

Scoresheet SBD Paascup 2024 • Zaterdagochtend: Platform Classic (1/2)

Nijmegen - 30 March 2024

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	24	56.31	OPEN	Jessica Alejandra Cisneros Vasquez	Algemeen Lid	117.5	125	130	65	70	75	205	140	150	157.5	362.5	85.817	
W	7	55.36	OPEN	Esmee Peeters	Krachtlab	90	95	100	55	57.5	57.5	150	120	127.5	132.5	277.5	66.565	
W	12	54.72	OPEN	Safia Shaik	DSKV IJzersterk	95	102.5	110	45	47.5	52.5	157.5	100	110	112.5	270	65.363	
W	23	52.97	OPEN	Alexandra Lugtigheid-Rellum (MI)	Sterrek Personal Training	60	60	65	32.5	35	37.5	100	85	92.5	97.5	197.5	49.096	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	31	81.67	OPEN	Phine van Hattum	ESKV Odin	100	107.5	110	60	62.5	65	172.5	135	145	152.5	325	62.073	
W	34	82.49	OPEN	Selin Sarikaya	FoxGym	115	120	122.5	60	62.5	62.5	180	130	137.5	145	325	61.820	
W	10	83.32	OPEN	Mayke Koopmans	Algemeen Lid	110	115	120	42.5	47.5	52.5	167.5	125	132.5	140	307.5	58.257	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	3	86.66	OPEN	Britt Krijger	Beresterk	147.5	155	160	72.5	77.5	80	240	145	155	165	405	75.586	
W	9	97.95	OPEN	Hanna de Jonge (J)	AB coaching	130	137.5	140	50	52.5	55	190	160	170	180	370	66.367	
W	36	88.72	OPEN	Nadjia Bennaoui	Algemeen Lid	130	135	142.5	65	70	75	212.5	130	142.5	142.5	355	65.698	
W	6	91.85	OPEN	Tanja Mundt (MI)	Vondelgym	120	122.5	125	55	60	65	180	140	150	160	340	62.189	
W	38	92.58	OPEN	Danielle Heijne	Beresterk	120	127.5	132.5	55	57.5	60	190	135	142.5	150	332.5	60.662	
W	29	107.92	OPEN	Laura Maatje	Beresterk	130	130	137.5	60	62.5	65	195	120	127.5	132.5	322.5	56.445	
W	32	103.99	OPEN	Elle Bouman	TSKV Spartacus	110	110	110	55	57.5	60	170	115	127.5	135	297.5	52.525	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Paascup 2024 • Zaterdagochtend: Platform Classic (2/2)

Nijmegen - 30 March 2024

57.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	56.96	OPEN	Ester Abarquero Diezhandino	Algemeen Lid	130	135	135	75	75	77.5	212.5	150	160	167.5	380	89.182	
W	5	56.63	OPEN	Margriet Ponse	Epic gym	112.5	120	125	67.5	72.5	72.5	197.5	155	162.5	167.5	360	84.859	

84.0 kg						Squat			Bench Press				Deadlift					
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	83.01	OPEN	Lisa Zuiderduin	Jordi Sniijders Coaching	150	160	165	72.5	75	77.5	240	185	200	210	440	83.484	
W	26	79.58	OPEN	Michelle de Jong	Supreme Strength Coaching	140	145	150	85	87.5	87.5	235	160	170	170	405	78.205	
W	15	79.77	OPEN	Mette Heuvelink (J)	AB coaching	140	147.5	152.5	60	65	67.5	217.5	160	170	175	392.5	75.713	
W	1	83.42	OPEN	Marleen de Bondt (J)	Demonstrength	130	137.5	137.5	72.5	77.5	85	215	157.5	165	175	390	73.852	
W	22	80.69	OPEN	Sam Brasser	Beresterk	130	137.5	142.5	67.5	72.5	75	212.5	152.5	162.5	170	382.5	73.424	
W	35	82.37	OPEN	Elyna Weber	Algemeen Lid	130	140	147.5	80	85	85	225	145	155	162.5	380	72.325	
W	19	78.52	OPEN	Anne-Ruth Ebberts (J)	Algemeen Lid	120	120	130	72.5	77.5	80	200	145	155	162.5	362.5	70.411	
W	27	80.34	OPEN	Maria Stigter (J)	Epic gym	120	125	130	62.5	67.5	67.5	192.5	150	157.5	162.5	355	68.271	
W	17	81.12	OPEN	Julia Botter (J)	Algemeen Lid	112.5	122.5	127.5	57.5	62.5	67.5	190	132.5	150	165	355	67.993	
W	33	83.80	OPEN	Fé Hofstra (J)	Beresterk	115	122.5	125	65	67.5	70	192.5	137.5	145	150	342.5	64.741	
W	16	83.40	OPEN	Wytske Zevenboom	TSKV Spartacus	127.5	132.5	132.5	57.5	60	62.5	187.5	135	142.5	150	337.5	63.916	
W	37	82.45	OPEN	Ise Kleuskens (S-J)	WorkBodyFit	115	122.5	130	50	55	60	190	110	120	130	320	60.881	

Referees (name and signature)

Head referee:

Left referee:

Right referee: