

Scoresheet SBD Paascup 2024 • Zondagmiddag: Platform Momentum (1/3)

Nijmegen - 31 March 2024

| 120.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|----------|----|--------|------|-------------------------|----------------------|-------|----------------|------------------|----------------|----------------|------------------|----------|-------|----------------|------------------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 10 | 120.00 | OPEN | Valentijn Hulshorst (M) | Algemeen Lid | 180 | 200 | 207.5 | 150 | 160 | 167.5 | 375 | 190 | 210 | 230 | 605 | 70.329 | |
| M | 20 | 108.40 | OPEN | Patrick de Vries | Algemeen Lid | 190 | 200 | 207.5 | 100 | 107.5 | 112.5 | 312.5 | 225 | 245 | 255 | 557.5 | 67.825 | |
| M | 5 | 117.20 | OPEN | Felix Brugman (J) | Algemeen Lid | 175 | 190 | 200 | 105 | 115 | 122.5 | 322.5 | 190 | 240 | 215 | 537.5 | 63.133 | |
| M | 16 | 111.00 | OPEN | Jasper Neulen | Strength Valley | 175 | 190 | 200 | 107.5 | 115 | 115 | 315 | 190 | 205 | 220 | 535 | 64.388 | |
| M | 27 | 116.80 | OPEN | Wessel Hansen | Lift Better | 180 | 190 | 195 | 102.5 | 107.5 | 112.5 | 307.5 | 200 | 212.2 | 222.5 | 530 | 62.346 | |
| M | 1 | 118.80 | OPEN | Gijs Claassen (J) | Algemeen Lid | 210 | 220 | 230 | 105 | 107.5 | 112.5 | 317.5 | 192.5 | 197.5 | 202.5 | 515 | 60.130 | |
| M | 21 | 116.60 | OPEN | Sol Grootveld (S-J) | Untamed Strength | 150 | 160 | 170 | 100 | 105 | 105 | 275 | 170 | 180 | 192.5 | 467.5 | 55.036 | |
| M | 18 | 111.80 | OPEN | Djustin Berentsen (S-J) | K&C training | 155 | 165 | 175 | 82.5 | 90 | 95 | 265 | 170 | 185 | 200 | 465 | 55.781 | |
| M | 8 | 117.20 | OPEN | Jos Koeman (MIII) | RT Strength Coaching | 125 | 132.5 | 140 | 100 | 105 | 110 | 250 | 170 | 180 | 190 | 440 | 51.681 | |

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Paascup 2024 • Zondagmiddag: Platform Momentum (2/3)

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| 120.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|----------|----|--------|------|-------------------------|------------------------------------|-------|-------|-------|-------------|-------|-------|----------|-------|-------|-------|--------|--------|--|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | | | |
| M | 4 | 112.80 | OPEN | Oane Jansen (J) | Krachtlab | 227.5 | 242.5 | 250 | 140 | 147.5 | 150 | 397.5 | 240 | 255 | 262.5 | 652.5 | 77.960 | |
| M | 29 | 115.00 | OPEN | Jeroen Versluis | Vondelgym | 227.5 | 235 | 240 | 127.5 | 132.5 | 137.5 | 372.5 | 250 | 260 | 270 | 642.5 | 76.103 | |
| M | 23 | 114.40 | OPEN | Jayco de Ligt (J) | Adapt Powerlifting | 200 | 207.5 | 212.5 | 130 | 135 | 135 | 337.5 | 247.5 | 267.5 | 287.5 | 605 | 71.829 | |
| M | 3 | 113.20 | OPEN | Gijs Schoonaard (J) | Scientific Old School Powerlifting | 192.5 | 202.5 | 212.5 | 140 | 147.5 | 152.5 | 350 | 220 | 245 | 245 | 595 | 70.976 | |
| M | 17 | 111.10 | OPEN | Ruurd Boersma (J) | Algemeen Lid | 210 | 220 | 227.5 | 125 | 132.5 | 135 | 352.5 | 240 | 255 | 255 | 592.5 | 71.278 | |
| M | 9 | 117.40 | OPEN | Nigel van der Vlist (J) | Powerbuild Coaching | 195 | 205 | 215 | 145 | 152.5 | 152.5 | 367.5 | 225 | 235 | 235 | 592.5 | 69.541 | |
| M | 19 | 118.40 | OPEN | Wesley Geerts | Untamed Strength | 192.5 | 202.5 | 202.5 | 140 | 150 | 155 | 352.5 | 212.5 | 222.5 | 230 | 575 | 67.235 | |
| M | 2 | 117.50 | OPEN | Emile Kraak | Luke PowerPT | 227.5 | 227.5 | 227.5 | 142.5 | 152.5 | 160 | 380 | 150 | 0 | 0 | 530 | 62.182 | |
| M | 30 | 118.00 | OPEN | Elliot Cheeseright | Beresterk | 160 | 170 | 180 | 152.5 | 157.5 | 157.5 | 332.5 | 140 | 155 | 165 | 487.5 | 57.089 | |

Referees (name and signature)

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Left referee:

Right referee:

Scoresheet SBD Paascup 2024 • Zondagmiddag: Platform Momentum (3/3)

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| 120.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|----------|----|--------|------|----------------------|---------------------|-------|-------|-------|-------------|-------|-------|----------|-----|-----|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 11 | 116.30 | OPEN | Glenn Kofman | Strength Valley | 295 | 310 | 320 | 192.5 | 202.5 | 210 | 522.5 | 295 | 310 | 320 | 832.5 | 98.117 | |
| M | 25 | 112.80 | OPEN | Ted de Vries Lentsch | DSKV IJzersterk | 242.5 | 260 | 270 | 135 | 140 | 142.5 | 412.5 | 295 | 315 | 330 | 742.5 | 88.713 | |
| M | 32 | 118.50 | OPEN | Rick van Dranen | TeamMammoth | 252.5 | 265 | 275 | 150 | 160 | 162.5 | 437.5 | 285 | 305 | 332.5 | 742.5 | 86.789 | |
| M | 7 | 119.10 | OPEN | Gabriel Ndoja | Algemeen Lid | 255 | 265 | 272.5 | 177.5 | 182.5 | 187.5 | 452.5 | 270 | 280 | 290 | 742.5 | 86.597 | |
| M | 22 | 117.60 | OPEN | Dik Verboon (MI) | Algemeen Lid | 235 | 245 | 250 | 180 | 190 | 200 | 440 | 275 | 280 | 290 | 720 | 84.442 | |
| M | 26 | 115.40 | OPEN | Otto Welt | Fortex Powerlifting | 220 | 240 | 252.5 | 150 | 160 | 165 | 412.5 | 250 | 275 | 290 | 702.5 | 83.082 | |
| M | 28 | 111.60 | OPEN | Jan Mooij (J) | Algemeen Lid | 215 | 235 | 242.5 | 140 | 150 | 155 | 397.5 | 275 | 285 | 292.5 | 690 | 82.839 | |
| M | 6 | 108.30 | OPEN | Vincent Mulder (MI) | SCC Powerhouse | 200 | 212.5 | 220 | 162.5 | 170 | 177.5 | 397.5 | 240 | 260 | 275 | 672.5 | 81.851 | |
| M | 24 | 117.40 | OPEN | Jelle van Dorth | Power Workout Gym | 220 | 230 | 240 | 140 | 145 | 150 | 390 | 240 | 260 | 275 | 665 | 78.050 | |
| M | 14 | 117.30 | OPEN | Brython Pisarahu (J) | 9 for 9 coaching | 215 | 225 | 235 | 142.5 | 150 | 150 | 385 | 220 | 240 | 0 | 625 | 73.383 | |

Referees (name and signature)

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Left referee:

Right referee: