Paascup 2024 • Zondagochtend: Platform Classic (1/3)

Nijmegen - 31 March 2024

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
M	12	89.00	OPEN	Igor Nadorp	Blackoutbarbellcoaching	210	222.5	230	125	132.5	137.5	367.5	225	237.5	245	612.5	81.878	
M	35	92.03	OPEN	Jeroen van Leeuwen	Epic gym	200	210	217.5	127.5	132.5	135	350	230	242.5	247.5	597.5	78.567	
M	14	90.53	OPEN	Rinke Jansen (J)	Algemeen Lid	210	220	230	125	130	132.5	350	220	235	242.5	592.5	78.541	
M	9	91.87	OPEN	Tobias Rosendaal	The Bearded Coach	190	200	207.5	135	142.5	147.5	350	210	225	242.5	592.5	77.976	
M	24	92.83	OPEN	Luka Pshybysh (J)	Sportcentrum TopFit	200	210	220	120	130	130	340	240	250	250	580	75.944	
M	5	91.18	OPEN	yannick berends (J)	9 for 9 coaching	190	200	205	120	127.5	135	317.5	225	240	252.5	570	75.293	
M	18	91.52	OPEN	David Plug (J)	Powerbuild Coaching	200	210	220	102.5	110	117.5	337.5	210	225	232.5	570	75.156	
M	7	89.42	OPEN	Joshua Ys (J)	SCC Powerhouse	200	212.5	222.5	92.5	100	105	317.5	230	245	265	562.5	75.019	
M	31	92.04	OPEN	Thomas Bos	Algemeen Lid	190	200	207.5	115	125	130	325	210	230	242.5	555	72.975	
M	34	91.84	OPEN	Hugo van Rijswijk (J)	2to1 Coaching	205	210	210	100	105	110	110	240	260	275	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet SBD Paascup 2024 • Zondagochtend: Platform Classic (2/3)

Nijmegen - 31 March 2024

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
M	25	92.23	OPEN	Gerard Pruijsen	Striktly Powerhouse	220	240	245	160	172.5	177.5	417.5	240	260	277.5	677.5	88.992	
M	37	91.71	OPEN	Sam ter Mors	The Bearded Coach	187.5	200	210	140	150	152.5	362.5	240	255	275	617.5	81.336	
M	26	92.76	OPEN	Jim van de Ven	Striktly Powerhouse	195	210	245	135	142.5	145	355	240	260	265	615	80.556	
M	29	91.84	OPEN	Siebe van Helden (J)	Deliberate Strength	200	210	217.5	127.5	130	132.5	340	250	260	270	610	80.292	
M	23	92.99	OPEN	Daan Griffioen (J)	2to1 Coaching	185	195	205	137.5	142.5	147.5	347.5	225	245	260	607.5	79.478	
M	1	92.13	OPEN	Elmar Geerlings	Sportcentrum TopFit	200	210	220	125	132.5	132.5	335	250	270	280	605	79.511	
M	17	92.36	OPEN	Jack van Vlerken	Westerkracht	210	222.5	230	115	115	115	345	230	245	255	600	78.758	
M	38	92.13	OPEN	Jesse Blaauw	Strength For All	185	185	202.5	115	120	127.5	322.5	240	255	270	592.5	77.868	
M	22	91.94	OPEN	Zyco van Esveld	Westerkracht	175	190	202.5	145	0	0	335	225	237.5	250	585	76.960	
M	21	92.22	OPEN	Gijs Wormskamp	K&C training	190	200	0	130	135	140	335	210	225	250	560	73.562	
M	11	91.25	OPEN	Mike den Hartog (J)	Algemeen Lid	175	182.5	190	165	170	170	347.5	200	245	222.5	547.5	72.294	
M	19	92.84	OPEN	Jonathan Rodrigues de Miranda	NSKV Profectus	50	62.5	75	120	120	127.5	202.5	75	0	0	277.5	36.333	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet SBD Paascup 2024 • Zondagochtend: Platform Classic (3/3)

Nijmegen - 31 March 2024

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
M	32	92.14	OPEN	Richard van Bezooijen	FoxGym	270	290	300	175	182.5	187.5	472.5	290	310	327.5	800	105.133	
M	10	92.41	OPEN	Olivier Tjihuis	Adapt Powerlifting	245	252.5	265	162.5	170	172.5	437.5	260	275	285	722.5	94.812	
M	33	91.31	OPEN	Lars Oomkes	Perfect Performance	250	260	267.5	147.5	152.5	155	420	275	287.5	302.5	707.5	93.390	
M	36	92.95	OPEN	Thomas Nigon	Gym Iron Heart	210	222.5	232.5	135	145	152.5	377.5	290	305	317.5	695	90.944	
M	27	92.93	OPEN	Joery Wesseling	3 for 9	252.5	267.5	267.5	150	155	157.5	422.5	250	270	287.5	692.5	90.627	
M	4	91.70	OPEN	William Gamboa	Algemeen Lid	240	247.5	247.5	142.5	147.5	152.5	387.5	270	285	0	672.5	88.585	
M	30	89.87	OPEN	Enes Sen	Bash the Barbell	217.5	237.5	245	140	150	155	395	245	260	270	655	87.139	
M	8	90.98	OPEN	Jeroen Grimbergen	Sportja	227.5	240	247.5	135	142.5	145	382.5	240	257.5	265	647.5	85.622	
M	15	92.40	OPEN	Robin Triep	Algemeen Lid	235	235	250	140	150	155	390	235	255	260	645	84.647	
M	3	88.95	OPEN	Michel Laugs (MI)	Loods 37	202.5	215	225	152.5	160	165	375	245	255	262.5	637.5	85.243	
M	6	89.89	OPEN	Tommie Kalb (J)	Algemeen Lid	200	215	220	130	135	140	335	240	240	265	600	79.813	
M	28	89.49	OPEN	Dion Wel Van der wel (J)	Strength For All	175	185	0	127.5	132.5	135	320	240	245	0	560	74.657	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: