

Scoresheet SBD Paascup 2024 • Zaterdagochtend: Platform TeamNL (1/3)

Nijmegen - 30 March 2024

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	28	50.94	OPEN	Alba Sousa Perez	Algemeen Lid	125	130	135	57.5	60	62.5	197.5	142.5	145	160	357.5	91.905	
W	8	51.98	OPEN	Tessa Schaper	Jordi Snijders Coaching	115	122.5	130	57.5	62.5	65	195	125	132.5	140	335	84.618	
W	4	50.30	OPEN	Maartje Claessen	Krachtlab	112.5	117.5	117.5	65	67.5	70	185	135	142.5	150	327.5	85.147	
W	20	51.29	OPEN	Jie Yi Wu Chen	Elite Performance	100	105	110	62.5	67.5	70	175	125	135	135	300	76.660	
W	25	51.66	OPEN	Jasmine Kosidin (J)	Pjotrs Powertraining	90	95	97.5	45	47.5	50	145	115	125	135	270	68.564	
W	14	51.59	OPEN	Marise de Jong (S-J)	Legacy Gym	75	75	80	35	37.5	40	117.5	92.5	100	105	222.5	56.568	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	66.14	OPEN	Ellowyn Meijer (J)	XclusiveCoaching	80	85	90	55	57.5	60	147.5	125	132.5	140	280	59.440	
W	24	68.35	OPEN	Jasmijn van Warmerdam	Victory Culture	100	107.5	110	45	47.5	50	155	107.5	117.5	117.5	262.5	54.672	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Paascup 2024 • Zaterdagochtend: Platform TeamNL (2/3)

Nijmegen - 30 March 2024

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
W	12	65.19	OPEN	Kaya Honders (J)	Deliberate Strength	110	117.5	125	77.5	82.5	85	210	135	145	150	360	77.093	
W	10	64.76	OPEN	Lynn Willemsen (J)	TeamMammoth	110	117.5	125	57.5	62.5	67.5	192.5	120	130	137.5	330	70.956	
W	17	67.48	OPEN	Mare Nieuwlands	Algemeen Lid	115	122.5	125	57.5	60	60	182.5	125	135	145	327.5	68.711	
W	20	65.70	OPEN	Cassandra Schoonbrood (J)	Simplystrength	110	115	117.5	65	70	72.5	190	120	130	132.5	322.5	68.737	
W	15	67.94	OPEN	Larissa Timmer	Lust for Sport	110	115	120	55	60	60	175	135	142.5	145	320	66.876	
W	22	67.13	OPEN	Maria Eleni Giannetsou (J)	Lift Better	100	100	110	55	57.5	60	170	130	140	147.5	317.5	66.814	
W	21	68.82	OPEN	Joni van Witteloostuijn (J)	Lift Better	110	117.5	122.5	55	60	62.5	185	117.5	125	130	315	65.355	
W	9	68.76	OPEN	Amber Sentener	2to1 Coaching	102.5	110	115	52.5	55	57.5	165	130	140	145	310	64.349	
W	3	68.13	OPEN	Demi Stumpf (J)	Victory Culture	92.5	100	105	47.5	52.5	52.5	152.5	120	130	140	292.5	61.032	
W	14	66.36	OPEN	Renske Voet (S-J)	Team Francke powerlifting	90	97.5	102.5	50	55	57.5	160	120	125	130	290	61.442	
W	5	66.96	OPEN	Julia Lanser (MI)	Sterrek Personal Training	92.5	100	105	52.5	55	60	160	105	115	120	275	57.956	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Paascup 2024 • Zaterdagochtend: Platform TeamNL (3/3)

Nijmegen - 30 March 2024

69.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	29	68.14	OPEN	Siham El Yaakoubi	Strength Point	157.5	160	160	70	75	75	230	170	170	175	405	84.499	
W	1	68.98	OPEN	Katalin Lukacs (J)	SportArena Eindhoven	130	140	150	85	90	95	245	125	135	145	390	80.811	
W	16	67.44	OPEN	Nikki van der Welle	Algemeen Lid	125	130	135	60	65	70	195	170	180	190	385	80.802	
W	25	64.83	OPEN	Cristina Sorribes Fernandez Del Rio	Algemeen Lid	137.5	145	147.5	67.5	72.5	77.5	222.5	140	152.5	167.5	375	80.578	
W	18	67.20	OPEN	Ba?ak Özkan	XclusiveCoaching	132.5	132.5	140	57.5	60	62.5	200	155	165	170	370	77.815	
W	6	68.03	OPEN	Star Sala (S-J)	Pjotrs Powertraining	127.5	135	140	57.5	60	62.5	202.5	135	152.5	160	362.5	75.701	
W	26	68.01	OPEN	Samantha Bendeler	Legacy Gym	130	137.5	142.5	55	60	65	202.5	140	150	157.5	360	75.192	
W	23	67.99	OPEN	Annemie Van Lakwijk	XclusiveCoaching	120	127.5	132.5	52.5	55	57.5	182.5	147.5	155	160	337.5	70.504	
W	30	68.69	OPEN	Kim van der Most	Demonstrength	130	130	137.5	62.5	67.5	70	200	125	132.5	135	332.5	69.059	
W	28	68.76	OPEN	Arleen Meyer (MI)	Perfect Performance	105	110	115	65	67.5	72.5	182.5	132.5	140	145	322.5	66.943	

Referees (name and signature)

Head referee:

Left referee:

Right referee: