

Scoresheet SBD Paascup 2024 • Zaterdagavond: Platform Classic (1/3)

Nijmegen - 30 March 2024

| 63.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|---------|----|-------|------|------------------------|------------------------------------|---------------|------------------|------------------|-------------|-----------------|-----------------|----------|-------|-------|------------------|--------|--------|--|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | | | |
| W | 18 | 61.87 | OPEN | Hewan Admasu (J) | Deliberate Strength | 100 | 105 | 110 | 57.5 | 62.5 | 67.5 | 177.5 | 130 | 137.5 | 150 | 327.5 | 72.503 | |
| W | 34 | 61.56 | OPEN | Romy Sanders (J) | Strength Point | 107.5 | 115 | 117.5 | 65 | 70 | 72.5 | 180 | 115 | 125 | 135 | 315 | 69.969 | |
| W | 32 | 60.32 | OPEN | Rosaline Schless (S-J) | Algemeen Lid | 100 | 107.5 | 115 | 50 | 55 | 60 | 175 | 120 | 125 | 127.5 | 302.5 | 68.126 | |
| W | 33 | 62.27 | OPEN | Jade Cheng (J) | Barbell Lifestyle | 100 | 105 | 110 | 47.5 | 52.5 | 55 | 160 | 120 | 132.5 | 137.5 | 292.5 | 64.480 | |
| W | 3 | 60.33 | OPEN | Margoo Timmermans (MI) | Loods 37 | 92.5 | 100 | 105 | 55 | 57.5 | 57.5 | 155 | 120 | 127.5 | 135 | 290 | 65.304 | |
| W | 25 | 61.24 | OPEN | Marina Alexandreas | Algemeen Lid | 102.5 | 107.5 | 107.5 | 57.5 | 62.5 | 62.5 | 170 | 112.5 | 117.5 | 120 | 290 | 64.642 | |
| W | 23 | 60.82 | OPEN | Chobe Ekas (J) | Scientific Old School Powerlifting | 90 | 97.5 | 105 | 50 | 55 | 60 | 160 | 110 | 117.5 | 120 | 280 | 62.704 | |
| W | 10 | 61.06 | OPEN | Lindy De Vries | Strength Valley | 90 | 97.5 | 102.5 | 50 | 55 | 0 | 152.5 | 110 | 117.5 | 125 | 270 | 60.303 | |
| W | 6 | 61.99 | OPEN | Vera van Heugten | Scientific Old School Powerlifting | 70 | 77.5 | 82.5 | 40 | 45 | 50 | 127.5 | 107.5 | 112.5 | 115 | 242.5 | 53.617 | |
| W | 2 | 57.52 | OPEN | Yara Horstink (S-J) | Algemeen Lid | 60 | 60 | 70 | 35 | 40 | 45 | 110 | 60 | 75 | 85 | 195 | 45.432 | |

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Paascup 2024 • Zaterdagavond: Platform Classic (2/3)

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|---------|----|-------|------|-------------------------|---------------------------|-------|-------|-------------|------|------|----------|-------|-------|-------|--------|-------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| W | 17 | 61.31 | OPEN | Amélie Bevers (J) | Sportcentrum TopFit | 100 | 110 | 117.5 | 67.5 | 72.5 | 75 | 192.5 | 135 | 145 | 155 | 347.5 | 77.399 | |
| W | 22 | 61.17 | OPEN | Isabelle Tanner (J) | Westerkracht | 125 | 132.5 | 140 | 57.5 | 62.5 | 65 | 197.5 | 130 | 137.5 | 142.5 | 340 | 75.845 | |
| W | 9 | 60.58 | OPEN | Deborah Hartog | Freriks Barbell club | 112.5 | 120 | 125 | 60 | 65 | 67.5 | 185 | 130 | 137.5 | 145 | 330 | 74.101 | |
| W | 28 | 60.87 | OPEN | Eline Dekkers | Sterrek Personal Training | 115 | 115 | 120 | 52.5 | 52.5 | 55 | 175 | 130 | 142.5 | 150 | 325 | 72.741 | |
| W | 31 | 58.35 | OPEN | Emma Weydert (J) | Algemeen Lid | 105 | 112.5 | 117.5 | 57.5 | 62.5 | 62.5 | 175 | 130 | 140 | 145 | 320 | 73.777 | |
| W | 27 | 62.17 | OPEN | Miriam Beusink | Staal & Kracht | 115 | 120 | 122.5 | 52.5 | 55 | 57.5 | 177.5 | 130 | 140 | 145 | 317.5 | 70.066 | |
| W | 19 | 62.46 | OPEN | Sena Coskun (J) | Algemeen Lid | 110 | 117.5 | 120 | 57.5 | 62.5 | 62.5 | 177.5 | 125 | 132.5 | 137.5 | 315 | 69.302 | |
| W | 30 | 62.59 | OPEN | Mariken Fasol (J) | AB coaching | 110 | 110 | 117.5 | 55 | 57.5 | 60 | 177.5 | 125 | 137.5 | 140 | 315 | 69.209 | |
| W | 7 | 60.45 | OPEN | Sophie Meijer | TSKV Spartacus | 97.5 | 102.5 | 105 | 50 | 52.5 | 55 | 160 | 135 | 145 | 152.5 | 305 | 68.587 | |
| W | 26 | 62.46 | OPEN | Jade Westra | Team Francke powerlifting | 100 | 105 | 112.5 | 50 | 52.5 | 55 | 165 | 125 | 132.5 | 140 | 305 | 67.102 | |
| W | 20 | 59.48 | OPEN | Paulina Breidenbach (J) | Krachtlab | 97.5 | 105 | 112.5 | 50 | 55 | 57.5 | 160 | 112.5 | 122.5 | 132.5 | 292.5 | 66.520 | |

Referees (name and signature)

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Left referee:

Right referee:

Scoresheet SBD Paascup 2024 • Zaterdagavond: Platform Classic (3/3)

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|---------|----|-------|------|--------------------------------|----------------------|-------|-------|-------|-------------|------|------|----------|-------|-------|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| W | 29 | 62.69 | OPEN | Naróa Etxepare Amundarain | Algemeen Lid | 142.5 | 152.5 | 160 | 77.5 | 82.5 | 85 | 237.5 | 162.5 | 175 | 180 | 417.5 | 91.634 | |
| W | 36 | 62.02 | OPEN | Mylène Soeterbroek | Pjotrs Powertraining | 152.5 | 160 | 165 | 80 | 82.5 | 82.5 | 240 | 165 | 175 | 175 | 415 | 91.727 | |
| W | 16 | 62.72 | OPEN | Laura Libertad Fernandez Ortiz | Algemeen Lid | 140 | 147.5 | 152.5 | 75 | 80 | 80 | 227.5 | 155 | 165 | 172.5 | 400 | 87.766 | |
| W | 11 | 62.35 | OPEN | Elise Idora (S-J) | RT Strength Coaching | 145 | 152.5 | 157.5 | 82.5 | 87.5 | 92.5 | 235 | 145 | 150 | 155 | 385 | 84.800 | |
| W | 1 | 62.49 | OPEN | Esmée Berendsen | The Bearded Coach | 135 | 145 | 147.5 | 77.5 | 80 | 82.5 | 227.5 | 147.5 | 157.5 | 160 | 385 | 84.676 | |
| W | 21 | 59.48 | OPEN | Carmen Peña Cabezas | Algemeen Lid | 122.5 | 130 | 140 | 75 | 80 | 85 | 225 | 137.5 | 147.5 | 155 | 380 | 86.419 | |
| W | 4 | 62.23 | OPEN | Eva de Langen | Gym Iron Heart | 137.5 | 142.5 | 145 | 67.5 | 70 | 72.5 | 212.5 | 157.5 | 0 | 0 | 370 | 81.599 | |
| W | 15 | 60.60 | OPEN | Larissa Vermaning | Bassies Halterclub | 125 | 125 | 140 | 82.5 | 87.5 | 87.5 | 207.5 | 142.5 | 152.5 | 0 | 360 | 80.819 | |
| W | 8 | 59.81 | OPEN | Natasha Dharma | Welift | 135 | 142.5 | 150 | 55 | 57.5 | 60 | 200 | 140 | 147.5 | 152.5 | 352.5 | 79.855 | |
| W | 24 | 62.09 | OPEN | Louise de Jong (MII) | Strength Valley | 110 | 117.5 | 122.5 | 62.5 | 67.5 | 70 | 190 | 125 | 132.5 | 137.5 | 327.5 | 72.334 | |

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